Celebrating student scholarship and faculty mentorship at Viterbo University
For the last seven years, the Viterbo faculty has proudly sponsored Scholars’ Day as a celebration of our students’ creativity, inquiry, and discovery. This year, we have extended the celebration and welcome you to join us for Scholars’ Days, which includes the collaborative Nursing Research on the Green event and the Nursing Senior Capstone Poster Sessions. The presentations, posters, performances, and artistic exhibits reflect undergraduate research projects, off-campus internship work, senior capstone projects and culminating class projects. The Viterbo faculty has devoted a great deal of time mentoring students’ commitment to and passion for their discipline. Viterbo faculty serves as guides for our students’ intellectual journey by engaging students in learning the language of the discipline and reasoning required by disciplinary norms. In addition, we thank our community partners who assisted many of the students in their work by providing the mentorship and resources essential for their scholarly endeavors. We hope you will be able to attend a range of presentations and engage students in a discussion of their scholarly and artistic works. Please join us in thanking the faculty mentors and congratulating the student presenters.

Glena Temple
Vice President of Academic Affairs

Kirsten Gabriel
Coordinator of Scholars’ Days
<table>
<thead>
<tr>
<th>Session Title</th>
<th>Type</th>
<th>Location</th>
<th>Timeframe</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Wednesday, April 22</strong></td>
<td></td>
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</tr>
<tr>
<td>Nursing Senior Capstone Poster Session</td>
<td>Posters</td>
<td>Nursing Center 1st Floor</td>
<td>9:30-11am; 11:30-1pm</td>
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<tr>
<td><strong>Thursday, April 23</strong></td>
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<tr>
<td>Nursing Research on the Green Posters (unstaffed)</td>
<td>Posters</td>
<td>FAC Main Theatre Lobby</td>
<td>9am-3pm</td>
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<tr>
<td>Nursing Research on the Green Keynote Address</td>
<td>Address</td>
<td>FAC Main Theatre</td>
<td>12noon-1:15pm</td>
</tr>
<tr>
<td>Nursing Research on the Green Poster Session</td>
<td>Posters</td>
<td>FAC Main Theatre Lobby</td>
<td>1:15-2pm</td>
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<tr>
<td><strong>Friday, April 24</strong></td>
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</tr>
<tr>
<td>Perspectives on Homelessness</td>
<td>Oral</td>
<td>Nursing Center 101</td>
<td>8-9am</td>
</tr>
<tr>
<td>All Student Art Show</td>
<td>Artistic Display</td>
<td>Viterbo Gallery</td>
<td>9am-5pm</td>
</tr>
<tr>
<td>Senior Social Work Field Posters</td>
<td>Posters</td>
<td>FAC Main Theatre Lobby</td>
<td>9:05a-11:05p</td>
</tr>
<tr>
<td>Multidisciplinary Oral Presentation Session</td>
<td>Oral</td>
<td>Nursing Center 104</td>
<td>9:05-10:35am</td>
</tr>
<tr>
<td>PSYC 344 - Sports Psychology Poster Session</td>
<td>Posters</td>
<td>Nursing Center 1st Floor Foyer</td>
<td>10:10-11:05am</td>
</tr>
<tr>
<td>Scholars' Days Benefactor Luncheon (invite only)</td>
<td>Luncheon</td>
<td>Reinhart Center Boardroom</td>
<td>11:00a-12:00p</td>
</tr>
<tr>
<td>Composing Ruminations</td>
<td>Performance</td>
<td>FAC Recital Hall</td>
<td>11:15a-12:10p</td>
</tr>
<tr>
<td>VU's Nutrition Environment: Does it Promote Healthy Habits?</td>
<td>Oral</td>
<td>Nursing Center 101</td>
<td>11:15a-12:10p</td>
</tr>
<tr>
<td>Introduction to Digital Imaging Techniques</td>
<td>Artistic Work</td>
<td>Dahl School Lobby</td>
<td>11:15a-12:10p</td>
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<tr>
<td>Form and Meaning</td>
<td>Artistic Work</td>
<td>Dahl School Lobby</td>
<td>11:15a-12:10p</td>
</tr>
<tr>
<td>Action Research Projects</td>
<td>Poster/Oral</td>
<td>Dahl School 123</td>
<td>11:15a-1:15p</td>
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<tr>
<td>Justice &amp; Peace Fair</td>
<td>Fair</td>
<td>Murphy Center/VAC Sidewalk</td>
<td>11:30a-1:30p</td>
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<tr>
<td>Criminal Justice &amp; Sociology Senior Capstones</td>
<td>Posters</td>
<td>FAC Main Theatre Lobby</td>
<td>12:20-1:15pm</td>
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<tr>
<td>Living in a Diverse World: The Olympic Movement</td>
<td>Posters</td>
<td>FAC Main Theatre Lobby</td>
<td>12:20-1:15pm</td>
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<tr>
<td>WED Talks: Women, Education, and Diversity</td>
<td>Oral</td>
<td>Nursing Center 101</td>
<td>1-2pm</td>
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<tr>
<td>Natural Sciences &amp; Math Senior Capstone Pres.</td>
<td>Oral</td>
<td>Reinhart Center 127, 130,201</td>
<td>1-2:40pm</td>
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<tr>
<td>Senior Showcase - Portfolio Design</td>
<td>Artistic Work</td>
<td>Dahl School Commons</td>
<td>1:25-2:20pm</td>
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<tr>
<td>Philosophy Oral Presentations</td>
<td>Oral</td>
<td>Nursing Center 195</td>
<td>1:25-3:25pm</td>
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<tr>
<td>Service in Cincinnati: Reflective Practice</td>
<td>Oral</td>
<td>Nursing Center 101</td>
<td>2:30-3:25pm</td>
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<tr>
<td>Nursing Senior Poster Session</td>
<td>Posters</td>
<td>Nursing Center 1st Floor Foyer</td>
<td>2:30-3:25pm</td>
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<tr>
<td>Natural Science and Math Awards Reception</td>
<td>Awards</td>
<td>Reinhart Center Boardroom</td>
<td>2:45-3:45pm</td>
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<tr>
<td>Multidisciplinary Poster Session</td>
<td>Posters</td>
<td>FAC Main Theatre Lobby</td>
<td>3:35-4:30pm</td>
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<td>MBA Capstone Presentations</td>
<td>Posters</td>
<td>Dahl School Commons/Lobby</td>
<td>4-6pm</td>
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<tr>
<td>Honors Program Senior Capstone Projects</td>
<td>Posters</td>
<td>Nursing Center 1st Floor Foyer</td>
<td>4:30-5:30pm</td>
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<tr>
<td>A Midsummer Night's Dream</td>
<td>Performance</td>
<td>Weber Center</td>
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For more information, visit www.viterbo.edu/scholarsdays
<table>
<thead>
<tr>
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<td>Senior Nursing Capstone Evidence-Based Poster Session #2</td>
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<tr>
<td>Nursing Research on the Green Poster Session</td>
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<td>Perspectives on Homelessness</td>
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<td>All Student Art Show</td>
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<td>Graphic Design Exhibit</td>
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<td>Senior Social Work Field Posters</td>
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<tr>
<td>Multidisciplinary Oral Presentations</td>
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<td>PSYC 344 - Sports Psychology: Psychological Skills Training</td>
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<tr>
<td>Viterbo University's Nutrition Environment: Does it Promote Healthy Habits?</td>
<td>11</td>
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<tr>
<td>Composing Ruminations</td>
<td>12</td>
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<tr>
<td>Introduction to Digital Imaging Techniques</td>
<td>13</td>
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<td>Form and Meaning</td>
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<tr>
<td>Action Research Projects</td>
<td>15</td>
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<td>Justice &amp; Peace Fair</td>
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<td>Criminal Justice and Sociology Senior Capstone Projects</td>
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<td>VUSM 200 - Living in a Diverse World: The Olympic Movement</td>
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<td>WED Talks: Women, Education, and Diversity</td>
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<tr>
<td>School of Natural Sciences &amp; Mathematics Senior Capstone Presentations</td>
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<td>Senior Showcase - Portfolio Design</td>
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<td>Philosophy and the Humanities Oral Presentations</td>
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<td>Service in Cincinnati: Reflective Engagement</td>
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<td>Senior Nursing Poster Session</td>
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<td>Multidisciplinary Poster Session</td>
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<td>Multidisciplinary Poster Session, CONT</td>
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<tr>
<td>Masters of Business Administration Capstone Presentations</td>
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<td>Honors Program Senior Capstone Projects</td>
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<tr>
<td>A Midsummer Night's Dream</td>
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**Wednesday:**

