

Viterbo University Dietetic Internship

Newsletter Fall 2023



LETTER FROM THE DIRECTOR

The 2023-2024 academic year is well underway! We have many highlights in the Nutrition & Dietetics program this year. The first one I want to point out is that one of our faculty members, Dr. Maria Morgan-Bathke, is on sabbatical this fall. She is dedicating her time this fall to setting up supervised practice experiences abroad, as well as diving deeper into social media and incorporating that into our program! Secondly, we have our first 5th-year 4+1 class! Students who have transitioned through our coordinated program are now completing their master's degree requirements, including completing 1000+ hours of supervised practice all around the Nation, and will graduate in May 2024. We are also in our third year of the coordinated programs direct-entry program! These students enroll in a 2-year master's program where they obtain all requirements, meet all competencies, and achieve all supervised practice hours needed to sit for the Registered Dietitian Nutritionist (RDN) exam. We have a cohort of eight students finishing all master's courses and completing supervised practice experiences this year. These students will also graduate in May 2024. The Dietetic Internship (DI) is also off to a strong start with a cohort of 9 students enrolled in the dual internship/master's program.

Additional highlights include the department planning for the **WAND Leadership & Career Day on campus on November 3, 2023!** We are anticipating around 100 attendees being on campus, learning about the dietetics profession. Items on the agenda include a panel of dietitians practicing in a variety of areas of nutrition (sports nutrition, clinical, food service, WIC, public policy, disordered eating, private practice, etc.) We will have a speaker highlighting the importance of working with and providing tips for working with those who are food insecure. Our keynote speaker is well-renowned in the dietetics profession, Maya Feller. Maya owns her own private practice and has a team of 4 other RDNs providing counseling in a variety of areas of nutrition. Maya also speaks on the importance of nutrition all over the Nation. Her latest interview was on Good Morning America was September 4, 2023, where she shared tips for helping kids return to school. The afternoon sessions will focus on cultural cooking in our state-of-the-art food lab, getting hands-on experiences with health assessment tools dietitians may use in practice, and learning how to work with different work styles and personalities in professional settings. This event is open to all students, high school and college-aged, as well as practitioners and you can register for the event on WAND's webpage <https://www.eatrightwisc.org/events/EventDetails.aspx?id=1761666&group=>

The second event to highlight is the **Scholarship Day** event taking place **on November 10, 2023!** This event is open to ALL high school seniors who are interested in majoring in nutrition and dietetics. The winner of the event will be awarded \$24,000! The student who places in second place will be awarded \$16,000 and third place \$8,000 in funds! ALL students who are invited to campus to participate in the event will be awarded a lesser scholarship amount. You can learn more about this event on our webpage <https://www.viterbo.edu/nutrition scholarship>

IMPORTANT DATES

October 12th: Post Clinicals

October 26th: RDN Exam Review

November 3rd: WAND Leadership & Career Day

November 9th: Post Clinicals

November 10th: Scholarship Day

November 30th: RDN Exam Review

December 5th: Portfolio Presentations
<https://viterbo.zoom.us/j/95126244494>

December 7th: Portfolio Presentations
<https://viterbo.zoom.us/j/97392648605>

December 12th: Portfolio Presentations
<https://viterbo.zoom.us/j/95126244494>

February 7th: Post Clinicals

March 6th: Post Clinicals

March 18th: Preceptor Training—
What does servant leadership mean?
12:00-1:00pm CST <https://viterbo.zoom.us/j/93228578221>

April 10th: Post Clinicals

May 11th: Commencement

Please note that our **preceptor training** will be held via Zoom <https://viterbo.zoom.us/j/93228578221> on **Monday, March 18th from 12-1 pm CST!** Tom Thibodeau's light shines bright for being a servant leader! He has the ability to capture the audience with his passion and knowledge concerning what it means to be a servant leader. We hope you can join us in March to hear the wisdom Tom will impart to all of those who attend. To learn more about Tom, visit this webpage <https://www.viterbo.edu/news/tom-thibodeau-reflects-viterbos-servant-leadership-journey>. If there are any other topics you would want to learn more about, please don't hesitate to reach out and share your thoughts! The Nutrition & Dietetics Department wants to support you as you continue your professional growth and journey.

