

NOVEMBER 2024

San Damiano Chapel

NEWSLETTER

From the Heart of Viterbo
November 2024

REMEMBERING IN NOVEMBER “TO GIVE THANKS IS TO REMEMBER”

Times and cultures change. All Saints “remembering” used to be celebrated in May when it commemorated only the martyrs. But so many people came to Rome in those early centuries that there wasn’t enough food because crops had just been planted. It made more sense to move the celebration to a harvest season because it now included ALL the Saints since Christianity was past the age of the Roman persecutions. November 1 became the first celebration of the month to give thanks and remember all those heroic witnesses to the faith: the martyrs, the monks, priests, sisters, married people and single – and that evening – a Vespers service was held to remember ALL those who have been baptized and are now in God’s loving embrace and who long to follow the Saints’ example.

November 2 became known as All Souls Day and Christians would (and many still do) venture out to the cemeteries, light candles and pray for their deceased families and friends. The Christian family always honored this tradition with the celebration of Eucharist and in some cultures, it is followed by a noble feasting, such as Mexico’s “the Day of the Dead”.

Chapel Schedule and Mass Opportunities:

Sunday Mass:

11:00 am
6:00 pm
(San Damiano Chapel)

Monday:

Daily Mass at 11am
(St. Rose Convent)
5:30 PM Sacrament of Reconciliation
(San Damiano Chapel)

Tuesday:

Daily Mass at 11
(St. Rose Convent)

Wednesday

Daily Mass at 11am
(St. Rose Convent)
November 6 - 8:30 pm Mass
November 20 - 8:30 pm Mass

Thursday:

Daily Mass at 11am
(St. Rose Convent)
Thanksgiving Day - 10 am

Friday:

Daily Mass at 11am
(St. Rose Convent)

Sacrament of Reconciliation
available by appointment -
contact Fr. Conrad or Fr. Michael



VITERBO
UNIVERSITY

Contact Information:

Fr. Conrad Targonski, OFM

University Chaplain
STBC 3 - 608.796.3804
catargonski@viterbo.edu

Fr. Michael Weldon, OFM

Assistant University Chaplain
608.796.3212
cmweldon@viterbo.edu

Emilio Alvarez

Director, Campus Ministry
STBC 2 - 608.796.3805
ebalvarez@viterbo.edu

Polly Pappadopoulos

Assistant Director of Liturgical
Worship, Ministries, and Chapel
Programs - STBC 4
608.386.8768
pnpappadopoulos@viterbo.edu

Kyle Trietley

Graduate Assistant
STBC 6 - 608.796.3213
kjetrietley@viterbo.edu

**STBC - Sister Thea Bowman
Center**



The autumn days of November, with the falling leaves and early darkness, are reminders that life keeps changing and time moves more and more to meet eternity. November 11 remembers the “armistice” ending World War 1 and all those gallant warriors, from then until now, who have given their lives for their country. All gave some and some gave all.

Thanksgiving falls in line with remembering God’s goodness and we carry our remembrance to the table in memory of those who no longer sit at our earthly table but now await us to join them in banquet of heaven. And in prayerful gratefulness for all of God’s gifts, we remember those in need so that our family may together come thankful and grateful before the throne of God who hears the cry of the poor.

Some say the Resurrection defied the darkness of death and gives us cause to rejoice in Christian worship where death and life commune in harmony.... by which autumn becomes nature’s preparation for spring. It sounds like a symphony.

Have a thankful, remembering November.

Peace and good!

Fr Conrad

The Seasoned Franciscan

The Sisters and their partners in mission – including affiliates, prayer partners and staff – share recipes hoping to provide you with new ways of looking at the food around you. being mindful of the food we eat is integral to making lasting change throughout the world. They focus the recipes on five themes: eating seriously, exploring our heritages, pursuing meatless meals, foraging or using food scraps and embracing indigenous and ethnic foods. New recipes are shared on a regular basis.