**Senior Nursing Capstone Evidence-Based Poster Session**

**Faculty Coordinator:** Toni Wissestad

**Session Location:** Nursing Center First Floor

**Session Timeframes:** 9:30-11:00am, 11:30am-1pm

**Presentation Type:** Poster Presentations

**Student Presenters (9:30-11am)**

<table>
<thead>
<tr>
<th>Megan Axtell</th>
<th>Rebecca Horihan</th>
<th>Clare Sand</th>
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<tr>
<td>Aubrey Berg</td>
<td>Tessa Johnson</td>
<td>Lindsey Schaub</td>
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<td>Brooke Borg</td>
<td>Shannon Kingslien</td>
<td>Julie Schoenrock</td>
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<td>Hailey Chism</td>
<td>Kendra Koerner</td>
<td>Alyssa Scovell</td>
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<tr>
<td>Emily Chitko</td>
<td>Angela Krueger</td>
<td>Decker Starr</td>
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<tr>
<td>Emily Copus</td>
<td>Megan Swayze</td>
<td>Laura Steinbrenner</td>
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<tr>
<td>Erin Decker</td>
<td>Bridgette Lange</td>
<td>Courtney Stilwell</td>
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<td>Melonie Driese</td>
<td>Joshua Steinhorst</td>
<td>Bethany Stoll</td>
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<tr>
<td>Rebecca Filla</td>
<td>Brittany McGettigan</td>
<td>Molly Sullivan</td>
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<td>Kaitlin Flock</td>
<td>Allison Moritz</td>
<td>Eric Swiecichowski</td>
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<td>Keisha Frawley</td>
<td>Julia Niebuhr</td>
<td>Jeni Tuschner</td>
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<td>Kelsie Golabowski</td>
<td>Samantha Olson</td>
<td>Nora VanderPal</td>
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<td>Natalie Gostisha</td>
<td>Sarah Peterson</td>
<td>Erica Weber</td>
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<td>Stephanie Grabowski</td>
<td>Stephanie Prinsen</td>
<td>Brook White</td>
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<tr>
<td>Karissa Grunden</td>
<td>Markee Raasch</td>
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<tr>
<td>Elizabeth Haley</td>
<td>Andrea Reinschmidt</td>
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<tr>
<td>Dillon Hammond</td>
<td>Hailey Richardson</td>
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</table>
**WEDNESDAY:**
**SENIOR NURSING CAPSTONE**
**EVIDENCE-BASED POSTER SESSION**

**Faculty Coordinator:** Toni Wissestad

**Session Location:** Nursing Center First Floor

**Session Timeframes:** 9:30-11:00am, **11:30am-1pm**

**Presentation Type:** Poster Presentations

**Student Presenters (11:30am-1pm)**

<table>
<thead>
<tr>
<th>Emily Bee</th>
<th>Elizabeth Dier</th>
<th>Kelsey Perry</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nicole Beyer</td>
<td>Mark Dillman</td>
<td>Vanessa Phipps</td>
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<tr>
<td>Allison Blakely</td>
<td>Erika Donar</td>
<td>Kirsten Pollock</td>
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<tr>
<td>Karen Brady</td>
<td>Hans Dubbels</td>
<td>Jennifer Raila</td>
</tr>
<tr>
<td>Jenna Brandt</td>
<td>Tisha Earle</td>
<td>Amy Roberson</td>
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<tr>
<td>Natalie Brimer</td>
<td>Kaitlyn Halbrader</td>
<td>Alaina Rohloff</td>
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<tr>
<td>Jared Brugger</td>
<td>Kelly Hermsen</td>
<td>Gwen Rosenbush</td>
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<tr>
<td>Breanne Burry</td>
<td>Daniel Huber</td>
<td>Cassie Schaaf</td>
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<tr>
<td>Shannon Butler</td>
<td>Amy Johnson</td>
<td>Hayley Simmons</td>
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<tr>
<td>Megan Carlson</td>
<td>Morgan Karras</td>
<td>Janessa Sjoebeck</td>
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<tr>
<td>Nathan Caves</td>
<td>Ava Kennebeck</td>
<td>Eileen Martinson</td>
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<tr>
<td>Jessica Chambers</td>
<td>Joseph Larson</td>
<td>Nora Krueger</td>
</tr>
<tr>
<td>Thomas (Everett) Chambers</td>
<td>Megan Lokemoen</td>
<td>Marie Tobianski</td>
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<tr>
<td>Michael Churchill</td>
<td>Kendra Mele</td>
<td>Jena Trones</td>
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<td>Paul Convery</td>
<td>Nicholas Mele</td>
<td>Katherine Weingart</td>
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<tr>
<td>Charlene Dale</td>
<td>Desiree Osborne</td>
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**THURSDAY:**

