

How to Register for Group Fitness Classes at the Mathy

(Students)

Who: All students interested in participation in group fitness classes.

What: To register you simply need to bring your student ID to the Mathy Center and read and complete a waiver. Registration is FREE for all students. Once you are registered you are able to attend any group fitness class you wish.

When: Registration will begin August 27, you are able to register anytime during the semester.

Where: Registration is done at the front desk of the Mathy Center.

Why: For legal purposes all students and alumni participating in group fitness classes are required to register, read and sign a waiver prior to participating in any group fitness class.

- Once you are registered, you will be given a group fitness pass that you will need to bring with you along with your student/alumni ID whenever you attend a group fitness class.

For additional information visit the Recreational Sports Web site at www.viterbo.edu/recsports and click "fitness"

How to Register for Group Fitness Classes at the Mathy

(Viterbo Employees, Paid Alumni, and Mathy Center Members)

Who: All Viterbo employees, paid alumni, Mathy Center Members interested in participation in group fitness classes.

What: To register you simply need to bring your Viterbo ID to the Mathy Center, register, and sign a waiver. You are able to register for an All Class Pass (which costs \$60) or a Noon Class Pass (which costs \$40). With an All Class Pass you are able to attend any group fitness classes you wish, however with a Noon Class Pass you are only able to attend group fitness classes that are scheduled over the noon hour.

When: Registration will begin August 27, you are able to register anytime during the semester.

Where: Registration is done at the front desk of the Mathy Center.

Why: For legal purposes all Viterbo employees participating in group fitness classes are required to register and sign a waiver prior to participating in any group fitness class.

- Once you are registered, you will be given a group fitness pass that you will need to bring with you along with your Viterbo ID whenever you attend a group fitness class.
- All employees who have registered for either the All Class Pass or Noon Class Pass are eligible to receive a FREE Rec Pass packet, so be sure to ask for this when you register.

For additional information visit the Recreational Sports Web site at www.viterbo.edu/recsports and click "fitness"