

VITERBO UNIVERSITY

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EIGHTY-SIXTH SPRING

# *Commencement*



*Saturday, May 10, 2025  
1 p.m.  
La Crosse Center*



# Prayer of St. Francis

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Lord, make me an instrument of Your peace.

Where there is hatred, let me sow love.

Where there is injury, pardon.

Where there is doubt, faith.

Where there is despair, hope.

Where there is darkness, light.

And where there is sadness, joy.

O Divine Master, grant that I may not so much seek

To be consoled as to console.

To be understood as to understand.

To be loved as to love.

For it is in giving that we receive.

It is in pardoning that we are pardoned.

And it is in dying that we are born to eternal life.

# Program

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## **PROCESSIONAL**

### **SAN DAMIANO CROSS BEARER**

Jacqueline Herbers, PhD  
Associate Professor, English and World Languages

### **MASTER OF CEREMONIES**

Tonya Wagner, EdD  
Vice President for Academic Affairs and Institutional Effectiveness

### **INVOCATION**

Sheryl Jacobson, MS  
Associate Professor, School of Nursing (retiring emeritus)

### **WELCOME**

Richard Trietley, EdD  
President  
John McHugh  
Chair, Board of Trustees

### **UNDERGRADUATE STUDENT ADDRESS**

David Ryckman '25

### **MUSICAL SELECTION**

*Canticle of the Sun* By Simon True  
Concert Choir  
James Wilson, DMA, director  
David Richardson, accompanist

### **GRADUATE STUDENT ADDRESS**

Mackenzie Wanta '25

### **CONGRATULATORY REMARKS**

Ann Boland '94, '10  
Board of Trustees

### **SPECIAL RECOGNITION**

Sheryl Jacobson, MS  
Dale Krageschmidt, PhD

### **PRESENTATION OF CANDIDATES FOR DIPLOMAS**

Rick Walters, MFA  
Executive Artistic Director, Conservatory for the Performing Arts  
Megan Smith, PhD  
Dean, College of Nursing and Health  
Tonya Wagner, EdD

## **AWARDING OF DIPLOMAS**

Richard Trietley, EdD  
John McHugh

## **HOODING OF GRADUATE CANDIDATES**

Kristy Holinka, PhD  
Assistant Professor, School of Education

Rick Kyte, PhD  
Director, D.B. Reinhart Institute for Ethics in Leadership  
Endowed Professor, Servant Leadership

Dale Krageschmidt, PhD  
Associate Professor, Business

Shannon McManimon, PhD  
Associate Professor, Ethical Leadership

Kelsey McLimans, PhD  
Assistant Professor, Program Director, Coordinated Master of Dietetics

Cameron Kiersch, DNP  
Assistant Professor, School of Nursing

Jessie Latten, PhD  
Assistant Professor, Counselor Education Programs

Michele Merten, DNP  
Assistant Professor, Graduate Nursing

Jessica Peterson, PhD, CRNA  
Adjunct Faculty, DNP Program

## **CONFERRING OF DEGREES**

Richard Trietley, EdD

## **PRAYER OF ST. FRANCIS**

Tonya Wagner, EdD

## **ALMA MATER**

## **BENEDICTION**

Fr. Conrad Targonski, OFM  
University Chaplain

## **RECESSIONAL**

*As a courtesy to the graduates, all guests are requested to remain in their seats during the ceremony and during the recessional until all graduates and faculty have left the auditorium.*

## Mission

The Viterbo University community prepares students for faithful service and ethical leadership.

## Identity

Founded by the Franciscan Sisters of Perpetual Adoration, Viterbo is a Catholic, Franciscan University in the liberal arts tradition.