**NURSING RESEARCH ON THE GREEN POSTER SESSION**

**Faculty Coordinator:** Delayne Vogel

**Session Location:** FAC Main Theatre Lobby

**Session Timeframe:** 1:15-2pm (posters available for viewing from 9am-3pm)

**Presentation Type:** Poster Presentations

*Student, Faculty, and Community Professionals Poster Presenters*

Note: Student presenters are in **BOLD**; faculty and practitioners are in *italics.*

**Poster #1:** Standardized Protocol To Reduce Falls on an Orthopaedic Unit Post Nerve Block *(Beth M. Krage MSN, RN, CNL at Gundersen Health System)*

**Poster #2:** Advancing Education Utilization on GetWellNetwork® in Orthopaedics *(Beth M. Krage MSN, RN, CNL at Gundersen Health System and Melissa Miller BSN, RN Interactive Patient Education Nurse at Gundersen Health System)*

**Poster #3:** Results of the Caritas Patient Assessment Score to Measure Human Caring *(Karen Hayter MS, RN; Dawn Steffes, Research Associate; Jill Blackbourn, RN; Denise Nicholson, BSN, RN at Gundersen Health System)*

**Poster #4:** Pulmonary Nodule Clinic with Nurse Navigator *(Libbie Nyarangi, BSN, RN; Jennifer Mattingley, MD; Krystal Patros; Amy Topel, MBA; at Gundersen Health System)*

**Poster #5:** Memory Self-Efficacy in Cognitively Normal Older Adults and Older Adults with Mild Cognitive Impairment *(Mary Ellen Stolder, PhD, RN at Viterbo University)*

**Poster #6:** Intranasal Fentanyl: An Effective Alternative to Intravenous Analgesia *(Diana Johnson, RN, BSN; Andrew Nevitt, RN, BSN at Mayo Franciscan School of Nurse Anesthesia)*

**Poster #7:** Harnessing Intraoperative Information: A Descriptive Study of Vital Sign Data *(Jessica J. Peterson, PhD Student, MS, BSN, CRNA, RN at Mayo Clinic Health System-Franciscan Healthcare School of Nurse Anesthesia)*

**Poster #8:** Improving Critical Thinking Skills for Nursing Students *(Linda J. Rauch, MSN, RN at Western Technical College)*

**Poster #9:** Describing the Effects of Self-compassion as a Moderator on the Relationship between Burnout and Psychological Well-being in Nursing *(Rosemarie Hoff, DNP, RN, CNE; Jennifer Poelma, RN; Camilla Jaekel, PhD, RN; Kathleen Graham, MS, RN, CNS; Terri Pedace, RN; Heidi Rekow, RN; Janice Hutchens, MSN, RN; Kandi Holt, RN; Renee Muellenberg, RN; Cherie Davenport, MS, RN; Borislav Yankov, RN; Kimberly...*
Poster #10: Alveolar Recruitment Maneuvers: Preventing Atelectasis During General Anesthesia (Ben Imdieke RN, BSN, SRNA; Peter Jantz RN, ADN, BS, SRNA at Mayo Clinic Health System, Franciscan Healthcare School of Nurse Anesthesia)

Poster #11: Implementation of Behavioral Screening and Motivational Interviewing to Improve Health Outcomes (Annmarie Ransom, BSN; Teresa Pulvermacher, MSN; Amy Danielson, MS at Logistic Health Inc. and Riverside Corporate Wellness)

Poster #12: Palliative Care Knowledge and Self-Efficacy within a Baccalaureate Nursing Program: Phase 2 (Angelina Pirozzoli; Madeline Podgorak; Maureen Gerson DNP, RN; Amy Reitmaier Koehler, Ph.D., RN at Winona State University)

Poster #13: Adopting and Sustaining a No-Manual-Lift Culture: Effective Approaches (Erica Carter, RN Graduate Student at Viterbo University)

Poster #14: Subarachnoid Nerve Blocks Vs. General Anesthesia For Total Knee Arthroplasty: A Comparative Study Of Pain (Ian Lindsey BSN, RN; Alex Johnson BSN, RN; Kevin Hoeksema BSN, RN; Erik Ahlstrom, BSN, RN at Mayo Clinic Health System - Franciscan Healthcare School of Anesthesia)

Poster #15: Regional vs. General Endotracheal Anesthesia for Total Knee Arthroplasties: A Post-Operative Review of Pain (Kevin Hoeksema B.S.N., RN; Erik Ahlstrom B.S.N., RN; Ian Lindsey B.S.N., RN; Alex Johnson B.S.N., RN at Mayo Clinic Health Systems- Franciscan Healthcare School of Anesthesia)

Poster #16: Emergency Airway Management: Techniques That Impact Outcomes (Carrah Tovar, RN, BSN; Luke Abar RN, BS at Mayo Clinic Health Systems- Franciscan Healthcare School of Anesthesia)

Poster #17: Bridging Practice and Theory Through Active Learning Strategies in the Classroom: Student Case Study Creation & Critique (Megan Smith, MSN, RN, CNE at Viterbo University)

Poster #18: Best Practices for Smoking Cessation in an In-Patient Treatment Program for Substance Use Disorder (Karine Brueggen, BSN, RN, Graduate Student at Viterbo University)

Poster #19: Incivility in Nursing Practice: Proactive Approaches to Address Behavior (Brittany Brown RN, BSN, Graduate Student at Viterbo University)

Poster #20: Mental Health Simulation Day to Improve the Mental Health Clinical Experience (Sharon Opsahl MS, RN at Western Technical College)

