

RESPOND Training – Module CEU Content Outline – Fall 2024-Spring 2025 Cohort

60 CHs - Issued by:

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Module Number	Dates	Learning Content Area	Module Topic
Module 1 11.5 CHs	9/23/24 – 10/27/24	Care in Context: Interprofessional Teams	Collaborations among prescribers (physicians, nurse practitioners, physician assistants), counselors, and social workers.
Section 1 2 CHs		(1hr) Lecture Video: Care in Context: Interprofessional Teams .5hr) Article: Multidisciplinary treatment of opioid use disorder in primary care using the collaborative care mode .25hr) Handout: Behavioral Health Services in Primary Care: An Essential Component of Integrated Care .25hr) Video: An Introduction to IBH in School Settings	
Section 2 2.5 Chs		(1hr) Video Lecture: Basic Introduction to SUD's (1hr) Video Lecture: Screening and Assessment of Opioid Use Disorders .25hr) Article: Conflicting theories on addiction etiology and the strengths and limitations of substance use disorder disease modelling .25hr) Video: Nuggets on SUDS	
Section 3 1.5 Chs		.5hr) Video: Evidence Based Practice for SUDs .5hr) Handout: Finding Evidence Based Programs and Practices .25hr) Article: Dissemination of Contingency Management for the Treatment of Opioid Use Disorder .25hr) Article: Technologies for Opioid Use Disorder Management: Mobile App Search and Scoping Review	
Section 4 1.5 Chs		(1hr) Video: Integrating Cultural Competency & EBPs When Treating African Americans With SUD .25hr) Activity: Harvard Implicit Bias Experience .25hr) Activity: SPENT	
Section 5: 2 Chs		(1hr) Video Lecture: Stigma .5hr) Video: Talking About Invisible Illness - Mental Illness: Max Silverman at TEDx .25hr) Article: The Impact of Stigma on People with OUD, Opioid Treatment, & Policy .25hr) Case Scenarios Activity	
Section 6: 2 Chs		(1hr) Video: Introduction to Screen, Brief Intervention, Referral to Treatment (SBIRT) .5hr) Videos: Motivational Interviewing – Effective vs. Ineffective Approaches .5hr) SBIRT Documents	

Module Number	Dates	Learning Content Area	Module Topic
Module 2 11.5 Chs	10/28/25 – 12/08/25	Assessment	Diagnosing SUD, OUD, and co-occurring health, mental, and psychosocial issues.
Section 1 1.25 Chs		(.25hr) Article: Rethinking the biopsychosocial model of health: Understanding health as a dynamic system (.25hr) Article: Appropriate Use of Drug Testing in Clinical Addiction Medicine (.25hr) Resource: The ASAM Appropriate Use of Drug Testing in Clinical Addiction Medicine (.5) Video Lecture: Screening for Adolescent Substance Use Disorders	
Section 2 2 Chs		(1hr) Video Lecture: Screening and Assessment of SUDs (1hr) Video of Diagnostic Interview	
Section 3 2 Chs		(1.5hr) Video Lecture: Screening and Assessment of Opioid Use Disorders (.25hr) Reading: Demystifying Opioids Packet (.25hr) Reading: Difficult conversations	
Section 4 2.25 Chs		(1hr) The ASAM Criteria Training Video (1hr) ASAM Criteria Changes (.25hr) Review: The ASAM National Practice Guideline for the Treatment of Opioid Use Disorder & Contingency Management is Coming. Is Your Addiction Treatment Center Ready?	
Section 5 4 Chs		(1hr) Video Lecture: Treatment Planning and AODA (.25hr) Look Over: Defining Problems Behaviorally (1hr) Kayla Kaczorowski Interview – Therapist with AMS (.25hr) Article: Key Considerations in Planning for Substance Use Treatment: Estimating Treatment Need and Demand (1hr) Video: Secrets of Effective Treatment Planning & Reassessment (.25hr) Review: Guidelines for the Psychosocially Assisted Pharmacological Treatment of Opioid Dependence (.25hr) Video: Understanding Opioid Addiction Treatment and Types of Medications Mass General Brigham	

Module Number	Dates	Learning Content Area	Module Topic
Module 3: 16 Chs	January 6 – February 9	Pharmacological and Counseling Approaches	MOUD and Best Counseling Practices
Section 1: 2 Chs Evidence-Based Practice: Contingency Management		(1hr) Lecture Video: Evidence-Based Practices: Contingency Management Motivational Incentive Programming (.5hr) Article: How important are the common factors in psychotherapy? An update. (.25hr) Read: ABC's of Substance Abuse (.25hr) Read: 7 Principles of Motivational Incentives	
Section 2: 3 Chs Medications for Opioid Use Disorder		(1hr) Video: Medications for Opioid Use Disorder - Dr. Libby Abbas (1hr) Video: Buprenorphine nuts & bolts: the nitty gritty & most of what you need to know for primary care (.25hr) Read: Practice-Based Guidelines: Buprenorphine in the Age of Fentanyl (.25hr) Read: Resources & Smart Phrase Templates for OBOT/MAT (.25hr) Watch: Healing Trauma through Storytelling: Restoring Justice in Addiction Medicine (.25hr) Review: Buprenorphine Self-Start Instructions for Patients & Buprenorphine Emergency Department Quick Start Protocol (& other resources)	
Section 3: 3 Chs Mindfulness-Based Relapse Prevention		(1.25hr) Video: Mindfulness-Based Relapse Prevention (.5hr) Article: Relative Efficacy of Mindfulness-Based Relapse Prevention, Standard Relapse Prevention, and Treatment as Usual for Substance Use Disorders, Randomized Clinical Trial (.5hr) Article: Testing Mindfulness-Based Relapse Prevention with Medications for Opioid Use Disorder Among Adults in Outpatient Therapy: A Quasi-experimental Study (.25hr) Review: SAMHSA Screening and Assessment Instruments (.5hr) Practice Mindfulness Activities – Moonrise Video, Mindfulness Script, Hope in Work Video	
Section 4: 3 CEU Motivational Interviewing I		(1.5hr) Video Lecture: Motivational Interviewing I (.5hr) Review: Motivational Interviewing Tools (.5hr) Article: Behavioral intervention to reduce opioid overdose among high-risk persons with opioid use disorder: A pilot randomized controlled trial (.5hr) Article: Motivational Interviewing: An Evidence-Based Approach for Use in Medical Practice	
Section 5: 3 Chs Evidence-Based Approaches: Motivational Interviewing II, Cognitive Behavioral Therapy		(1.25hr) Video Lecture: CBT and Substance Abuse (1hr) Video Lecture: Motivational Interviewing II (.5hr) Article: Outcomes of Adding Cognitive Behavioral Therapy to Medication-Assisted Treatment for Opioid Use Disorder (.25hr) Manual: SCAN: The Disease of Addiction, Changing Addictive Thought Patterns (Mayo)	
Section 6: 2 Chs Medication Assisted Treatment		(1hr) Video Lecture: Harm Reduction and MAT (.5) Article: Medication Assisted Treatment: A Pocket Guide (.5) Read: Methadone 40 Years Later	