## Commencement Committee

Emilio Alvarez  
Steve Bissen '14  
Michelle Byom  
Mary Ehle  
Toni Groshek  
Jennifer Hedrick-Erickson '95

Debra Kappmeyer '98  
Chad Kolbe  
Jessie Latten  
Dillon McArdle '06  
Meghan Mullin  
Andy Nauman

Carol Page  
Kori Salaski  
Barbara (Bobbi) Schamberger '90  
Sheila Severson '20, '23  
Grace Stoneman  
Eileen Wynos '24

## President's Cabinet

President  
Richard Trietley  
Vice President for Academic  
Affairs and Institutional  
Effectiveness  
Tonya Wagner  
Vice President for Advancement  
Bob Van Wicklin

Vice President for Diversity,  
Equity, and Inclusion  
Marlene De La Cruz-Guzmán  
Vice President for Finance and  
Administration  
Amy Schmidt  
Vice President for Human  
Resources and University Counsel  
Emily Weaver

Vice President for Marketing,  
Communications, and Enrollment  
Erin Edlund  
Vice President for Student Life  
and Dean of Students  
Kirsten Gabriel  
Chaplain  
Fr. Conrad Targonski, OFM

## Viterbo University Board of Trustees

Laquita Becker-Zarecki '13, '15  
Anthony Binsfeld  
Ann Boland '94, '10  
Georgia Christensen, FSPA '70  
Fr. David Couturier, OFM Cap.  
Andrew Dahl  
Helen Elsbernd, FSPA '65, '04, '22  
Clara Gelatt  
Kourtney Gibson  
Margaret Hammell '87  
Amanda Hoefling

Cynthia Hougum '88  
Theresa Keller, FSPA '79  
Jane Kirschling '80  
Gregory Lind '76  
Fr. Tom Lindner  
John Lyche  
John McHugh  
Paul Molling, DO  
Mike Nickel '06  
Fr. John Puodziunas, OFM

Mike Quillin  
Scott Rathgaber, MD '22  
Duane Ring Jr.  
Arbender Robinson '98  
Mark Schneider  
Mark Skogen '92  
Brian Soller '94  
Brad Sturm  
Col. Beth Sumner '95  
Rick Trietley  
Matt Watson

## Acknowledgments

Concert Choir  
James Wilson  
David Richardson  
Viterbo University Alumni Association  
Instructional and Information Technology  
Bookstore

Registrar's Office  
Marketing and Communications Office  
Student Ushers  
Faculty and Staff  
Signer Jodie Novak, NIC, MA

# Academic Regalia

## The University Seal



Using symbols and words, the university seal reveals the rich history of Viterbo based on mission and purpose. The original seal, which has twice been slightly modified, was created in the early 1960s by Imogene Thiele, FSPA, a member of the art department.

Designed according to the science of heraldry, the shield located in the center of the seal contains a wealth of information. Clockwise from upper right: the cross symbolizes Christian identity; the wavy lines portray the Black, La Crosse, and Mississippi Rivers, which join forces in La Crosse to provide Viterbo with its unique geographic location; the torch of learning symbolizes the chief function of the university; the rose honors St. Rose of Viterbo,

the patron saint of the Franciscan Sisters of Perpetual Adoration, the founders of Viterbo.

Beyond the shield, the word “knowledge” is retained from a very early Viterbo motto taken from the Bible: “Teach me goodness, discipline, and knowledge” (Ps. 118:66). Later “faith” and “service” were added to complete the virtues to be embodied in a liberal arts education.

The final elements contain basic information specific to Viterbo’s location, in La Crosse, where the mission of Viterbo University began in 1890. Two small tau crosses are to be found in the outermost ring, proclaiming the Franciscan heritage of Viterbo. The tau was the standard cross in the days of St. Francis, and it is formed by the Greek letter “T.”

With its rich symbolism, the university seal is a constant reminder of Viterbo’s past as well as a guide to the future for all who are here today.

## Honors

Honor medallions are worn by bachelor degree students who have achieved a cumulative grade point average of 3.50 or above and will have earned a minimum of 45 letter-graded credits at Viterbo University upon completion of all requirements.

Candidates for graduation wearing the cardinal stoles have completed the Viterbo University Honors Program. The military stoles are being worn by candidates for graduation signifying their service in the U.S. Armed Forces.