Check out their website: ecopact@fspa.org

Thanksgiving Day Mass

November 28

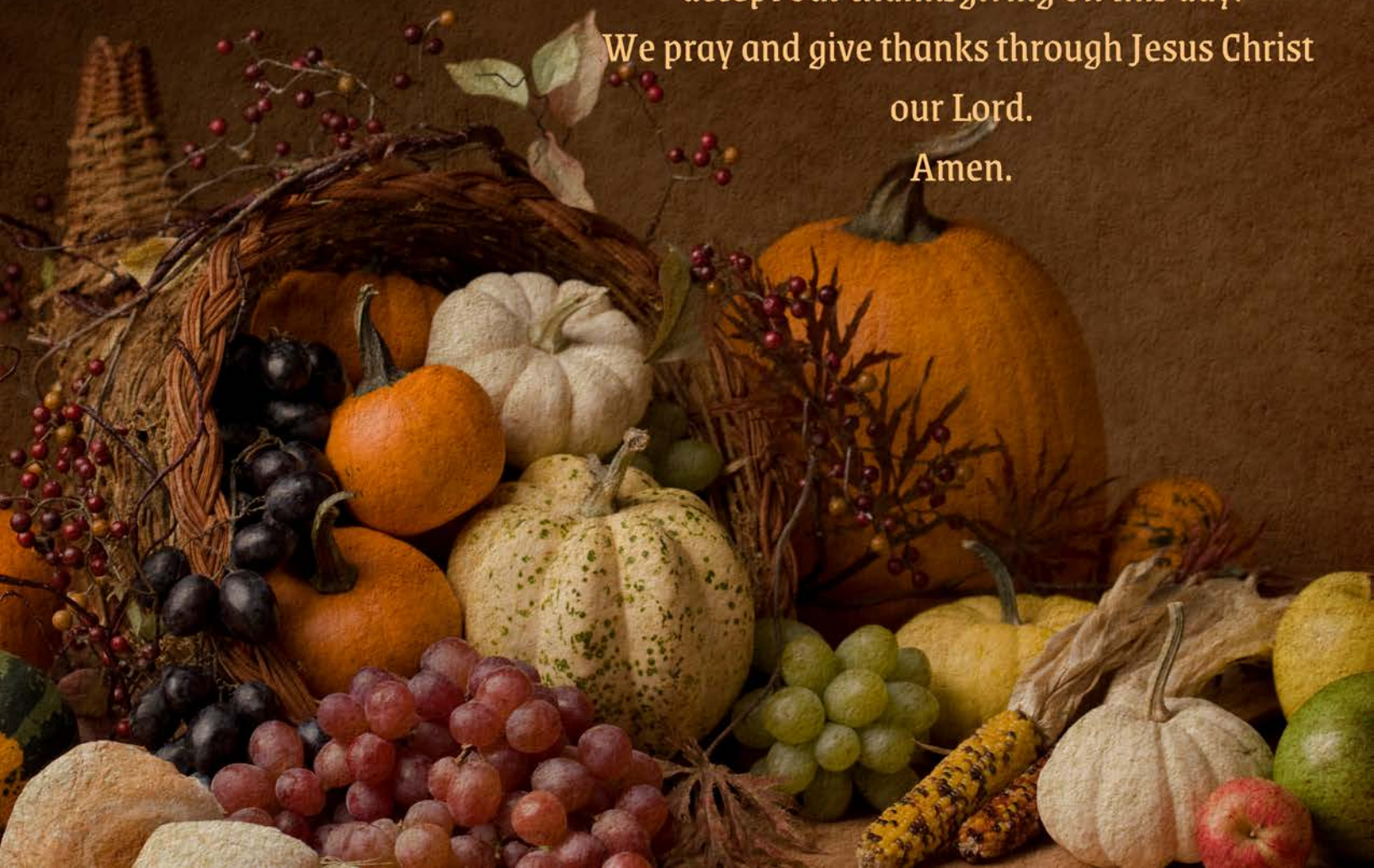
10:00 am

Lord, we thank you
for the goodness of our people
and for the spirit of justice
that fills this nation.