Poster #21: Traumatic Disruptive Patient Behavior: Effects on the Mental Health Caregiver (Barbara Iwanowicz, BSN Graduate Student at Viterbo University)

Poster #22: Conflict Management Training for Middle Managers in Health Care (Terresa Bubbers, DM© and Becky Inglis, RN, MS at Gundersen Health System)

Poster #23: Conflict Management Training for Middle Managers in Health Care (Terresa Bubbers, DM © and Shirley Newberry, PhD, RN at Gundersen Health System)
# PERSPECTIVES ON HOMELESSNESS

**Faculty Coordinator:** Tom Thibodeau

**Session Location:** NRC 101

**Session Timeframe:** 8-9am

**Presentation Type:** Oral Presentations

**Student Presenters**
- Christopher Amundson
- Sarah Barlass
- Erin Butzler
- Jessica Chambers
- Michael Churchill
- Rebecka Cook
- Everett Chambers
- Kristin Ernst
- Katherine Heron
- Emily Mitley
- Sara Mitley
- Tiffani Nierling
- Taylor Reinhardt
- Jennifer Schlimgen
- Tiffany Schumer
- Courtney Schwartz
- Bryan Stephey
- Kalene Weber
# ALL STUDENT ART SHOW

**Faculty Coordinators:** Art Faculty

**Session Location:** FAC Viterbo Gallery

**Session Timeframe:** 9am-5pm

**Presentation Type:** Artistic Work

## Student Presenters

<table>
<thead>
<tr>
<th>Penny Blank</th>
<th>Brandie Myhre</th>
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<tbody>
<tr>
<td>Jane Brunner</td>
<td>Erin Nistler</td>
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<tr>
<td>Michaela Bryant</td>
<td>Cynthia Noble</td>
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<tr>
<td>Sarah Call</td>
<td>Hannah Oreskovich</td>
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<tr>
<td>Rebecca Darby</td>
<td>Garet Peplinski</td>
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<tr>
<td>Naomi Engelke</td>
<td>Emily Price</td>
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<tr>
<td>Jessica Gautsch</td>
<td>Nikki Richard</td>
</tr>
<tr>
<td>Karly Gonnering</td>
<td>Emma Sauter</td>
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<tr>
<td>Payton Gosse</td>
<td>Margaret Schmitz</td>
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<tr>
<td>David Hale</td>
<td>Kanyon Tenneson</td>
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<tr>
<td>Johnnyray Hansen</td>
<td>Miya Thomas</td>
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<tr>
<td>Daniel Hayes</td>
<td>Luke Wodzak</td>
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<tr>
<td>Kari Herbstreit</td>
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<td>Jillian Lacey</td>
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<td>Sidney Liddell</td>
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<td>Jeanne Medland</td>
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<td>Beth Metelko</td>
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# GRAPHIC DESIGN EXHIBIT

**Faculty Coordinator:** Venancio Luz

**Session Location:** Murphy Center Library

**Session Timeframe:** 9am-5pm

**Presentation Type:** Artistic Work

**Student Presenters**

Derek Fuchsberger  
Joshua Petersen
**SENIOR SOCIAL WORK FIELD POSTERS**

**Faculty Coordinator:** Connie Fossen

**Session Location:** FAC Main Theatre Lobby

**Session Timeframe:** 9:05-11:05am

**Presentation Type:** Poster Session

**Student Presenters**

**Rachele Serres:** Effective intervention strategies for women with borderline personality disorder

**Lacey Quale:** Effective Gender-Based Interventions for Substance Abuse

**Lacey Mahoney:** Effectiveness of Motivational Interviewing in Correctional Settings

**Karlene Jensen:** Bystander interventions to prevent sexual violence on college campuses

**Nieves Seaman:** Affordable Care Act Benefits for Community Health Centers

**Emily Morrison:** Understanding Opiate use during Pregnancy

**Denise Filter:** Effects of Technology and Social Media on the Ethical Practice of Social Work

**Jenny Clark:** Barriers to sheltering homeless children who are victims of domestic violence in Wisconsin

**Brienne Shaker:** Strategies to improve retention rates of child protection social workers

**Kaitlyn Hamann:** Understanding female specific AODA treatment programs

**Sheila Juricic:** Effective strategies to empower immigrants’ access to government agencies and services

**Sara Koresh:** Discharge planning for patients with challenging behaviors and unique needs

**Jack Rice:** Children aging out of foster care and services for transition out of foster care.

**Alexis Murray:** Effective documentation systems for promoting workflow.

**Bridget Brummet:** Effectiveness of Juvenile Home Detention

**Kayla Thomas:** Person-directed care in long-term care facilities.

**Renee Walton:** Effective staff assessments of students’ daily living skills

**Haleigh Johnson:** The impact of foster care on the mental health of children
### MULTIDISCIPLINARY ORAL PRESENTATIONS

<table>
<thead>
<tr>
<th>Session Location:</th>
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**Student Presenters**

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<tr>
<th>Time</th>
<th>Presenter</th>
<th>Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:05am</td>
<td>Melissa Gossen</td>
<td>Ashanti Healing Rituals</td>
</tr>
<tr>
<td>9:20am</td>
<td>Marissa Pieper</td>
<td>Aboriginal Healing Practices</td>
</tr>
<tr>
<td>9:35am</td>
<td>Cassie Schaaf</td>
<td>Role of Nursing Education in Preparing Nurses to Provide Spiritual Care for the Dying Patient</td>
</tr>
<tr>
<td>9:50am</td>
<td>Sara Weibel</td>
<td>Caring For Christians</td>
</tr>
<tr>
<td>10:05am</td>
<td>Jacob Wilkinson</td>
<td>Understanding Our Diverse World: Study Abroad Program in Spain</td>
</tr>
<tr>
<td>10:20am</td>
<td>Kelly Evers and Jordan Churchill</td>
<td>The Underrepresentation of Hispanic Americans in the University Setting</td>
</tr>
</tbody>
</table>
## PSYC 344 - Sports Psychology: Psychological Skills Training

**Faculty Coordinator:** David Waters

**Session Location:** NRC 1st Floor Foyer

**Session Timeframe:** 10:10-11:05am

**Presentation Type:** Poster Session

### Student Presenters

- **Aaron Cicchese & Maria Michels:** A PST Program for Collegiate Soccer Players Utilizing Visualization for Improving Penalty Kick Abilities

- **Taylor Reinhart & Austin Swigart:** A PST Program for Coping with Failure among Elite Athletes

- **Mackenzie Armbruster & Sarah Barlass:** Disordered Eating in Male Collegiate Athletes

- **Haley Anderson, McKenzie Guth, & Ashley Hicks:** Does Music Improve Workout Performance?