In addition, candidates for graduation may qualify to wear cords signifying contributions or achievements to a university organization or academic honor society. The organizations are represented by the following colors:

- Chi Sigma Iota Counseling Academic and Professional Honor Society (mental health counseling) — blue and white
- Delta Mu Delta (business) — purple and gold
- National Society of Leadership and Success — black and platinum
- Phi Alpha (social work) — blue and gold
- Pi Lambda Theta (education) — yellow
- Psi Chi, the International Honor Society in Psychology — platinum and dark blue
- Residence Hall Association — black, pink, and rose
- Sigma Theta Tau (nursing) — purple
- Student Government Association — cardinal and silver
- Tri-Beta (biology) — red and green
- Veterans of Armed Services — red, white, and blue

# Academic Regalia

## The San Damiano Cross

In lieu of the university mace, which is often the traditional symbol used by institutions of higher learning, the San Damiano Cross has come to represent Viterbo.

The San Damiano Cross is the sacred symbol before which Francis of Assisi prayed and heard God's commission to "rebuild the church." This icon was painted some time shortly after the first millennium, at a time when the authentic humanity of Jesus was becoming more appreciated in the faith life of the people. In the early centuries of the Christian communities, the divinity and royal priesthood of Jesus was emphasized. The San Damiano Cross pictures the luminous figure of the resurrected Christ radiating out from a dark and deathlike background. He presides over an all-inclusive cloud of witnesses: companions and friends, souls who have gone before

him, and heavenly spirits. All of these figures have the hand of God pictured over them in a blessing. The crucifix is a distinctive art piece used by those who practice a Franciscan spirituality.

The San Damiano Cross is a symbol of the Franciscan heritage and identity of Viterbo. It attempts to stress the promise by God of a future that will respond to human hope. It affirms the continuity between the exercise of human freedom in this world and the final state of things. It draws all into the reality of God's life. The San Damiano Cross offers a true and contemporary symbol for Franciscan higher education.



## Flags

The colored flags displayed on stage represent the academic disciplines offered by Viterbo University. The international flags also displayed on the stage today represent the home countries from which

candidates for graduation have come. The displaying of flags is intended to show Viterbo University's commitment and respect for a diverse community.

## History

The academic dress worn today for ceremonial occasions originated in the universities of the Middle Ages when classrooms were unheated and the academic gown and hood kept scholars warm. It became a distinctive symbol of academic pursuit, setting the academic apart from the non-academic, hence the phrase "gown versus town."

The gown was standardized in the U.S. in 1894 when the American Intercollegiate Commission determined that all robes would be black. The master's robe is distinguishable by long, closed sleeves; the doctor's gown by a facing of black velvet from the hem to the neck and back, with three velvet bands around each sleeve above the elbow.

The traditional hood, also black, displays significant colors. The lining represents the colors of the university granting the wearer's highest degree. The color of the hood facing signifies the individual's academic discipline or school of study.

Although there has been much innovation in gown and cap design in recent years, the standard colors representing the various academic disciplines have remained the same: white (arts and letters), purple (law), scarlet (theology), dark blue (philosophy), yellow (science), brown (fine arts), pink (music), copper (economics), lemon (library science), light brown (business), light blue (education), citron yellow (social work), white (mental health counseling), white (nutrition sciences), and apricot (nursing).



# Candidates for Graduation

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The following candidates have or will meet the requirements for their degrees at the end of the spring or summer term and have been recommended for graduation by the faculty.

## BACHELOR DEGREE CANDIDATES

### Bachelor of Arts

Allison Jean Geszvain^  
La Crosse, Wis.  
*Spanish*

Miranda Janaye Lee  
Prescott, Wis.  
*Religious Studies and Theology*  
*Minor in American Sign Language*

Richard Alejandro Palma  
Fountain City, Wis.  
*Spanish*  
*Minor in Interpreting Studies*

Gabriella Suzanne Ramsey  
Menomonee Falls, Wis.  
*Religious Studies and Theology*  
*Minor in Psychology*

Eleanor Ruth Sans Crainte  
La Crosse, Wis.  
*Spanish*

Amber Mae Stemper^  
Caledonia, Minn.  
*Religious Studies and Theology*  
*Minor in Servant Leadership*

Kaylee Rae Stevens^  
Oxford, Wis.  
*Social Work*  
*Minor in Family Studies*

### Bachelor of Arts in Education

Cheyenne Marie Sanders^  
La Crosse, Wis.  
*Art Education*  
*Minor in Cross-categorical Special Education*