We thank you for the beauty and fullness of
the land and the challenge of the cities.
We thank you for our work and our rest,
for one another, and for our homes.

We thank you, Lord:
accept our thanksgiving on this day.

We pray and give thanks through Jesus Christ
our Lord.
Amen.





Karuna Inc. Gala

We are thrilled to announce our first annual Home for the Holidays Gala supporting Karuna House this December. Karuna Inc. has been diligently working to address the urgent issue of inadequate housing, providing a safe and stable environment for individuals experiencing homelessness.

Save the date for Saturday, December 7th, at the La Crosse Country Club. Join us for a special evening featuring dinner, music, auctions, and more.

Visit [Add a subheading](#) to purchase tickets, sponsor, or donate.

Or contact Kristine Hall at krishall3@outlook.com or 612-803-3684.

A close-up, slightly blurred image of the American flag, showing the stars and stripes, positioned on the left side of the poster.

Veterans Day Program

Monday, November 11

11:11 am

San Damiano Chapel

Featured Speaker -

Brian Knutson, Lieutenant Colonel

A collection of red, white, and blue stars of various sizes scattered across the top of the page.

A Prayer for Veterans Day

Lord God, Almighty Father, creator of mankind and author of peace, as we are ever mindful of the cost paid for the liberty we possess, we ask you to bless the members of our armed forces. Give them courage, hope and strength. May they ever experience your firm support, gentle love and compassionate healing. Be their power and protector, leading them from darkness to light. To you be all glory, honor and praise, now and forever.

Amen.



“November Daze”

Michael Weldon, ofm

Fall in the Midwest is quite a ride. I've been looking for the season for about sixty years. We Weldons moved from south central Iowa in 1963 to the southwest desert of Phoenix. I remember the first Christmas. It just didn't fit. And fifty years later, I'm still hungry for seasons. And finally returned to them.

The move back to the upper Midwest took me to an area on the river I'd never known before. This place where three states come together, a river flows through it and Fall colors it in a way that has eternity shining thorough.