<u>Module Number</u>	<u>Dates</u>	<u>Learning Content Area</u>	<u>Module Topic</u>
Module 4: 8 Chs	February 10 – March 23	Telehealth for Rural and Underserved Communities	Mental health system, disparities, and evidence that telehealth improves outcomes in rural communities.
Section 1: 2 Chs Ethics and Telehealth for Rural and Underserved Communities		(1.5hr) Ethical Practice in a Virtual World: Ethics and Use of Technology in Healthcare Service Delivery .5hr Article: Defining and supporting high-quality telehealth for patients with opioid use disorder: The promise and potential pitfalls of telehealth expansion	
Section 2: 2.25 CHs Tele-Mental Health		(1hr) Video: Tele-Mental Health Best Practices Overview (1hr) Video: Bridging the Gap: Innovations in Tele-behavioral Health Access .25 Article: Technologies for Opioid Use Disorder Management: Mobile App Search and Scoping Review	
Section 3: 2.25 CHs Telehealth for Management of OUD Including MOUD: Practical Applications		.5hr Video Lecture: Utilizing Telehealth for the Management of Opioid Use Disorder .5hr Video: How to Set UP Your Telemedicine Practice (1hr) Video: What will 2025 Bring for Telehealth Policy? .25hr Review: Telehealth Visit Etiquette Checklist & MAKE THE MOST OF YOUR TELEMEDICINE VISIT: FOR PROVIDERS	
Section 4: 1.5 CHs Multicultural Considerations in Tele-Behavioral Health		.25 Review: Telehealth for behavioral health care (1hr) Video: Challenges and Solutions for the Provision of Tele-Behavioral Health for Spanish-Speaking Patients .25hr Read: Cultural and Practical Implications for Psychiatric Telehealth Services: A Response to COVID-19	

<u>Module Number</u>	<u>Dates</u>	<u>Learning Content Area</u>	<u>Module Topic</u>
Module 5: 9 CHs	March 24 – April 27	Systemic and familial approaches in behavioral health treatment	Mental health system, disparities, and family supports in SUD/OUD
Section 1: 3 Chs Systems Theory Basics		(.75hr) Video: Family Systems Basics (2hr) Video: You Can Go Home Again: A Genogram Journey Toward Transforming Life Narratives (.25hr) Article: Do not Carry the Load by Yourself: Advice for Families Affected by Non-Medical Opioid Use	
Section 2: 1.5 Chs Family Assessment		(.75hr) Video: Family Dynamics of Addiction (.5hr) Video: Examples of Family Assessments (.25) Article: The Impact of Substance Use Disorders on Families	
Section 3: 2.5 Chs Systemic and Familial Approaches in Behavioral Health Treatment: The Community Reinforcement Approach (CRAFT)		(.5hr) Video Lecture: CRAFT/ACRA (1hr) Video: Community Reinforcement Approach (1hr) Video & 3 Articles: Impact of Substance Use on Families	
Section 4: 2 Chs Systems Theory Basis		(1hr) Video: Integrative Behavioral Couple Therapy (IBCT), Andrew Christensen, PhD WNMT Series (1hr) Manual: Substance Use Disorder Treatment and Family Therapy – TIP - SAMSHA	

<u>Module Number</u>	<u>Dates</u>	<u>Learning Content Area</u>	<u>Module Topic</u>
Module 6 4 Chs	<u>April 28 – May 26</u>	<u>Trauma and Crisis: An Integrated Approach for Children and Youth</u>	<u>Adverse childhood experiences and neurodevelopment</u>
Section 1: 2 Chs Trauma-Informed Care and Children	(1hr) Video: Trauma Informed Care 101 (1hr) Article: Trauma-Informed Care (TIC) Interventions for Populations Experiencing Addiction and/or Homelessness: A Scoping Review of Outcomes		
Section 2: 2 Chs Adverse Childhood Experiences	(.25) Article: ACEs, Substance Use, and Neurodevelopment: Lecture (.25) Article: Preventing Adverse Childhood Experiences (ACEs) (.5) Article: Adolescent Opioid Misuse Attributable to Adverse Childhood Experiences (1hr) Video: Building Trauma-Informed Connections via Telehealth During COVID-19		