### Bachelor of Business Administration

Kadin Charles Ahler  
Cashton, Wis.  
*Accounting*

Kristine Ann Alumbaugh  
West Salem, Wis.  
*Business Leadership*

Molly Ann Anderson  
Onalaska, Wis.  
*Business Leadership*

Ernesto Ascenzo Villaran^  
Lima, Peru  
*Business Administration*  
*Minor in Servant Leadership*

Brianne Marie Bahr  
La Crosse, Wis.  
*Business Leadership*

Austin James Calmes^  
Colgate, Wis.  
*Accounting and Business Administration*  
*Minor in Finance*

Jayziah Andrew Calo Rosario  
Carolina, Puerto Rico  
*Business Administration*

Tamiko N. Chafer  
La Crosse, Wis.  
*Business Leadership*

Daniel A. Cole^  
Sparta, Wis.  
*Health Care Management*

Ashley Marie Crary^  
Reedsburg, Wis.  
*Marketing*

Emily Ann Darling^  
Lansing, Iowa  
*Accounting*  
*Minor in Finance*

John Paul Drefcinski  
Platteville, Wis.  
*Business Administration*  
*Minor in Spanish*

Ella Brooke Driebel^  
Colgate, Wis.  
*Finance*

Madison Trisha Eberhardt  
Black River Falls, Wis.  
*Marketing*  
*Minor in Human Resources Management*

Jill Ewert  
Mauston, Wis.  
*Business Leadership*

Jennifer Anne Faron  
Necedah, Wis.  
*Business Leadership*

Alexandria Fleming^  
Byron, Minn.  
*Health Care Management*

Alina Marie Garstka^  
Newberg, Ore.  
*Sport Management and Leadership and Business Administration*  
*Minor in Human Resources Management*

Gracie Lamae Grandt^  
Galesville, Wis.  
*Accounting*

Dana Rae Hackelberg^  
Tomah, Wis.  
*Health Care Management*

Spencer Mitchell Hans  
Johnson Creek, Wis.  
*Marketing*

Alexis Marie Heinen  
Wisconsin Rapids, Wis.  
*Business Leadership*

Shawn Hulleman  
Cornell, Wis.  
*Health Care Management*

Andrew M. Jaquette  
La Crescent, Minn.  
*Health Care Management*

Tayah Rebecca Johnson  
Westby, Wis.  
*Accounting*

Macaulay Justin Jones  
Muskego, Wis.  
*Sport Management and Leadership*

Lydell King^  
Stockton, Calif.  
*Accounting*

Blythe J. Kingsbury^  
Mauston, Wis.  
*Accounting*

Laura Anne Koenig^  
Holmen, Wis.  
*Business Leadership*

*Continued on next page*

**Evan Allen Kujak**

Onalaska, Wis.

*Finance*

**Abigail H. Lange**

North Prairie, Wis.

*Business Leadership*

**Hannah Rose Larson^**

Onalaska, Wis.

*Marketing*

**Dominic James Lee LeBlanc^**

Yuba City, Calif.

*Sport Management and Leadership*

**Dominic Tayriq Marken**

Sioux Falls, S.D.

*Business Administration*

**Charles R. Martini**

Schiller Park, Ill.

*Business Administration*

**Jonathan I. Mason**

La Crosse, Wis.

*Business Leadership*

**Francis Michael McGuire**

Pleasant Prairie, Wis.

*Business Administration*

**Hunter Michael McKee**

Lansing, Iowa

*Business Administration*

**Amber Joy Metcalf**

La Crosse, Wis.

*Health Care Management*

**Claire Margaret Morgan**

Stoddard, Wis.

*Business Administration*

**Nicolas Nunez Osorio**

Armenia, Colombia

*Business Administration*

**Natasha A. Olerud^**

Chaseburg, Wis.

*Business Leadership*

**Jessica Eileen Olson^**

Black River Falls, Wis.

*Accounting*

**Jacob Forest Ouwenel**

Longmont, Colo.

*Business Administration*

**Joseph Daniel Rivera**

Arcadia, Wis.

*Marketing*

**Samuel David Rosenthal**

Beloit, Wis.

*Sport Management and Leadership*

**Jordan Schreier**

La Crosse, Wis.

*Accounting*

**Rebecca Ellen Elaine Shawley^**

Sparta, Wis.