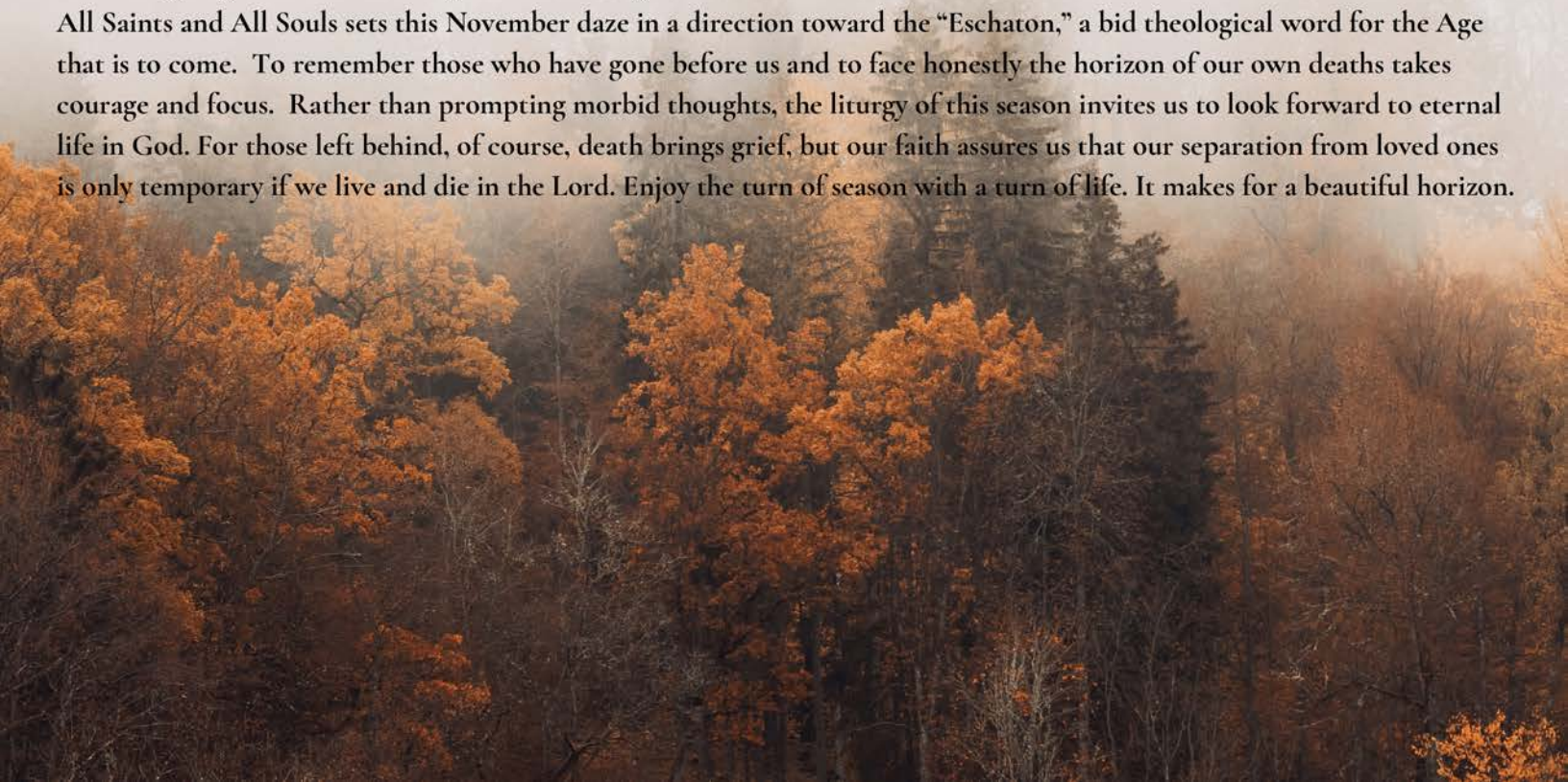
Forward-thinking Wisconsinites I'm told can tell you when will fall colors peak in their part of the state? Estimates of fall color peak continue to be based on the historical record. But remember the disclaimer: past performance does not necessarily indicate future results.

For example, a strong cold front leading to below-average temperatures could have an effect, said National Weather Service meteorologists say cooler temperatures hasten arrival of fall foliage. By Oct. 17, many northern Wisconsin locations were reporting peak fall color conditions. We Catholic Christians near the end of the liturgical year and the Scriptures point our thoughts toward ultimate things. In the northern hemisphere, nature itself prompts us to reflect on the end of life and questions about the afterlife. Our usual tendency is to focus only on the immediate future and our immediate goals. The fall colors take us to the horizon of life.

Wisconsin's peak autumn season fits well with this month's focus on death, which is the reality that relativizes everything else in our lives. Many things that seemed so important fade into insignificance as death's colors approaches. But this year it also fades into a national election.

A friend of mine made a very interesting comment about a politician for the coming election. “YOU KNOW, HE DOESN'T HAVE HIS DUCKS IN A ROW.” It means there are some empty spaces in the brain when he tries to talk about certain issues. Against the foliage and weather changes, voting has never meant more. The more who do, the closer we get to the common good of this nation. The colorful shape behind our national life, structures and leadership. There is a sacred sense to voting. I skip the polls. I think a lot are this election season. Posters usually call at dinner time. My phone is guaranteed to be off. Anyway, it's nobody's business where I decide to put my vote. My hope is that it will make a difference. My hope is that we will choose a servant leadership candidate. One that will encourage transformation to common cause and common good. The transformation hopefully is to “the angels of his, (sic our) better nature,” as Abraham Lincoln once said. We are all struggling to get our ducks organized and rowed. But in the meantime, everyone has something to give. And something worth listening to.