Travel Study to Spain- Sports Nutrition & the Mediterranean Diet

Every year, Dr. Maria Morgan-Bathke leads a travel study to Seville, Spain where students get the opportunity to live with a Spanish family, learn about traditional Spanish dishes, work with Spanish culinary students, and counsel Spanish athletes (Olympic athletes!!!) Students also provide nutrition education to elementary students, tour an olive oil factory and farm, as well as attend a Flamenco show, and learn to work with inter-professionals (nursing and interpreting students from Viterbo). In May 2023, we had 13 students take advantage of this opportunity. The course is scheduled again for May of 2024.



Student Spotlight

~Jessalyn Wilson



In my internship with Performance Nutrition at the University of Nebraska-Lincoln, I've had the opportunity to work with many athletes on the Volleyball, Basketball, and Cross Country teams, among others. Some of my responsibilities include stocking team rooms with pre and post-workout snacks, setting up catering for teams before and after games, producing educational material for athletes and staff, and assisting with DEXA body composition scans for each athlete. Every day is different in this world-class nutrition facility. One of my favorite memories was helping to set up and attend Volleyball Day in Nebraska with 92,002 other fans, which is the most attended women's sporting event in history.

Supervised Practice Rotations

Dietetic Internship	Fall 2023 Rotations	Spring 2024 Rotations
Jennifer Meyer	Training Haus MN Timberwolves	Reed Behavioral Health St. Cloud Hospital
Meghan Restock	Sarah Koszyk Nutrition West Allis WIC	Ascension SE Wisconsin Hospital
Bella Pitzo	University of Florida	MN Timberwolves Nourish Alive Nutrition Counseling
Bridget Schlichting	Second Harvest Food Bank Fit Fresh Cuisine	Stoughton Hospital Eat Elite
Sydney Steinmetz	MN Vikings University of Minnesota Athletics	JTA Wellness Cambridge Medical Center
Annie Dang	East LA Community Corporation Food Pantry Nomadista Nutrition	Nourished with Kindness
Andrew Thomas	Texas A & M Athletics	Regional Health Services
Hannah Ennis	University of Minnesota Athletics Band of Ojibwe-Special Diabetes Program	St. Cloud Hospital
Miquel Hanna	Anoka County WIC Machenthun's Fine Foods	Buffalo Hospital St. Cloud Hospital

Supervised Practice Rotations

4+1 Students	Fall 2023 Rotations	Spring 2024 Rotations
Christie Hollatz	Allergy Associates Fitness Lying Down	Mayo La Crosse County WIC
Jessalyn Wilson	University of Nebraska-Lincoln Victoria Lambert (private practice)	Javon Bea Hospital
Sarah Zunker	AM Nutrition Services Phoenix Suns	AZ Nutrition Pivot WeightLoss Center
Aubri Sanders	GROW La Crosse Nourished with Kindness	Gundersen Health System
Madelyn Adam	Southwest CAP/WIC UW-Platteville	JTA Wellness Southwest Health
Delaney Gresser	Kwik Trip Reilly Beatty Sports Nutrition	La Crosse County WIC Mayo
Megan Pankratz	Nourished with Kindness Eau Claire Area School District	Hy-Vee SSM Health St. Mary's Hospital
Cassie Murray	City of Dubuque— Community Gardening Edenbrook LTC	Edelweiss Behavioral Health Roger's Behavioral Health
Sharice Elbert	Oshkosh Area Community Food Pantry Fork Farms	UW Oshkosh Woodside Nursing Home
Grace Peyron		Gundersen Health System
Direct Entry	Fall 2023 Rotations	Spring 2024 Rotations
Madison Jones	Fitness Lying Down Ho-Chunk Healthcare Center	Gundersen Health System
Morgan Krupp	University of Iowa Athletics	Lutheran Homes & Health Services UW Oshkosh
Nadia Rwizi	Lara Clevenger Newton County WIC Carthage MO School District/Joplin School	Mercy Hospital
Ashleigh Hansen	Northwestern University	Northwestern Medicine Nutritional Services
Cali Moore	Healthful Circle Coastal Food Bank	Presbyterian Pan American School
Maren Bunch	Salt Lake Community College Athletics, Univ of Utah Athletics, Intermountain Healthcare McKay-Dee Hospital	Kayla Jessop Nutrition Utah State Hospital
Isaiah Baker	Gundersen Health System	Fitness Lying Down Ho-Chunk Healthcare Center
Kelly Krajewski	Unrestricted Nutrition USDA Food Security	Northwestern Medicine Children's National Hospital
Katherine Adams	Milwaukee Bucks Weightless MD	Ascension SE Wisconsin Hospital

Meet our Students!