*Accounting*

*Minor in Human Resources Management*

**Madelyn Marie Snitker^**

Spring Valley, Minn.

*Accounting*

**Gabriel W. Sterba**

La Crosse, Wis.

*Accounting*

**Kieran Elizabeth Vogt Sween^**

Grand Meadow, Minn.

*Business Administration*

**Katherine Ann Thoeny**

Buffalo City, Wis.

*Business Leadership*

**Jenna M. Thomas**

Arcadia, Wis.

*Business Leadership*

**Chloe Jorden Tlougan**

Plainview, Minn.

*Accounting*

**Kimberly Ann Wirl^**

Oshkosh, Wis.

*Health Care Management*

**Timothy James Wood**

Holmen, Wis.

*Business Leadership*

## **Bachelor of Fine Arts**

**Robert James Alston^**

Weston, Wis.

*Musical Theatre*

**Elizabeth Margene Anderson^**

Warrensburg, Mo.

*Musical Theatre*

*Minors in Dance and Arts Management*

**Jacob Noah Aune**

Zimmerman, Minn.

*Musical Theatre*

**Colin Michael Cada^**

Winona, Minn.

*Theatre*

*Minor in Dance*

**Clay Burton Corley^**

Lake Charles, La.

*Musical Theatre*

*Minor in Dance*

**Robert Spencer Curtis^**

Salt Lake City, Utah

*Musical Theatre*

*Minors in Dance and Arts Management*

**Savannah Helen DeShazo^**

Fort Worth, Texas

*Musical Theatre*

*Minor in Arts Management*

**Ryan Nicole Dettbarn^**

Eau Claire, Wis.

*Theatre*

*Minor in Dance*

**Shea Bella Grande^**

Chattanooga, Tenn.

*Musical Theatre*

*Minors in Dance and Arts Management*

**McKenzie Alohalani Greenwood^**

Liberty, Mo.

*Musical Theatre*

*Minor in English Literature*

**William George Handrick^**

Woodruff, Wis.

*Theatre*

**Reagan Paulina Kettner**

Weston, Wis.

*Musical Theatre*

*Minor in Dance*

**Sophie Liliane La Fave**

Minneapolis, Minn.

*Musical Theatre*

*Minor in Arts Management*

**Elisabeth Hope Meyer^**

New Berlin, Wis.

*Theatre*

*Minor in Dance*

**Bailey Kate Millimaki^**

Pleasant Prairie, Wis.

*Theatre*

*Minor in Dance*

**JaymeAnn Faith Olson^**

De Pere, Wis.

*Theatre*

*Minor in Dance*

**Cortney Marie Piepenburg\*^**

Chilton, Wis.

*Theatre*

*Minors in Arts Management and Marketing*

**Katelyn Renee Schafer^**

Chesterfield, Mich.

*Musical Theatre*

*Minor in Music*

**Jessica Renee Schneider^**

Des Plaines, Ill.

*Theatre*

**Joie Marie Steele**

Tuscaloosa, Ala.

*Musical Theatre*

*Minor in Dance*

**Zachary Thomas Sullivan^**

Excelsior, Minn.

*Musical Theatre*

*Minor in Dance*

**Halle Cate Utterback\*\***

Austin, Texas

*Musical Theatre*

*Minor in Dance*

**Megan Elise Wheelock^**

Waterloo, Iowa

*Musical Theatre*

*Minor in Dance*

**Adelaide Clara Rhys Young**

Kankakee, Ill.

*Musical Theatre*

*Minor in Dance*

**Charles John Zimmer**

Taylor Mill, Ky.

*Musical Theatre*

*Minor in Dance and Music*

## **Bachelor of Music**

**Tanner Dean Groshek^**

Holmen, Wis.

*Music*

**Lukas Bjorn Nederloe\*\***

Minneapolis, Minn.

*Music Performance*

**Sophia Rose Niblock**

Lee's Summit, Mo.

*Music Performance*

*Minor in Dance*

**Joshua Gerald Sobotta**

Alma, Wis.

*Music*

**Kieran Elizabeth Vogt Sween\*\***

Grand Meadow, Minn.

*Music Performance*

**Ellyn Anne Werner\*\***

Lake Mills, Wis.