- **Jessica Lutzen, Molly Olsen, & Arisa Salvino:** How does the Stress of College Courses Affect College Students’ Exercise Capabilities and Mindset?

- **Callie Cooper, Kris Graewin, & Matt Sullivan:** Overcoming Defeat: Mentally Preparing for Your Next Basketball Game Utilizing Goal Setting Strategies

- **David Hale, Jonathan Locast, & Drew Turnquist:** Perceived Coaching Abilities between Coaches and College-Level Athletes and its Effect on Player Development

- **Autumn Kelly, Molly Wiskerchen, & Sara Wisniewski:** Reducing Pre- and Post-Game Anxiety through PST for Interscholastic Girl Athletes

- **Kim Doll, Arissa Geiser, & Ally Ostrander:** The Effects of Alcohol on Team Culture
# VITERBO UNIVERSITY'S NUTRITION ENVIRONMENT: DOES IT PROMOTE HEALTHY HABITS?

**Faculty Coordinator:** Linda Lee

**Session Location:** NRC 101

**Session Timeframe:** 11:15am-12:10pm

**Presentation Type:** Oral Presentations

**Student Presenters**

Courtney Butler  
Kelsey Ford  
Lauren Metropulos  
Alexandra Otwell  
Morgan Padilla  
Amrita Samra  
Ellen Tangel  
Bei Wu
## COMPOSING RUMINATIONS

**Faculty Coordinator:** Mary Ellen Haupert

**Session Location:** FAC Recital Hall

**Session Timeframe:** 11:15-12:10pm

**Presentation Type:** Performance

### Student Presenters

- Briana Hall
- Joseph Madary
- Jackson Diedrich
- Cameron Henrickson
- Stacy Humfeld
# INTRODUCTION TO DIGITAL IMAGING TECHNIQUES

**Faculty Coordinator:** Jeff Nyseth

**Session Location:** Brophy Center

**Session Timeframe:** 11:15am-12:20pm

**Presentation Type:** Artistic Work

**Student Presenters**

Yaxuan Ding  
Karim Ghandour  
Sarah Hamann  
Kristin Leon  
William Meger  
Alison Van Havermaet  
Luke Wodzak

*Please note: while these works will be staffed from 11:15am-12:20pm, they will be available for viewing for most of the day.*
FORM AND MEANING

**Faculty Coordinator:** Venancio Luz

**Session Location:** Brophy Center

**Session Timeframe:** 11:15am-12:20pm

**Presentation Type:** Artistic Work

**Student Presenters**

Jake Adams  
Dustin Bagstad  
Manuel De La Rosa  
Yaxuan Ding  
Jonathan Grana  
Kristin Leon  
Louis Lessor  
William Meger  
Amanda Meyer  
Samuel Peterson  
Evan Rains

*Please note: while these works will be staffed from 11:15am-12:20pm, they will be available for viewing for most of the day.*
# ACTION RESEARCH PROJECTS

**Faculty Coordinator**: Debra Murray

**Session Location**: Dahl School of Business Rm. 123

**Session Timeframe**: 11:15am-1:15pm

**Presentation Type**: Poster and Oral Presentations

## Student Presenters

- **Laura Susan Johnson**: Take Charge, Recharge: Counselor self-care information and resources
- **Vicki L. Riley**: A Blueprint: Implementation of a Coordinated Service Team Model
- **Jerry W. Sample**: The Professional Perspective: Intimate Partner Violence
- **Kelly Jean Ehleiter**: Incorporating adaptive brief mindfulness-based stress reduction with students training for the Helping Professions: A Pilot Study
- **Amanda J. Falkers**: Spirituality and Counseling: A Review of Best Practices
- **Nicole Marie Haugh**: Transitioning From Homelessness: The Link Between Social Support Groups and Perceived Social Support Sources
- **Melissa Kay Hunter**: Parenting Children Diagnosed with ADHD: Benefits of a Parental Group
- **Cheryl L. Keller Kolf**: Interpersonal Needs of Rural Aging Adults and Their Perceived Benefit of Peer Support Groups
- **Anne Amelia Lovelace**: Substance Abuse Treatment Programs for an Underserved Population: Adolescents
- **Kellie Sue Marcou**: Eating Disorder Risk Factors: Informing Healthcare Providers
## JUSTICE & PEACE FAIR

<table>
<thead>
<tr>
<th>Faculty Coordinator: Laura Nettles</th>
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</thead>
<tbody>
<tr>
<td><strong>Session Location:</strong> Walkway between Murphy Center &amp; Varsity Athletic Center (VAC)</td>
</tr>
<tr>
<td><strong>Session Timeframe:</strong> 11:30am-1:30pm</td>
</tr>
<tr>
<td><strong>Presentation Type:</strong> Fair</td>
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</tbody>
</table>

**Student Presenters**

TBD
# CRIMINAL JUSTICE AND SOCIOLOGY
## SENIOR CAPSTONE PROJECTS

**Faculty Coordinator:** Anna Sanders-Bonelli

**Session Location:** FAC Main Theatre Lobby

**Session Timeframe:** 12:20-1:15pm

**Presentation Type:** Poster Presentations

**Student Presenters**

Brandon Beech  
Alex Diciaula  
Benjamin Finn  
Laura Fox  
Kevin Horn  
Aaron Luttenegger  
Amber Morkrid  
Brock Mrdjenovich  
Melinda Nichols  
Taylor Reinhardt  
Ryan Schreiner  
Monkontee Slobert  
Evan Taylor  
Lucas Timmons  
Francisco Torres
VUSM 200 - LIVING IN A DIVERSE WORLD: THE OLYMPIC MOVEMENT