All Saints and All Souls sets this November daze in a direction toward the “Eschaton,” a bid theological word for the Age that is to come. To remember those who have gone before us and to face honestly the horizon of our own deaths takes courage and focus. Rather than prompting morbid thoughts, the liturgy of this season invites us to look forward to eternal life in God. For those left behind, of course, death brings grief, but our faith assures us that our separation from loved ones is only temporary if we live and die in the Lord. Enjoy the turn of season with a turn of life. It makes for a beautiful horizon.





Thanksgiving. Our Unique Holiday

You have probably heard the story of the first Thanksgiving day many times. You most probably have heard the story of how that celebration became one of our most beloved national family days.

Lets look at the celebration of Thanksgiving in a different way by putting the word 'giving' before the word Thanks.

Many times I say "Thank you" as a habit. I don't even know what I am saying thank you for, nor does the person hearing me understand what the phrase means. If we put the emphasis on the gift which giving implies we can think of many ways in which we can give gifts which will improve the day for anyone I meet. Giving someone a compliment, or greeting someone with a smile or a wave even if I don't know them are just a few ways which can put a smile on that person's face and brighten their day.

Maybe my smile was the only one that person has seen since the got up this morning. This mindset will insure a brighter day for those whom I meet and will help us be true Thanks—givers. Happy Thanks—giving Day!

Sister Malinda Gerke, FSPA

Soul Cakes

**Soul, Soul, a soul cake!
I pray thee, good missus, a soul cake!
One for Peter, two for Paul,
three for Him what made us all!
Soul Cake, soul cake, please good missus,
a soul cake.
An apple, a pear, a plum, or a cherry,
any good thing to make us all merry.
One for Peter, two for Paul,
& three for Him who made us all.**

INGREDIENTS:

- 1 cake yeast
- 1/4 cup lukewarm water
- 1/2 cup sugar
- 1/2 cup butter
- 2 cups scalded milk
- 6 cups flour
- 2 teaspoons salt
- 2 teaspoons cinnamon
- 1 beaten egg
- Powdered Sugar (to Sprinkle)

DIRECTIONS

Dissolve yeast in water with one tablespoon sugar. Cover and allow to rise until light. Cream butter and remaining sugar. Add scalded milk. When mixture is lukewarm, add yeast and sifted dry ingredients. Knead into a soft dough. Let rise until double in bulk. Shape into small round or oval buns. Brush tops with egg. Bake on greased cookie sheets in a hot oven (400°) for 15 minutes. Turn oven down to 350° and bake the cakes until golden brown. Sprinkle with powdered sugar.



PRAIRIE SMOKE

THIS YEAR MARKS THE 20TH YEAR FOR THE BENEFIT CONCERT FOR "A PLACE OF GRACE".

**THE CONCERT FEATURES PRAIRIE SMOKE, FR. CONRAD AND POLLY PAPPADOPOULOS
WITH INTRODUCTION BY TOM THIBODEAU. THE ANNUAL CONCERT WILL BE HELD AT THE
SAN DAMIANO CHAPEL ON SUNDAY NOVEMBER 24TH, 2PM.**

**A PLACE OF GRACE IS A CATHOLIC WORKER HOUSE LOCATED AT 919 HOOD ST. IN LA
CROSSE FOUNDED ON THE PRINCIPLES OF DOROTHY DAY.**

**WHILE THE MEALS SERVED AND THE FOOD PANTRY ARE A MAJOR PART OF THE MISSION,
SO IS THE HOSPITALITY TO THE GUESTS WHO COME TO THE HOUSE.**