*Music Education and Music Performance*

*Minor in Dance*

**Dylan Robert Woodman**

La Crosse, Wis.

*Music Performance*

## **Bachelor of Science**

**Gabriella Antonelli**

Black River Falls, Wis.

*Biology*

*Minor in Business Administration*

**Ernesto Ascenzo Villaran^**

Lima, Peru

*Computer Science*

**Annabeth Bartelt^**

Wausau, Wis.

*Psychology*

**Cale Evan Beckman^**

Winona, Minn.

*Psychology*

*Minor in Substance Abuse Counseling*

**Iyanuoluwa Eunice Bejide**

La Crosse, Wis.

*Social Work*

**Molly A Berzinski^**

Ettrick, Wis.

*Nutrition Science*

**Emily Marie Bohn**

Wisconsin Rapids, Wis.

*Psychology*

**Chance Adam Brandau**

Holmen, Wis.

*Social Work*

**Devin Michael Brown**

Green Bay, Wis.

*Biochemistry*

**Kyle Davison Burns^**

Kearney, Mo.

*Engineering*

**Miranda Jean Campbell^**

Trempealeau, Wis.

*Engineering*

**April Carroll**

La Crosse, Wis.

*Psychology*

*Minor in Philosophy*

**Daniela Paula Castillo**

Chula Vista, Calif.

*Social Work*

*Minor in Psychology*

**Samantha C. Clark**

Viroqua, Wis.

*Psychology*

*Minor in Criminal and Community Justice*

**Brooke Ann Clements^**

Kenosha, Wis.

*Biology*

**Gavin Scott Daniel**

Oconomowoc, Wis.

*Ethics, Culture, and Society*

*Minor in Psychology*

**Sabrina Rene Darden\***

Wrightstown, Wis.

*Biology*

**Ceri Anne Deacon^**

Wonder Lake, Ill.

*Psychology*

*Minors in Ethics and Family Studies*

**Madelyn Rose Dibble**

Randolph, Minn.

*Communication Disorders and Sciences*

**Kyleigh McKenna Doering^**

Spring Grove, Minn.

*Social Work*

**Allison Jean Geszvain^**

La Crosse, Wis.

*Biology*

*Minor in Environmental Science*

**Isadora Elise Grothaus**

DeForest, Wis.

*Nutrition Science*

*Minor in Chemistry*

**Morgan I Hagensick**

Seneca, Wis.

*Social Work*

*Minor in Psychology*

**William L. Haim**

Milwaukee, Wis.

*Social Studies Education*

**Katelyn Marie Hallock^**

Rochester, Minn.

*Nutrition Science*

**Elyse Anne Hartman^**

Wisconsin Rapids, Wis.

*Psychology*

*Minor in Dance*

**Britney Michelle Headrick**

Cashton, Wis.

*Ethics, Culture, and Society*

*Minor in Business Administration*

**Isabel Marie Henry**

Rockton Ill.

*Ethics, Culture, and Society*

*Minor in Criminal and Community Justice*

**Clarissa Marie Henschel**

Kiel, Wis.

*Psychology*

*Continued on next page*

**Madison Lynn Hugdahl**  
Osseo, Wis.  
*Psychology*  
*Minor in Criminal and Community Justice*

**Emma Ruth Ilecki\*^**  
Milwaukee, Wis.  
*Nutrition Science*

**Bennett Travis Janni**  
New Ulm, Minn.  
*Criminal and Community Justice*  
*Minors in Psychology and Human Resources Management*

**Megan Andee Jardine^**  
West Valley City, Utah  
*Criminal and Community Justice*  
*Minor in Political Science*

**Emma Nicole Johnson**  
Byron, Minn.  
*Psychology*  
*Minors in Substance Abuse and Sociology*

**Hailey M. Johnson**  
Wilton, Wis.  
*Social Work*  
*Minors in Family Studies and Criminal and Community Justice*

**Nicole Renee Johnson**  
Mineral Point, Wis.  
*Ethics, Culture, and Society*  
*Minor in Servant Leadership*

**Jaime Jacqueline Kelly**  
Eau Claire, Wis.  
*Biology*

**Heidi Raye Kloostra\*^**  
Ravenna, Mich.  
*Ethics, Culture, and Society*  
*Minors in Ethics, Political Science, and Philosophy*