Faculty Coordinator: David Waters

Session Location: FAC Main Theatre Lobby

Session Timeframe: 12:20-1:15pm

Presentation Type: Poster Presentations

Student Presenters
Sara Wisniewski: Berlin 1936: The Nazi Games
Amelia Grahn & Jinling He: Olympiad’s First Visit to Asia: Japan’s Rebirth
Michael Gauger & Nicholas Hitz: XIX Olympiad Mexico City 1968: Black Power Movement
Victoria Paquette & Austin Poehls: XX Olympiad Munich (Germany) Summer Olympic Games: Overcoming Disaster
MacKenzie Maier & Michelle Schroeder: XXI Montreal Olympiad: Traveling North, Nadia’s Perfect 10
Kyle Petoskey & Gabe Shegonee: XIII Winter Olympic Games Lake Placid: The Miracle On- and Off-the-Ice
Kelli Janecek and Anna Lensmire: XXIII 1984 Los Angeles Olympiad: The Capitalist Games
Elyssa Ammerman & Alyssa Hanold: XXV Barcelona Olympics, 1992: Return of National Representation after the Cold War
Rachel Heier & Kasia Wojciehoski: XXVI Olympiad: The Growth of Atlanta
Naomi Engelke & Kiley Lorenz: XXVII Olympiad Sydney (Australia) Summer Olympic Games: Celebrating 100 Years of Women’s Participation
Breanna Armstrong & Elizabeth Boardman: XXVIII Olympiad Athens (Greece) Summer Olympic Games: The Record Number of Participating National Olympic Committees
Jessica Lounsbrough & Haley Spring: 2008 Beijing Olympics: Endless Opportunities for Diversity in Size and Economics
# WED Talks: Women, Education, and Diversity

**Coordinator:** Bryan Stephey  
**Session Location:** NRC 101  
**Session Timeframe:** 1-2pm  
**Presentation Type:** Oral Presentations followed by a discussion period

**Student Presenters**

- **1pm:** Bryan Stephey  
- **1:10pm:** Hannah Dewey  
- **1:20pm:** Heather Sommer
# SCHOOL OF NATURAL SCIENCES & MATHEMATICS
## SENIOR CAPSTONE PRESENTATIONS

**Faculty Coordinator:** Ward Jones

**Session Location:** Reinhart Center 127, 130, 201

**Session Timeframe:** 1-2:40pm  
**Presentation Type:** Oral Presentations

| Reinhart Center Room 127 |  
|--------------------------|----------------------------------|
| **Taylor White**         | Effects of Ethanol Exposure During Development on Aggression in Rats |
| **Taylor Servais**       | Fear Behavior in Long-Evans Rats Perinatally Exposed to Ethanol |
| **Christine Nielsen**    | How FASD Affects Anxiety in Long Evans Rats That Have Been Perinatally Exposed to Ethanol |
| **Leah Bicking**         | Effect of High Impact vs. Low Impact sports on BMD in Female Athletes |
| **Chelsy Suddendorf**    | The effects of vision therapy on reading comprehension and reading rate |

| Reinhart Center Room 130 |  
|--------------------------|----------------------------------|
| **Eon Rehman**           | A Laplacian-Based SNR Measure: Shear Stiffness Estimation in MR Elastography |
| **Lainee Bulawa**        | Determination of the Leaching Rates of Florfenicol in 19 Degree Celsius Water from Incorporated and Top-coated Fish Feed |
| **Erin Isaacson**        | Determining the function of uncharacterization efflux genes ydfL and ydfM in Bacillus subtilis |
| **Allison Zwarycz**      | Timing and Scope of Genomic Expansion Within Annelida: Evidence from Hox Genes in the Genome of the Earthworm Eisenia fetida |
| **Charles Gibson**       | Radiation Exposure in Healthcare Workers |

| Reinhart Center Room 201 |  
|--------------------------|----------------------------------|
| **Justine Nelson**       | Development of a Quantitative Cytotoxicity Assay |
| **Leandra Franzen**      | The Effects of AICAR on IL-2 Production |
| **Maxwell Doherty**      | Effects of NIR LED Exposure on the Genes Drp-1 and Parkin in Rats |
| **Danielle Nelson**      | Effects of social behavior and chemical alarm cues on anti-predator behavior in the guppy |
| **Brittany Cincoski**    | Induction of Interleukin-2 after Thapsigargin and Concanavalin A Activation in Human Jurkat T-cells |
# SENIOR SHOWCASE - PORTFOLIO DESIGN

**Faculty Coordinator:** Venancio Luz  

**Session Location:** Dahl School of Business Lobby  

**Session Timeframe:** 1:25-2:20pm  

**Presentation Type:** Artistic Work

**Student Presenters**  

Derek Fuchsberger  
Jasmine Henry  
Jacob Klatte  
Kristin Leon  
Joshua Petersen  
Elizabeth Weiss
## PHILOSOPHY AND THE HUMANITIES
### ORAL PRESENTATIONS

**Faculty Coordinator:** Jason Howard

**Session Location:** Nursing Center 195

**Session Timeframe:** 1:25-3:45pm

**Presentation Type:** Oral Presentations

**Student Presenters**

1:25pm: **Kaitlyn Hamann:** Correlation of Catholic Social Teaching and Social Work

1:40pm: **Hunter Beggs and Britney Hattamer:** Aristotle’s Notion of Moral Virtue

1:55pm: **Kathryn Davis and Chloe Richter:** Plato’s Allegory of the Cave

2:10pm: **Rachel Fries and Jacob Hart:** Service Learning and Servant Leadership

2:25pm: **Kathleen Knueppel and Hailey Koch:** Socratic Wisdom

2:40pm: **Caitlyn Nienow and Kristin Scheldorf:** Plato’s Concept of the Good

2:55pm: **Samantha Semanko and Eliza Short:** Philosophy for Children

3:10pm: **Chris Suilmann and Stephanie Varilek:**

The Concept of Death in Roman Stoicism

3:25pm: **Julia Callaghan:** Tolstoy on the Function of Art
# SERVICE IN CINCINNATI: REFLECTIVE ENGAGEMENT

**Coordinators:** Chris Pasquale and Emilio Alvarez

**Session Location:** Nursing Center 101

**Session Timeframe:** 2:30-3:25pm

**Presentation Type:** Oral Presentations

**Student Presenters**
- Chris Pasquale
- Hannah Anger
- Amanda Vetsch
- Xavier Smart
- Kalene Weber
# SENIOR NURSING POSTER SESSION

