

Outline Instep Conference

Date Time	Name of the presenter	Topic of the Presentation
8:30 to 9	Dr. Debra Murray And Dr. Brittany Massengale	Welcome and Introduction about the Day
9:00- 10:30	Dr Allmon-Dixon Sarah Trane	Integrated Behavioral Health Care: Meeting the Quadruple Aim
10:40- 11:20	Robin Haugh	Implementing Adverse Childhood Experiences and Trauma Informed Care Procedures and Policies into Health Care Settings.
11:30- 12:00	Lunch	
12:10 - 1:10	Dr. Cameron Houin	LGBTQ+ Basics: Exploring your Language and Lenses
1:20-2:20	Jennie Anderson	Integrative Behavioral Health in Long Ter Care for the Elderly: Focus on Social Work
2:30-3:30	Dr. Debra Murray and William Bakalars	Collaboration: Integrated Behavioral Health Communication
3:30-4:00	Dr. Debra Murray And Dr. Brittany Massengale	End of conference; Thank you for coming

Bio's:

Dr. Debra Murray:

Debra Murray is the Director of the Counselor Education Program at Viterbo University and graduated from University of St. Thomas with a doctoral degree in Counseling Psychology. Her doctoral project was Motivational Interviewing: Efficacy in Substance Abuse Training and Implications for Therapist Training and Supervision. Murray's research and training agenda is diverse. She is a recognized expert, particularly in the areas of evidence-based practice for eliciting change, with challenging populations in hospital and clinical settings, substance abuse, and co-occurring disorders counseling. Debra has also taken on the role of Project Director for two HRSA Grants, one of those being the VOICE Initiative (**V**ital **O**pioid/substance abuse **I**nstruction through **C**ommunity-based **E**xperiential training) which helps the students create a sustainable approach to provide OUD and SUD prevention, treatment, and recovery services, and behavioral health services by creating community partnerships. The other grant that Debra took the role of Project Director is the InSTEP Grant (**I**ntegrated **S**ystems **T**raining in **E**vidence-based **P**ractices) this grant goal is to increase community partners in rural areas, training faculty and professionals, and by recruiting additional students to the Master of Science in Mental Health Counseling program at Viterbo University.

Dr. Allmon-Dixon:

Allison Allmon Dixon, Ph.D. is the Section Chair of Integrated Care at Gundersen Health System in La Crosse, Wisconsin. She is a Pediatric Psychologist and Behavioral Health Consultant in Pediatrics. She earned her Ph.D. in counseling psychology from The University of Iowa, Iowa City, IA and specialized in pediatric psychology and integrated care during residency at Primary Children's Hospital, Salt Lake City, UT and fellowship at Geisinger Medical Center and Janet Weiss Children's Hospital, Danville, PA. Dr. Allmon Dixon provides team based integrated patient care as well as education and trainings to the medical staff and providers with whom she works at Gundersen Health System. She has a passion for working with and providing services to children, adolescents, and families who might not otherwise receive behavioral medicine services.

Sarah Trane:

Sarah T. Trane PhD ABPP is a board-certified child and adolescent clinical psychologist with Mayo Clinic Health System in LaCrosse, Wisconsin. She received her undergraduate education at the University of Wisconsin-Madison and graduate degree from the University of Kansas, followed by internship training at Cincinnati Children's Hospital Medical Center and postdoctorate fellowship at the Mayo Clinic in Rochester MN. She has been providing evidence-based assessment and treatment services with children and families in primary care for over 15 years. She provides training and education to advance integrated care and leadership to the Mayo Clinic Health System on integrated behavioral health for the pediatric population.

Robin Haugh:

Received my Associate's Degree in Nursing in 2003 from Western Technical College. Completed Bachelor's Degree in 2009 through Viterbo University and went right into my Masters program for Nurse Educator at Viterbo graduating in 2014. Completed my doctorate at Viterbo University, Doctor of Nursing Practice in Ethical Leadership in 2021. I am an associate professor of nursing at Viterbo University. I also am a wound care certified nurse specialist at Gundersen St. Joseph's in Hillsboro, WI.

William Bakalars:

I have been on the undergraduate and graduate faculty of Viterbo University for 19 years, the last thirteen of which were full time. I recently celebrated my 40th year as a Licensed Professional Counselor/Clinical Mental Health Therapist with Mayo Clinic Healthcare – Franciscan Health System. I have worked in all aspects of Substance Abuse and Mental Health treatment.

Jennie Anderson:

Dr. Anderson-Meger is professor of social work and Director of Graduate Studies and Academic Initiatives at Viterbo University with 22 years in higher education teaching and administration. She teaches research methods in the Ethical Leadership Ed.D. and undergraduate social science majors, along with ethics/theory courses. She has been a certified social worker for 38 years. She holds doctorate, masters, and bachelor's degrees in social work. Dr. Anderson-Meger is dedicated to involving students in research, and has published in epistemology/theory. She has served on the executive board of WI-CSWE, Wisconsin MPSW Review Board, and the state Ethics Committee. Dr. Anderson-Meger has chaired numerous committees at Viterbo and the local community. She serves on the local Habitat for Humanity Advocacy Committee and the Mental Health Coalition.

Dr. Cameron Houin:

Dr. Cameron Houin (they/them) is a Licensed Professional Counselor, as well as a Nationally Certified Counselor. Their research interests include multicultural awareness, counseling supervision, identity development, and play therapy. Dr. Houin has taught the diversity courses for the MS and EdD programs in the Counselor Education department for the last three years. They have also served on the Wisconsin Counseling Association's board as the journal Editor since January 2021.