**THERE IS NO CHARGE BUT NON PERISHABLES AND MONETARY CONTRIBUTIONS
WILL BE GLADLY ACCEPTED.**

Children's Corner

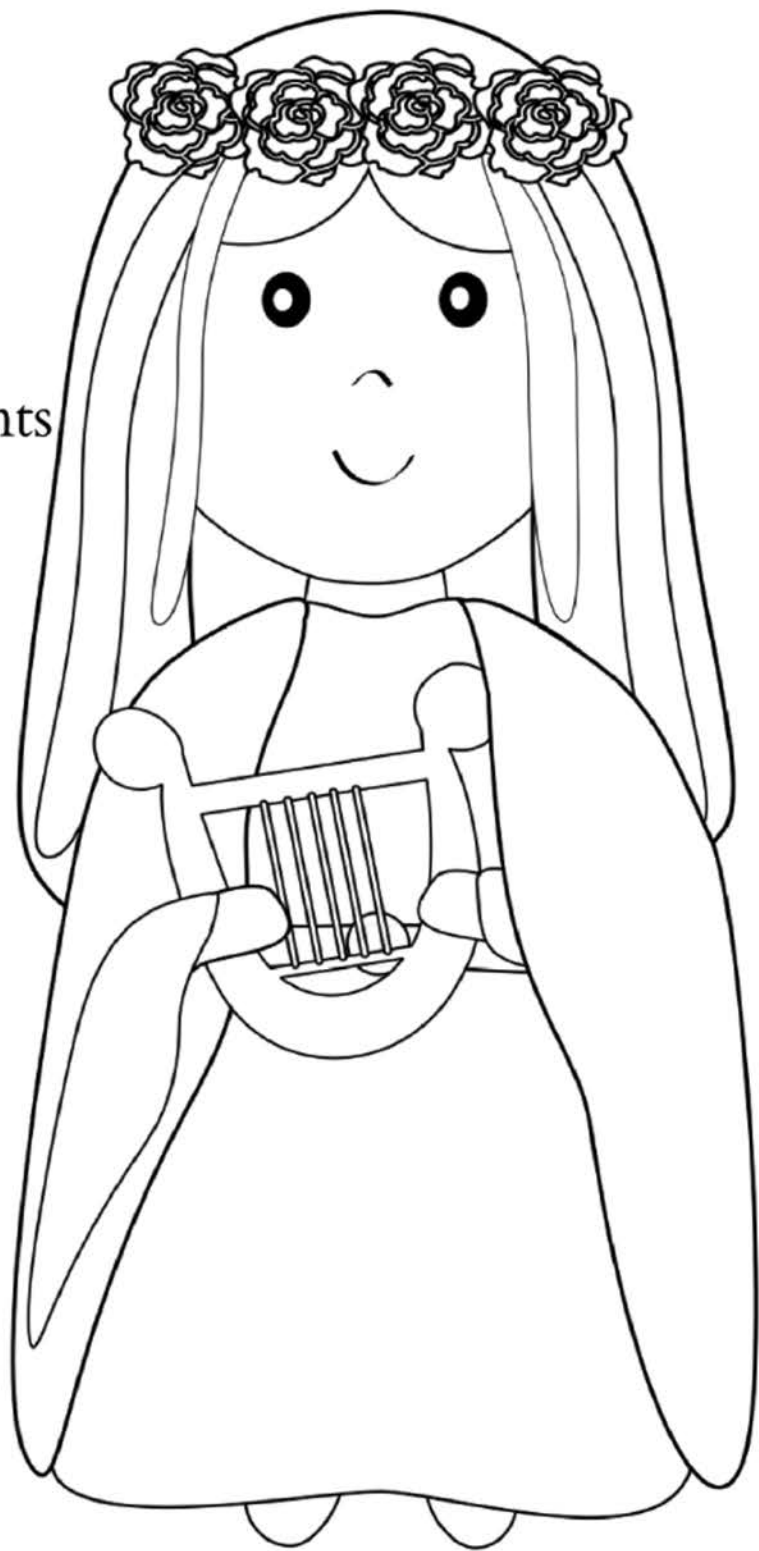
SAINT CECILIA

Who was St. Cecilia?

Cecilia was born during the second century to a wealthy family. Despite being Christian, her parents had her marry a pagan. Cecilia converted her husband, and they were both arrested for refusing to worship false gods. Cecilia was praising God when she was martyred.