My name is Jennifer Meyer. I grew up in Eden Prairie, Minnesota and attended the University of Minnesota for my undergrad. This May I graduated with my Bachelor of Nutrition and a minor in Spanish. I initially became interested in nutrition when I started leading a more active lifestyle a few years ago. I loved learning the role of nutrition in how the body functions. My main area of interest is sports nutrition, due to the combination of nutrition and fitness. I am currently completing my personal training certification through NASM. Something interesting about me is that I run a half marathon every month and I will run in a full marathon this October.

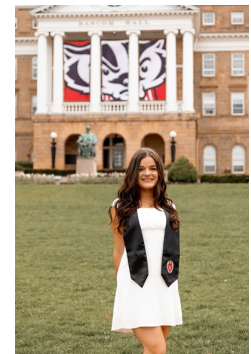
I greatly looking forward to learning from those who are experienced in the field of nutrition. I would like to thank all preceptors for their openness to teach and advise current students, and ultimately have a positive impact on our learning.



Hi my name is Meghan Restock. I am originally from Brookfield, Wisconsin, but have spent the last 5 years in Minneapolis, Minnesota and recently I moved back to the Milwaukee area. I completed my undergraduate degree in nutrition at the University of Minnesota- Twin Cities, in the College of Food, Agricultural, and Natural Resource Sciences. Right now in the dietetics field I am interested in eating disorder treatment, pediatrics, oncology, and diabetes management.

My name is Isabella Pitzo, I am currently a first-year student in the DI + M.S. Community Nutrition Non-Thesis track. I am from Delafield, Wisconsin which is a small town 30 minutes outside of Milwaukee. I graduated from the University of Wisconsin-Madison in May of this year with a Bachelor's Degree in Nutrition and Dietetics.

I was fortunate enough to work with the UW Badgers Football team for close to 3 years as a nutrition student worker. Sports nutrition is the area of nutrition that interests me the most as you are able to educate and observe the results every day through the athlete's physical and mental progress. I am currently working for the University of Florida Gator's football team and continuing my sports experience. Beyond work, my hobbies include baking,



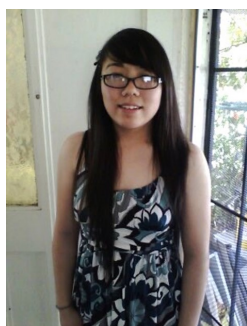
My name is Bridget Schlichting, and I'm currently a Dietetic Intern at Viterbo University, in the dual MS/DI program. I grew up in Madison, WI, and attended UW Madison for my Bachelors in Dietetics. I really enjoy cooking and baking and staying active, whether that be going to the gym, going for walks and runs outside or playing sports with friends. I also enjoy spending quite a bit of time at the Memorial Union Terrace in the Summer!

I've always had an interest in nutrition, specifically the relationship between fitness/athletic performance and nutrition. I grew up playing sports, and nutrition always played a big role in how well I did. I'm also really interested in nutrition education and general nutrition and wellness. I'm looking forward to finding out about what working with different aspects of nutrition is really like.

Hello! My name is Sydnie Steinmetz. I completed my undergraduate degree in Dietetics at the University of Wisconsin-Madison. I am originally from Eau Claire, Wisconsin, but I currently reside in Woodbury, Minnesota. In my free time I enjoy, spoiling my nieces, cheering on all of the Wisconsin sports teams, traveling, and spending time outside.

My interest in nutrition and dietetics stems from my desire to help people live healthily. My biggest goal as a future dietitian is to help people create positive relationships with food because it is such a big part of all our lives. As I've learned more about nutrition, I've become increasingly interested in sports nutrition. I'm intrigued by the idea that nutrition can influence an athlete's performance and recovery. Although I'm quite interested in sports nutrition, I look forward to learning about other aspects of nutrition during my supervised practice.