**Faculty Coordinator:** Toni Wissestad

**Session Location:** NRC 1st Floor Foyer

**Session Timeframe:** 2:30-3:25pm

**Presentation Type:** Poster Presentations

**Student Presenters**

- Hailey Richardson
- Elizabeth Haley
- Amy Roberson
- Brook White
- Megan Lokemoen
- Nicole Breyer
- Nathan Caves
- Megan Carlson
- Clare Sand
- Dillon Hammond
<table>
<thead>
<tr>
<th><strong>Student Presenters</strong></th>
<th></th>
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</thead>
<tbody>
<tr>
<td><strong>Poster #1:</strong> Myra Rowe &amp; Carly Ziegler: <em>American History Digitized: Slavery and Rebellion</em></td>
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<tr>
<td><strong>Poster #2:</strong> Brooklyn McMahon: <em>The Sephardic Jews</em></td>
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<tr>
<td><strong>Poster #3:</strong> Sara Wisniewski: <em>The XI Olympiad: Berlin 1936, Nazi Olympics</em></td>
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<tr>
<td><strong>Poster #4:</strong> Juanita Christenson: <em>My Mother is a Fish: The Psychological Impact of the Lack of Mother Love in Faulkner’s As I Lay Dying</em></td>
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<td><strong>Poster #5:</strong> Paige Solie: <em>Diversity in Healthcare</em></td>
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<tr>
<td><strong>Poster #6:</strong> Elizabeth Hoskins: <em>Health Benefits of Skin-to-Skin Contact in Newborns</em></td>
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<td><strong>Poster #7:</strong> Tiffany Schumer: <em>Cultural Immersion</em></td>
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<td><strong>Poster #8:</strong> Julie Brownell: <em>Using Adolescent Literature to teach the Holocaust</em></td>
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<td><strong>Poster #9:</strong> Barbara Cramer: <em>What is the Effect of Behavioral Modification on Weight Loss in the Adult Obese Population?</em></td>
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<td><strong>Poster #10:</strong> Ashley Greene: <em>Servant Leadership Minor Senior Capstone Project: An Evaluation of Social Support Programs for Rural Elders</em></td>
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<td><strong>Poster #11:</strong> Ashley Greene: <em>Psychology Capstone Project</em></td>
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<td><strong>Poster #12:</strong> Robin Grouch: <em>Homelessness and co-occurring substance abuse: Treatment First vs. Housing First</em></td>
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<td><strong>Poster #13:</strong> Jacquelyn Hancock: <em>Psychology Capstone Project</em></td>
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<td><strong>Poster #14:</strong> Autumn Kelly: <em>Psychology Capstone Project</em></td>
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<td><strong>Poster #15:</strong> Anthony Larson: <em>Psychology Capstone Project</em></td>
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<td><strong>Poster #16:</strong> Kayla Pruno: <em>Psychology Capstone Project</em></td>
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<td><strong>Poster #17:</strong> Katelyn Kraimer: <em>Psychology Capstone Project</em></td>
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<td><strong>Poster #18:</strong> Amanda Schindler: <em>Psychology Capstone Project</em></td>
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<tr>
<td><strong>Poster #19:</strong> Stephanie Schmidt: <em>Psychology Capstone Project</em></td>
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</table>
MULTIDISCIPLINARY POSTER SESSION, CON’T

**Poster #20:** Tanya Shawley: Psychology Capstone Project

**Poster #21:** Bryan Stephey: Psychology Capstone Project

**Poster #22:** Danica Pritchard: Psychology Capstone Project

**Poster #23:** Danica Pritchard, Mackenzie Armbruster, Ronelle McKernan, Drew Turnquist: Perceived Stress and Coping in Undergraduate Viterbo University Students

**Poster #24:** Elissa Coady, Erin Mulcahy, Kayla Prew, Allison Troyanek: Marital Attitudes and Relationship Satisfaction in College Students and Faculty

**Poster #25:** Willie Cordes, Ryan Frank, Miranda Jankowski, Stephanie Varilek: Alcohol Consumption and Its Relation to Academic Performance

**Poster #26:** Shea Coates, Bryce Kuenzli, Heather Huber, Sydney Eckert: Physical Activity and Its Effects on Perceived Body Image in College Students

**Poster #27:** Anna Hogan, Shana Berg, Emma Humphrey, Marcella Albuquerque: Bullying 101: Bullying and Intervention on a College Campus

**Poster #28:** Morgan Davis: TBD

**Poster #29:** Kathryn Mormann: Social Media Marketing Internship: A2Z Social Design

**Poster #30:** Joshua Thiede: Department of Recreational Sports Internship

**Poster #31:** Lucas Timmons: An Internship Breakthrough!

**Poster #32:** Jaimie Witt: Exploring My Career: Gundersen Health System and Pearl Street Brewery

**Poster #33:** Emily Berka: TBD

**Poster #34:** Jordan Knutson: Exploring My Career: An Internship with First National Bank

**Poster #35:** Erin Knadle: Graduate Nursing DNP Projects 2015

**Poster #36:** Deborah Stelmach and Erin Knadle: Transdisciplinary Education: Role exploration, collaborative decision making, and consultation
### MASTERS OF BUSINESS ADMINISTRATION CAPSTONE PRESENTATIONS