**Bryant Joshua Koenig^**  
International Falls, Minn.  
*Engineering and Applied Mathematics and Analytics*

**Holden W. Koza**  
Byron, Minn.  
*Communication Disorders and Sciences*

**Olivia Paige Lambrigtsen**  
Mount Morris, Ill.  
*Psychology*

**Logan Richard Ernest Langhammer**  
Germantown, Wis.  
*Applied Mathematics and Analytics*  
*Minor in Philosophy*

**Benjamin Alexander Lisak**  
Hazelhurst, Wis.  
*Biology*  
*Minor in Environmental Science*

**Joseph William Ludovice^**  
Viroqua, Wis.  
*Social Work*

**Aryn Grace Marble**  
Mendota Heights, Minn.  
*Psychology*  
*Minor in Art*

**Kenidi M. McCabe^**  
Decorah, Iowa  
*Communication Disorders and Sciences*

**Riley Thomas McElfresh**  
Cable, Wis.  
*Social Work*

**Martina M. McGrath**  
Richfield, Wis.  
*Business Education*  
*Minor in Marketing*

**Trace B. Miller**  
Onalaska, Wis.  
*Psychology*

**Joseph P. Nelan**  
Peoria, Ill.  
*Ethics, Culture, and Society*  
*Minor in Servant Leadership*

**Tyler Abhijat Pochanayon^**  
Onalaska, Wis.  
*Engineering*

**Anthony Daniel Pope^**  
Lombard, Ill.  
*Biology*

**Nathaniel Hill Powell III**  
La Crosse, Wis.  
*Ethics, Culture, and Society*  
*Minors in Legal Studies and Business Administration*

**Anthony Reza**  
Whittier, Calif.  
*Criminal and Community Justice*  
*Minors in Psychology and Servant Leadership*

**Sarah Esther Rodriguez^**  
Onalaska, Wis.  
*Computer Science*

**Gabriel Ignatius Rombalski\***  
Strum, Wis.  
*Applied Mathematics and Analytics*

**David Alan Ryckman**  
Hurricane, Utah  
*Social Studies Education*  
*Minor in Criminal and Community Justice and History*

**Holly Megan Santucci**  
Elmhurst, Ill.  
*Social Work*  
*Minor in Family Studies*

**Brandon Lee Schoonover^**  
Urbana, Ill.  
*Psychology*  
*Minor in Substance Abuse Counseling*

**Spencer Lee Seitz^**  
La Crosse, Wis.  
*Social Work*  
*Minor in Substance Abuse Counseling*

**Gina Nicole Stefferud**  
Champlin, Minn.  
*Psychology*

**Macy McKenna Stellner**  
Coon Valley, Wis.  
*Biology*  
*Minor in Business Administration*

**Rebecca Jean Strittmater**  
La Crosse, Wis.  
*Psychology*  
*Minor in Substance Abuse Counseling*

**Brett J. Stuessel**  
Sparta, Wis.  
*Psychology*  
*Minor in Sport Science*

**Isabel Mara Teresa Torcivia**  
Fredonia, Wis.  
*Biochemistry*

**Carson Riley Trumpold**  
Monument, Colo.  
*Psychology*  
*Minors in Criminal and Community Justice and Sociology*

**Catherine Jean Tully^**  
Burlington, Wis.  
*Communication Disorders and Sciences*

**Lauren Anastasia Wedig**  
Rockton, Ill.  
*Psychology*  
*Minor in Family Studies*

**Olivia Susan Wingo**  
Minocqua, Wis.  
*Psychology*  
*Minor in Criminal and Community Justice*

Yee Xiong  
La Crosse, Wis.  
*Social Work*

## **Bachelor of Science in Education**

Jordyn Nicole Andre  
Galesville, Wis.  
*Elementary Education*  
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### Master of Science in Community Medical Dietetics

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*A Meta-Analysis of Metformin  
Monotherapy Versus Metformin-Inositol  
Combination Therapy in the Treatment  
of Polycystic Ovary Syndrome (PCOS)*

Josilyn D. Cordes  
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*The Impact of Dietary Habits on Injury  
Rates in High School Athletes*