As my supervised practice experience quickly approaches, I look forward to soaking up all of the new information, learning from my mistakes, and meeting new people. I'm grateful for your willingness to teach and mentor, and I look forward to learning more nutrition soon!



Hi! My name is Annie Dang. I completed my Bachelor of Science in Nutrition–Dietetics Option with a minor in Plant-Based Food and Nutrition at California State Polytechnic University of Pomona in the fall of 2022. I am from Los Angeles, California and I was born and raised here my whole life. Some of my hobbies include gardening, drawing, and watching movies.

The thing that interests me about nutrition is how we are able to obtain nutrients from the foods that we eat to maintain our body systems and how nutrition can be essential in supporting certain illnesses and diseases. I would like to give my appreciation to our preceptors for allowing us to work with them and learn from them so that we can be the best versions of ourselves that we can be. Thank you for all that you do!

My name is Andrew Thomas, I was born in Los Angeles California, my family and I moved to the Washington DC area when I was 3 years old. I attended grade school in Prince George's County Maryland. Today I am married with my own family. Growing up in the Nation's Capital, the tri-state area of DC, Maryland and Virginia currently known as (The DMV) gave me a great sense of pride, awareness and accountability. Any given day you could see the president's motorcade drive by and stop traffic, block highways, see multiple helicopters fly overhead in formation. These types of sightings became a normal thing to my family and me.

I played sports from ages 6 to 22, while playing in high school I was able to earn a scholarship for football at Texas Southern University in Houston Texas. In 2010 I earned my bachelors in dietetics degree. Playing sports in College taught me the importance of being organized and proper planning. While in undergrad I had great academic advisors who helped me find my true passion in life and set me on the course that would enviably bring me back to Nutrition and sports. Looking back now, while growing up in DC I always had a passion for food and sports, I was fortunate to find a major that could incorporate both of them into a career.

I would like to personally thank all of the preceptors for making my return to Dietetics a very easy decision and process. My experience with the entire Viterbo staff has been excellent. Making the choice to return to school and finish what I started 13 years ago was a bit scary at first but once I was 100% confident in the decision the Viterbo staff has made this a very smooth process.



Hello! My name is Hannah Ennis and I currently reside in Zimmerman, MN, but I grew up in the Buffalo area. I completed my undergraduate degree at the College of St. Benedict in St. Joseph, MN (Go Bennies!) where I majored in Nutrition with a emphasis in Dietetics. I am so excited to be studying at Viterbo University to eventually receive my masters in Community Dietetics and become an RDN.

Over the summer, I worked at Camp Manitou in Monticello, MN as their "Camp Medic" as I am an EMT. At camp, I got to help campers with various injuries as well as help campers with diabetes estimate carbohydrates and insulin. I also work as a EMT at various sporting events which is super fun as well. Both these jobs integrate my favorite areas of nutrition, sports nutrition and diabetes care and management. I In my free time, I love to bake, cook, attend concerts, go camping, go on hikes, and travel.



My name is Micquel Hanna. I am a recent graduate from the College of Saint Benedict. I am from the island of New Providence, which is the capital city of The Bahamas. My hobbies include going to the beach, playing the piano and spending time with good friends and family!

Growing up in a West Indian household, food was always seen as something culturally significant. Food had the power to strengthen bonds and imitate a type of love that words themselves couldn't express. Food also has the power to heal. A career in dietetics has been one of my life's ambitions because I believe it will help me utilize my passion for food to help people live nutritious and healthy lives. My current areas of interest are pediatrics and diabetic education.

I would personally like to say thank you to all of my preceptors who accepted the call to mentor me during my internship. It is truly a privilege to be entering under your tutelage soon. A preceptor serves as a reservoir of knowledge for dietetic interns, and facilitates a monumental change in that interns journey to becoming a RD. It is my hope with your knowledge, I am not only able to become a better dietetics professional, but also a better person. I am truly grateful for your time and efforts during this pivotal moment in my life, and I look forward to forging new relationships with all of you soon!