Feast Day: November 22

Patron Saint: musicians, poets, hymns



2nd annual Children's Choir for Christmas Mass

**Children from the chapel
are invited to sing
a song together for our
Christmas Day Mass at 11am.
We will rehearse after Mass on
December 15 and 22.
We'd love to welcome all ages!**

**San Damiano Community Members
are invited to join the
St. Francis Choir in Singing for our
Midnight and Christmas Day
Masses.**

**If your family is interested,
please email Polly at
PNPappadopoulos@viterbo.edu!**





Campus Ministry

Help Transform Lives: Support Students Attending SEEK 2025!

Imagine the impact of gathering with thousands of young people, each seeking to grow in faith, encounter true community, and deepen their purpose in life. This January, students from our campus have the incredible opportunity to join the SEEK 2025 Conference, hosted by the Fellowship of Catholic University Students in Salt Lake City. This experience could be life-changing, empowering them to connect more deeply with their faith, discover the light of Christ, and return as leaders ready to inspire others.



What SEEK Offers

SEEK 2025 isn't just another event—it's a transformative experience where students will join renowned speakers, engage in meaningful worship, and form bonds with peers and mentors. It's a place where hearts are set aflame with purpose, where they encounter the beauty and joy of faith, and where they're encouraged to take what they've learned and share it with the world.

Your Impact

Campus Ministry is offering students scholarships for registration and we are attempting to cover the cost of transportation. We invite you, the San Damiano Community, to join in our mission of providing them a pathway to experience the life changing event. By supporting these students, you're helping foster a ripple effect. Each student who attends SEEK becomes part of a movement, equipped to encourage others, lead Bible studies, bring positivity to campus, and live a life dedicated to virtue and service. With your help, they'll return with the tools and inspiration to bring light to their peers and our community.

Please pray for our students attending SEEK 2025. If you would like to support our students, please reach out to me (Emilio). Your support of in the future of faith-filled, compassionate leaders who will go forth to make a difference.



VITERBO UNIVERSITY

KUNKEL LECTURE

PRESENTED BY VITERBO CAMPUS MINISTRY

LED BY THE SPIRIT: BLACK CATHOLIC SPIRITUALITY AND SAINTHOOD



(COURTESY OF THE NATIONAL BLACK CATHOLIC CONGRESS)

BLACK CATHOLIC HISTORY MONTH LECTURE

WEDNESDAY, NOVEMBER 13, 2024

7:00 – 8:15 P.M.

SAN DAMIANO CHAPEL

Featuring Dr. C. Vanessa White, OFS, D.Min

C. Vanessa White is Associate Professor of Spirituality and Ministry at Catholic Theological Union in Chicago and Director of the Certificate in Black Theology and Ministry. She holds a dual appointment as Associate Director of the Th.M. Program (Master of Theology) at Xavier University's Summer Institute for Black Catholic Studies. She has a Master of Theological Studies with emphasis in Mission and Cross-Cultural Studies (1991), and a Doctor of Ministry with a concentration in Spirituality (2005) from Catholic Theological Union. She pursued further post-graduate studies at Loyola University Chicago and Xavier University of Louisiana.

A professed member of the Secular Franciscan Order, she also holds memberships in the Catholic Theological Society of America (CTSA), the American Academy of Religion (AAR), the Society for the Study of Christian Spirituality and the Black Catholic Theological Symposium (BCTS). She is also a member of the National Black Storytellers Association as well as the National Association of Storytellers. She was appointed delegate for the Intercontinental Stage of the Synodal Process where she continues to remain active in promoting synodality.