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*The Efficacy of Glucagon-Like Peptide-1  
Receptor Agonist on Body Weight when  
Paired with Nutrition Intervention  
Among Adults with Obesity and T2DM:  
Meta-analysis of Randomized Control  
Trials*

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*Curcumin as an Ergogenic Aid in Exercise  
Recovery: A Meta-Analysis of Its Impact  
on Delayed-Onset Muscle Soreness,  
Muscle Strength, and Inflammatory  
Markers*

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*Relationship of Vitamin D and Sleep  
Quality to Body Composition in Division  
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*The Relationship Between Omega-3  
and Phytonutrient Intake and Pain and  
Inflammation in Women with Physician-  
Diagnosed Endometriosis*

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*How Fiber Impacts Biomarkers in  
Individuals with Metabolic Dysfunction  
Associated Steatotic Liver Disease: A  
Meta-Analysis*

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**Bailey Ann Taylor**  
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*The Impact of Calorie Restriction,  
Isoflavone and Cocoa Dietary  
Interventions on Cardiometabolic  
Factors, Menopausal Symptoms,  
and Stress Factors in Peri and  
Post-Menopausal Women – A Blind  
Randomized Control Trial*

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*Safe and Effective Ashwagandha  
Supplementation for Enhanced Exercise  
Performance: A Systematic Review and  
Meta-Analysis*

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*Does the Implementation of Telehealth  
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12 Months?*

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*Implementation of Nurse-Led Reading  
Groups for Early-Stage Dementia  
Patients: An Innovative Approach to  
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*Increasing Mental Health Screening and  
Referrals for Individuals with Spinal  
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*Pressure-Relieving Air-Assisted  
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*The Effects of Exercise on the Stress and  
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*Exploring the Use of Family-Based  
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*Effect of Hydrotherapy Utilization  
During Labor on Pain and  
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*Effect of Hydrotherapy Utilization  
During Labor on Pain and  
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*Intensive Care Unit Delirium Prevention:  
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Using Standardized Protocol for Early  
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*Group-Based Diabetes Self-Management  
Education (DSME) vs. Individual DSME:  
A Comparison Study in Federally  
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## **Master of Science in School Counseling**

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*The Teachers' Perception of the Role of the School Counselor*

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*Dependent Personality Disorder in Couples Therapy: Exploring How Practitioners Navigate within the Context of Couples Therapy*

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*The Effects of One High School's Focus on Belonging for Students and Staff*

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*Ultrasound-Guided Intravenous Insertion: A Boon for Outpatient Infusion?*

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*Engaging Young Adult College Students in Preventative Health Literacy Through Gamification: A Pilot Study*

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*Evaluation of Dexmedetomidine use in Peripheral Nerve Blocks Through a Digital Tracking Tool*

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*Engaging Young Adult College Students in Preventative Health Literacy Through Gamification: A Pilot Study*

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*Quantitative Train of Four Monitoring: Change Initiative and Retrospective Study*

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*Program Evaluation of MOVIN' in a Rural Midwestern Hospital Setting*

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*Evaluation of Midazolam as a Premedication for General Anesthesia: A Retrospective Study*

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*Suicidal Ideation in the Emergency  
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*Impact and Satisfaction of a  
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*Evaluating the Effects of  
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*The Impact of Dr. Browns Infant  
Driven Feeding™ Program On Nurses'  
Knowledge and Confidence*

## Viterbo Alma Mater

Words and music by Joyce Grill

Vi - ter - bo, dear old Al - ma Ma - ter, we sing our praise to you, Vi -  
Vi - ter - bo, dear old Al - ma Ma - ter, your light shows us the way, The

ter - bo, dear old Al - ma Ma - ter, thru the years we will be true. With  
torch, the rose, the cross still help to guide us ev - 'ry day. With

grate - ful thanks we will re - call the warmth, the joy that graced your halls, Vi -  
grate - ful thanks we will re - call the warmth, the joy that graced your halls, Vi -

ter - bo, dear old Al - ma Ma - ter, we sing our praise to you.  
ter - bo, dear old Al - ma Ma - ter, your light shows us the way.

^ Denotes GPA Honors

\* Denotes Honors Program completed

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