My name is Christie Hollatz and I am part of the 4+1 program at Viterbo. This summer I went to Ireland and got engaged! I have 2 cats named Milly and Maxine and also a gecko named Pickett. This semester I am at Allergy Associates in La Crosse for 8 weeks and then Fitness Lying Down for the next 8 weeks. For my clinical rotation I am at Mayo in La Crosse for 10 weeks and then not sure where I will be for the 6 weeks after that. Once I become an RDN I hope to either work in a hospital or clinic. I'm not sure where or what specialty yet, but I think that I would enjoy being a clinical dietitian. My hobbies that I enjoy is working out every day and being outside. I've read a few books this summer and would like to continue reading even though I have a busy schedule.



My name is Jessalyn Wilson, and I am originally from the Rockford, IL area! I am completing rotations at the University of Nebraska-Lincoln in their Sports Nutrition department, virtually with Victoria Lambert, MS, RD, and at Javon Bea Hospital in Rockford, IL. I grew up dancing, competed on dance teams in high school and college, and currently teach at the studio where I grew up and at an overnight dance camp. Given my passion for the arts and for nutrition, my ideal career is in private practice working with dancers and other performers. I am also interested in diabetes education and nutrition support. When I am not studying or dancing, I am likely reading, crocheting, or working on my latest embroidery project!

I'm Sarah Zunker, and I'll be completing my supervised practice experiences at four different sites scattered around Phoenix, Arizona. My first rotation is with AM Nutrition Services, which offers nutrition intervention for outpatients with diabetes, CKD, HTN, weight management, GI disorders, and eating disorders. My next rotation is working with the sports dietitian for the Phoenix Suns. In the spring, I will be working with a bariatric dietitian at Pivot Weight Loss and a clinical dietitian at AZ Nutrition Center. Once I obtain my RDN credential, I hope to serve as a health coach or something similar working with clients to achieve fitness and wellness goals. I can see myself doing this type of work at a fitness center or even private practice. In my free time, I love spending time outdoors, lifting at the gym, and visiting new cute coffee shops.



Hello everyone! My name is Aubrianna, but most people call me Aubri. I was born in La Crosse, WI, and currently own my own home in Holmen, WI. I have three children (Ryley, 16, Kynsley and Elsiy, 11), and three dogs (Stark, Flash, and Grey). I am enrolled in Viterbo University's 4+1 program and finished up my Bachelor of Science degree in Nutrition Science and minors in Spanish in psychology this past Spring. For the fall semester I will be completing my supervised practice with GROW La Crosse for the first 8 weeks, and a virtual practice the 2nd half with Brooke Linberg with her clinic out of California, Nourished with Kindness. In the Spring, I will be working with Gundersen and the YMCA for my clinicals. I am really excited about each of my opportunities as they are all really different. I hope to work in a

smaller clinical setting to have more one on one time with my patients and develop that rapport with them. Someday I hope to move to Spain because I love their culture and think the country is beautiful. I am the oldest of six children on my mom's side of the family. I also have two older stepbrothers and three adopted siblings.

Hi everyone! My name is Madelyn, and I am from Fennimore WI, which is where I currently reside. I am completing my supervised practice rotations at SWCAP WIC, UW-Platteville, JTA Wellness, and Southwest Health. After I obtain my credentials, I hope to work in a hospital setting close to home in the rural Wisconsin area. In the future, it would be my dream to own a private practice and work as a family dietitian to help guide families in making better nutrition choices and implement healthy habits throughout all stages of life. Being the oldest of 5 children and assisting with meal planning, grocery shopping, and cooking for my family has made me very interested in the nutrition practices and behaviors of both growing children and families. In my free time outside of school, I enjoy being active and I love to run and go for walks. I spend a large amount of my time with my family, especially in the summer at the lake. I love to cook and bake and making sourdough bread is one of my favorite hobbies.





Nutrition and health have always been an interest of mine. Growing up my mom always stressed the importance of eating healthy and how food was fuel for the body. Throughout these last few years, courses with an emphasis on clinical dietetics have really sparked my interest. I hope to one day become a clinical dietitian and help others use food as a way to improve their health and mitigate symptoms of disease. This year I am completing my supervised practice through Kwik Trip, Reilly Beatty Nutrition, and Mayo Clinic. I am looking forward to learning and gaining valuable experience from these different sites! Some of my hobbies include cycling, trying new places to eat, trying new recipes, and water skiing! I think it would be fun to one day become a cycling instructor or teach cooking classes!