THE NOVEMBER ROMAN CATHOLIC CALENDAR FOR THE UNITED STATES

- **NOVEMBER 1: SOLEMNITY OF ALL SAINTS, A HOLY DAY OF OBLIGATION WHEN CATHOLICS ATTEND MASS TO HONOR ALL SAINTS**
- **NOVEMBER 2: ALL SOULS**
- **NOVEMBER 3: THIRTY-FIRST SUNDAY IN ORDINARY TIME AND ST. MARTIN DE PORRES**
- **NOVEMBER 4: ST. CHARLES BORROMEO**
- **NOVEMBER 5: TUESDAY OF THE THIRTY-FIRST SUNDAY IN ORDINARY TIME**
- **NOVEMBER 6: WEDNESDAY OF THE THIRTY-FIRST SUNDAY IN ORDINARY TIME**
- **NOVEMBER 7: THURSDAY OF THE THIRTY-FIRST SUNDAY IN ORDINARY TIME**
- **NOVEMBER 8: FRIDAY OF THE THIRTY-FIRST SUNDAY IN ORDINARY TIME**
- **NOVEMBER 9: DEDICATION OF THE LATERAN BASILICA**
- **NOVEMBER 10: THIRTY-SECOND SUNDAY IN ORDINARY TIME**
- **NOVEMBER 11: ST. MARTIN OF TOURS**
- **NOVEMBER 12: ST. JOSAPHAT**
- **NOVEMBER 13: ST. FRANCES XAVIER CABRINI**
- **NOVEMBER 14: THURSDAY OF THE THIRTY-SECOND SUNDAY IN ORDINARY TIME**
- **NOVEMBER 15: ST. ALBERT THE GREAT**
- **NOVEMBER 16: ST. MARGARET OF SCOTLAND AND GERTRUDE**
- **NOVEMBER 17: THIRTY-THIRD SUNDAY IN ORDINARY TIME**
- **NOVEMBER 18: BASILICAS OF PETER AND PAUL / ST. ROSE PHILIPPINE DUCHESNE**
- **NOVEMBER 19: TUESDAY OF THE THIRTY-THIRD SUNDAY IN ORDINARY TIME**
- **NOVEMBER 20: WEDNESDAY OF THE THIRTY-THIRD SUNDAY IN ORDINARY TIME**
- **NOVEMBER 21: PRESENTATION OF THE BLESSED VIRGIN MARY**
- **NOVEMBER 22: ST. CECILIA**
- **NOVEMBER 23: CLEMENT I, COLUMBAN, AND BL. MIGUEL AGUSTÍN PRO**
- **NOVEMBER 24: SOLEMNITY OF OUR LORD JESUS CHRIST, KING OF THE UNIVERSE**
- **NOVEMBER 25: ST. CATHERINE OF ALEXANDRIA**
- **NOVEMBER 26: TUESDAY OF THE THIRTY-FOURTH SUNDAY IN ORDINARY TIME**
- **NOVEMBER 27: WEDNESDAY OF THE THIRTY-FOURTH SUNDAY IN ORDINARY TIME**
- **NOVEMBER 28: THANKSGIVING**
- **NOVEMBER 29: FRIDAY OF THE THIRTY-FOURTH SUNDAY IN ORDINARY TIME**
- **NOVEMBER 30: ANDREW, APOSTLE**

WINTER WARMING DRIVE

TO SUPPORT CATHOLIC CHARITIES WARMING CENTER

**We are asking that you clean out your closets
and look for these items:**

Sweatpants

Gloves

Hoodies

Coats

Boots

New Items:

Handwarmers

Mens Long Underwear (L and XL)

Kwik Trip Gift Cards

**Collection Boxes located in the Sr. Thea Bowman Center
and San Damiano Chapel.**

DONATION

Prayer to St. Cecilia



O glorious saint, who chose to die
Instead of denying your King,
We pray you please to help us
As His fair praise we sing!

We lift our hearts in joyous song
To honor Him this way,

And while we sing, remembering,
To sing is to doubly pray.

At once in our hearts and in our tongues

We offer double prayer
Sent heavenward on winged notes
To praise God dwelling there.

While in our hearts and tongues we try

With song to praise God twice,
We ask dear saint, to help us be
United close to Christ!

ST. CECILIA'S FEAST DAY IS NOVEMBER 22.