**Faculty Coordinator:** Sara Cook

**Session Location:** Dahl School of Business Commons and Lobby

**Session Timeframe:** 4-6pm

**Presentation Type:** Poster Session

**Student Presenters**

- **Erin Behlen:** Women Leaders in the Foundry Industry
- **Jennifer Buchholz:** How to Attract and Retain Employees: An Exploration of Key Inducements Used by a Small Business in an Engineering or Science Industry
- **Jamie Gudgeon:** Effects of Working Virtually on Employee Engagement
- **Mary Beth Hensel:** Exploring change in comfort level, knowledge, and skills of healthcare professionals after a two-day training in perinatal bereavement.
- **Nikole Hoffman:** Years of Service as it Relates to Change Readiness and Commitment
- **Dustin Humfeld:** Media Streaming: The Impact on Bandwidth Consumption in Rural Wisconsin
- **Venkateshwaran Iyer:** Exploring the Factors Affecting Employee Satisfaction and Its Influence on Patient Satisfaction in a Community Healthcare System in Southwest Wisconsin
- **Erik Jensen:** Advance Directives and the Cost of Care
- **Keith Krejchik:** Professional Pilot Development Solutions in the Post-2014 Regulatory Environment
- **Alec Leavitt:** Commission Based Sales Incentives and the Impact on the Performance of Tiered Performance Groups
- **Audra Monroe:** Corporate Branding and the Influence of Employee Buy-In
- **Darlene Pintarro:** The Effects of a Supervisor’s Ethics in Law Enforcement
- **Kelsey Stubbe:** International Leadership: How Western-dominated Globalization has Affected Leadership Styles in Asia
<table>
<thead>
<tr>
<th>Name</th>
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<tbody>
<tr>
<td>Laurel Wicks</td>
<td>Gender Roles and Biases of Women in the Workplace: An Extended</td>
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<td></td>
<td>Literature Review from 1950-2014</td>
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<tr>
<td>Kue Xiong</td>
<td>The Relationship Between Organizational Diversity and Employee Turnover</td>
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<tr>
<td>Karla Yanske</td>
<td>CEO Leadership Styles in the Electric Cooperative Industry</td>
</tr>
<tr>
<td>Tammy Anderson</td>
<td>The Workplace Experience of Breast Cancer Survivors</td>
</tr>
<tr>
<td>Jeri Zagrodnick</td>
<td>Health Care leadership Perceptions of Human Resource Certification</td>
</tr>
<tr>
<td>Kimberly Cortez</td>
<td>Feasibility Study of an Executive MBA</td>
</tr>
<tr>
<td>Sonja Crockett</td>
<td>Conflict Resolution in the Workplace</td>
</tr>
<tr>
<td>Dana Meyers</td>
<td>Emotional Intelligence and Health Care Leadership</td>
</tr>
<tr>
<td>Michelle Borreson</td>
<td>Impact of Person-Centered Care on Behaviors in Individuals with Dementia</td>
</tr>
<tr>
<td>Jill Bettesworth</td>
<td>Viral Marketing: Why Consumers Share Viral Videos</td>
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<tr>
<td>Charles Nassar</td>
<td>The Effects of Job Satisfaction on Employee Turnover in a Financial Services Department</td>
</tr>
<tr>
<td>Jamie Gregar</td>
<td>Government Contracting Review Process</td>
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<tr>
<td>Lynette Benson</td>
<td>Servant Leadership: How does a Professor Who is a Servant Leader Effect Student Satisfaction?</td>
</tr>
<tr>
<td>Michael Bouska</td>
<td>Success Characteristics in Multi-Level Marketing</td>
</tr>
<tr>
<td>Emily Greiner</td>
<td>Small Town Community and Economic Development in the Midwest</td>
</tr>
<tr>
<td>Justine LaFond</td>
<td>Extended Clinic Hours: Job Satisfaction and Safety Implications for Staff</td>
</tr>
<tr>
<td>Pierrot Mpemwangi</td>
<td>People with Disabilities and the Workforce</td>
</tr>
<tr>
<td>Rodney Mulera</td>
<td>Millennials and Work: Values, Relationships, and Attitude</td>
</tr>
<tr>
<td>William Nelson</td>
<td>Basis of Motivation in Clinical Professionals with Direct Patient Care in Southwest Wisconsin</td>
</tr>
<tr>
<td>Gerard Nkwain</td>
<td>Factors and Challenges that Constrain the Growth of Small Businesses in Developing Countries</td>
</tr>
<tr>
<td>Katie Opper</td>
<td>Inexperience vs. Experience: The Problem Faced by Organizational Leaders</td>
</tr>
<tr>
<td>Josh Porter</td>
<td>Generational Differences: The Experience of Leaders in the Wisconsin Army National Guard</td>
</tr>
<tr>
<td>Keith Torgerud</td>
<td>Factors Leading to 30-Day Readmission of COPD Patients--The Patient’s Perspective</td>
</tr>
<tr>
<td>Heidi Reid</td>
<td>A Study of Inpatient Falls and the Effects of Current Fall Prevention Assessments</td>
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<tr>
<td>Matt Watkins</td>
<td>Purchasing Power for Students at Viterbo University’s Bookstore</td>
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<tr>
<td>Traci Pierzina</td>
<td>Patient Satisfaction and Hospital Consumer Assessment of Healthcare Provider Systems</td>
</tr>
</tbody>
</table>
HONORS PROGRAM
SENIOR CAPSTONE PROJECTS

Faculty Coordinator: Michael Lopez-Kaley

Session Location: NRC 1st Floor Foyer

Session Timeframe: 4:30-5:30pm

Presentation Type: Poster Session

Student Presenters

Aaron Luttenegger: Four Years in Review: An Honors Portfolio

Stephanie Schmidt: Together We Can Save the World

Cassie (Bauer) Holig: What I Learned About My "Best" Work

Leah Bicking: The Honors Program Experience

Julia Callaghan: Mathemafishin’ for Honors Credit

Rehman Eon: Journey Through Viterbo University

Melanie Jones-McMillan: A Four Year Exploration of Human Behavior

Bethany Stoll: The Growth of a Nursing Servant Leader
A MIDSUMMER NIGHT’S DREAM

Faculty Coordinator: Rick Walters

Session Location: Weber Center

Session Timeframe: 7:30pm

Presentation Type: Performance

STUDENT CAST, CREW, AND PRODUCTION TEAM

Joe Gay
Katie Gehrmann
Katarina Vandlik
Thomas Squires
Will Phelps
Jonathan Woodruff
Kaitlyn Serketich
Taylor Shepard
Connor Sullivan
Katey Slinger
Caleb Richards
Jules Wolnak
Julia Bourland
Jillian Brenner
Kara Schultz
Isabella Weiss
Grace Kaeasermann
Christian Siebert
Gordie Beingessner

Ashawnti Ford
Anna Hermanson
Naomi Haag
Ammie Jergenson
Jason Rose
Irina Christel
Abbi Fern
Rachel Hafner
Bailey Richardson
Abbie Cain
Mary Cichock
Elissa Coady
Kat Geertsen
Abigail Hall
Caleigh Havanske
Caitlan Huber
Madeline Kenn
Katelyn Kaiser
Seth Kieser

Mary Catherine Polesnak
Jonathan Woodruff
Julia Bourland
Alex Connor
Caitlin Fanning
Nathalia Duque Figueroa
Katie Gehrmann
Taylor Haggerty
Taylor Shepherd
Liz Stauble
Isabella Weiss
Alex Hammond
Kelsey Harrison
Lauren Kolas
Matt Claypool
Ashanti Garcia-Shamsuddin