Delaney Gresser, B.S Nutrition Science

Hello everyone, my name is Megan Pankratz and I am from Eau Claire, WI. I currently work at Mayo Hospital as a CNA on a Neurodegenerative and Trama floor. For my 2023 -2024 supervised practices, I am working with a virtual eating disorder program, the Eau Claire School District, Madison West Side HyVee and St. Mary's Health in Madison. Once I become a Registered Dietitian, I hope to start a career in an inpatient Intensive Care Unit (ICU) or Clinical Oncology. In my free time I enjoy fishing, hiking, reading (Jodi Picoult is my favorite author), swimming and spending time with my family. My mother is the person who initially got my interested in nutrition and helped me explore career paths. Attached is a photo from when we went on a trip to Portugal and London this summer.

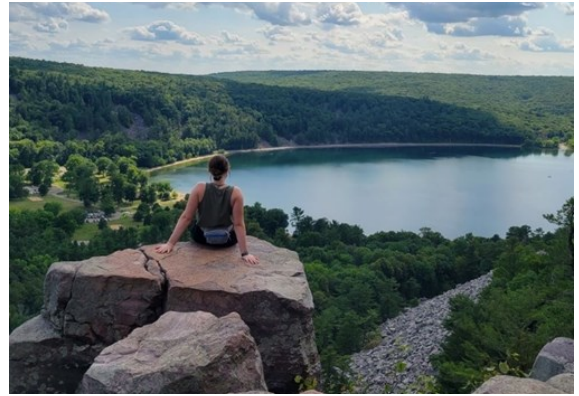


This picture is from a few years ago, but it is on a family vacation to Mexico; traveling is something I am very passionate about and enjoy doing. My name is Cassie Murray, and I am completing my supervised practice experiences for the 2023-2024 academic year at a few different locations. I will first start out working in Dubuque, Iowa for community practice. This rotation will consist of tasks such as collaborating with the food pantry, helping out at the Farmer's Market, and assisting at a few different gardens around the area. Next, I will be working in Platteville, Wisconsin for clinical practice at Edenbrook, which is an assisted living home. Then, I will be working in Madison, Wisconsin at Edelweiss, which is a behavioral health center. Lastly, I will be working in Oconomowoc, Wisconsin at Rogers, which is also a behavioral health center. Following supervised practice and obtaining an RDN credential, I hope to work with eating disorders at a behavioral health center, and eventually receive a Certified Eating Disorder Specialist

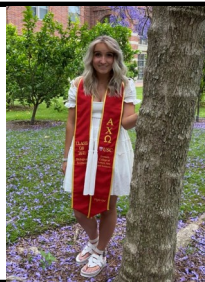
(CEDS) certification. One of my main interests/hobbies is cooking because I love experimenting with food and seasonings. I also enjoy reading in my free time or watching movies/shows. I am currently reading the Hunger Games prequel. One of my favorite movies is Pretty Woman and my all-time favorite show is Friends. Something unique about me is that I have two cats, named Cheech and Chong.

Cassie Murray

Hello, everyone! My name is Sharice Elbert, and I am a student enrolled in the Master of Science in Community Medical Dietetics program at Viterbo University. I currently reside in Oshkosh, where I will be completing four, eight-week internship rotations throughout this next year, but I am originally from Westby, WI. I have always had more of a passion for the community side of dietetics, so will be completing three of my internships in community settings, including the Oshkosh Area Community Pantry, ForkFarms (a company that creates vertical hydroponics gardens), and the University of Wisconsin-Oshkosh. My last rotation will be focused in the clinical setting and will take place at Woodside Nursing home. When I receive my RDN credentials, I hope to work in a school or non-profit setting serving individuals by providing them with nutrition education and advocating for their needs. When I'm not working or going to school, I enjoy cooking, hiking, camping, traveling, and spending time with friends and family. In the colder months, you can find me snuggled up with a book or snow tubing. One other fun fact about me is that I am in the process of planning a wedding! My fiancé proposed to me in May of 2022, but our wedding isn't scheduled until October of 2025 to allow me to finish school and receive my credentials before diving into wedding madness. I look forward to all of the wonderful experiences I will gain from the opportunities presented by this program and my internships.

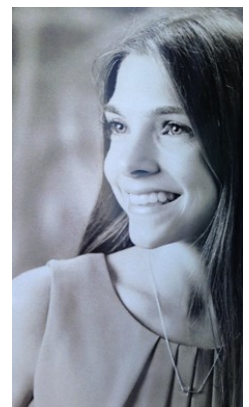


Hi, my name is Grace Peyron and I am currently a Dietetics Grad student at Viterbo! As far as a little bit about me: I am currently on the women's volleyball team as well as the track and field team at Viterbo. This past summer I got to travel to Greece and Croatia with my volleyball team, where we got to explore and play professional volleyball teams! I love spending my free time with family and friends, cooking, as well as spending summers up north at my family cabin on Lake Michigan. Up next, I have my clinical rotation at Gundersen in spring, and eventually will be doing my community rotation to get experience working with athletes, which I am very excited about!



Hello all! My name is Madison Jones. I grew up in Pierre, South Dakota, and I currently live in Sioux Falls, SD. I work part-time for the local fire department as an EMT and health coach for a local hospital. I am so excited to be pursuing a master's degree in dietetics. Following my undergraduate degree, I planned on getting my master's in nutrition and then applying to medical school. After diving into nutrition, however, I felt passionate about pursuing a career as a dietitian. Some hobbies of mine are hiking, long walks with my dog, camping, and visiting all the cafes.

My name is Morgan Krupp. I was born and raised in Wisconsin, and I still live here. My undergraduate degree is in biology, and I entered this program shortly after graduating, so I do not have any career experience in the field of nutrition and dietetics. I always played sports growing up and began running competitively in high school, which is when I started to become more interested in Nutrition. I was a bit indecisive about exactly what I wanted to do for a few years, but I knew I wanted a career in science and/or healthcare. I knew nutrition was interesting to me, and I learned more about all the different areas in which a Registered Dietitian can work, which had led me down this path. I believe I would love working in sports nutrition but am keeping an open mind because I know there are many different areas within dietetics. I am an endurance runner, but I also like swimming and cycling. I played soccer for 10 years, and I enjoy playing a game for fun occasionally. I also enjoy gardening and exploring nature with my 2 dogs.





My name is Nadia Rwizi I live in Las Vegas, Nevada, and I am originally from Southern California. I studied Culinary Management for my undergraduate degree. As a child, it was my dream to become a famous chef on tv, and after working as a Master Cook in the industry for a few years I began feeling a disconnect and questioned my purpose. I have always been the type of person who wanted to help people and make them smile. What drew me to the dietetic major was the chance to help people make a change in their life through nutrition. Cooking is my passion and dietetics is my purpose which is what I believe is my reason for being placed here on this earth. Outside of my education and career, I am a dog mom of two, a sassy Yorkshire Terrier by the name of Finity, and a fun-loving pit bull by the name of Big Boi who thinks he is the same size as the 5-pound terrier. I love my family and believe family is not just the people you share the same DNA with but are the people you hold close to your heart. The greatest gift and honor I hold is the title of God mom to an adventurously social four-year-old girl. Having the responsibility of helping to raise and nurture a little human is the most fulfilling part of my life.

Hi! My name is Ashleigh Hansen. I am from Grayslake, IL which is about an hour north of Chicago. I attended Northern Michigan University where I received my bachelor's degree in Sports Science with a minor in Nutrition. During my undergraduate I also played Division II college soccer for the NMU wildcats. I had always been interested in all things health and fitness while growing up and pursuing the goal of playing college soccer, which led to my current career. I am currently working as a personal trainer and I am certified through NASM (National Academy of Sports Medicine). I love getting the opportunity to help others with their fitness goals and while working in this field I became more interested in nutrition. I want to be able to be well rounded in my knowledge of fitness and nutrition. I am hoping with my master's degree to be able to not only help clients with fitness but nutrition as well. I have an interest in community and sports nutrition. I hope to one day open my own private practice that is a personal training gym that also offers nutrition counseling.



Hello, my name is Cali Moore I'm originally from Bainbridge Island, WA which is just a 35-minute ferry ride from Seattle. I received my bachelor's degree in marketing and a minor in finance from the University of San Diego in 2016. After college, I worked for the Los Angeles Rams as the Lead Partnership Marketing Manager working with the team's corporate partners like SoFi, Rocket Mortgage, Jack in the Box, and many more to execute contractual marketing campaigns. In 2020, after four awesome years with the Rams, my passion for business marketing began to fade and I realized my new passion in nutrition. Now I'm pursuing my RDN credential through the Direct Entry Initial RDN program here at Viterbo. Having worked within the sports industry for over eight years, I'm looking to combine my background in sports marketing with nutrition to specialize in sports dietetics. I currently reside with my boyfriend and our dog, Dax, in Pensacola, FL. I

love to stay active by playing indoor and beach volleyball, slow-pitch softball, snow skiing, water skiing and taking Dax on walks in our neighborhood, and swimming at the beach.

Hello! My name is Maren Bunch; I live in Logan, Utah (Northern Utah). I am originally from Rochester, Minnesota. I graduated with a Bachelor's in Nutrition Sciences and a minor in Chemistry from Utah State University! I am part of the Direct Entry Initial RDN program here at Viterbo.

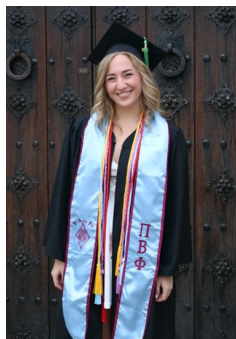
I was a competitive athlete growing up and played several sports. I played lacrosse briefly in college but quit after my first year when the pandemic hit. I didn't discover the world of dietetics until my junior year of college. I was initially pre-nursing, but after working as a phlebotomist, MA and CNA, I realized that it was not my passion. I went to my advisor, weighed the options, and found that this program would be a perfect fit! That being said, I'm so grateful to part of this program and make my dream a reality!



Hi there! My name is Isaiah Baker and I'm currently in my first rotation of my dietetic internship at Viterbo! This is a clinical rotation at Gundersen Health System in La Crosse, WI. Prior to internship, I knew I had an interest in clinical nutrition, but I've typically assumed outpatient. So far, I've spent 6 weeks in various inpatient units, and I've gained a newfound appreciation for acute nutrition therapy. I was under the impression that it might be difficult to make a lasting impact with less time and patient interaction compared to an outpatient setting. However, I quickly realized the importance of this role. To have the opportunity to apply interventions to address malnutrition, provide patient education and (soon) place a tube feeding have been invaluable and incredibly eye-opening. The inpatient team at GHS have been very helpful throughout and given me a great perspective of this role in nutrition therapy from admission to discharge. I feel like I've learned so much in a short period and look forward to more to come at GHS and upcoming rotations!

I'm Kelly Krajewski, originally from Cincinnati, Ohio. After graduating from The Ohio State University with a degree in microbiology in May of 2020 I moved to New Orleans. I was trying to find work as a brewer in one of Louisiana's many breweries when I took a job as a nanny. My interest in brewing took a back seat when my partner was given a prediabetes diagnosis and I dove into nutrition literature to make changes to our lifestyle. I fell in love with the work and began reaching out to local dietitians for guidance, they really paved the path for me to shift gears and begin working to become an RD.

In my free time, I really enjoy roller skating, an early pandemic hobby that has stuck around. Making art and doing crafts, is something we do a lot of here in Nola. Cooking, eating, and spending time with my niece and nephew.



Hi everyone! My name is Katherine Adams, and I am just starting my career in dietetics as part of the Direct Entry Initial RDN program. I am from McHenry, Illinois, which is a suburb about an hour outside of Chicago. I went to Marquette University for my undergraduate degree in Biomedical Sciences and graduated in 2019. My original career path was medical school, so during my undergrad, I did, unfortunately, have to take the MCAT. I then went on to get my master's degree in Medical Physiology from the University of Illinois-Chicago in 2021. However, one of the greatest experiences I have ever had was working as a Nutrition and Exercise Educator through AmeriCorps at Sixteenth Street Community Health Center in Milwaukee, WI. So, after much contemplation about what career I truly wanted, I decided to switch to the RDN path, and I am so excited to start! My ultimate career goal is to become a sports dietitian for collegiate athletes or for a professional sports team. I am so excited to start this program to learn as much as I can about dietetics!