

Viterbo University's Master's of Science in Community Medical Dietetics (MSCMD) Open House

Jamie Weber, MS, RD, CD

Dr. Maria Morgan-Bathke, MBA, PhD, RD, CD, FAND

Dr. Kelsey McLimans PhD, RDN

Tiffany Lein MPH, RDN



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Who is Jamie Weber?

- ▶ Assistant Professor
 - ▶ Supervised Practice Courses- NUTR582/583 (DI non-thesis track) & NUTR592 (DI thesis track)
 - ▶ NUTR 570 Developmental NUTR (DE track)
 - ▶ NUTR 566 Health Assessment (DE track)
 - ▶ Research advisor
 - ▶ Breastfeeding
 - ▶ Infants & Children
- ▶ Coordinated Program Director
- ▶ Clinical Coordinator



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Maria Morgan-Bathke, MBA, PhD, RD, CD, FAND

- ▶ Associate Professor
 - ▶ Graduate degree electives
 - ▶ NUTR 600/601 Micro- and Macronutrients
 - ▶ NUTR 530 EAL Course
 - ▶ Research advisor
 - ▶ Obesity
 - ▶ Inflammation
 - ▶ Insulin signaling
- ▶ Dietetic Internship Director
 - ▶ Oversees MNT/Food service rotations
- ▶ Department Chair



VERSITY

Kelsey McLimans, PhD, RDN

▶ Assistant Professor

- ▶ NUTR 374 Lifespan II
- ▶ NUTR 470 Medical Nutrition Therapy
- ▶ NUTR 640 & 641 Research 1 & 2
- ▶ NUTR 568 Advanced Health Assessment
- ▶ NUTR 630 MNT III
- ▶ NUTR 671 MNT Capstone
- ▶ NUTR 476 Leadership in Community-Medical Dietetics (last semester of this course)

▶ Director of Graduate Program

▶ Research Advisor



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Who is Tiffany Lein?

- ▶ Assistant Professor
- ▶ Specializes in undergraduate education (primarily 1st year – 3rd year students.)
 - ▶ Introduction to the Profession (NUTR 140)
 - ▶ Basic Foods (NUTR 173)
 - ▶ Developmental Nutrition (NUTR 370)
 - ▶ Food Service Management (NURT 352 & 481)
 - ▶ Health Promotion (NUTR 372)
 - ▶ Advanced Nutrition Counseling (NUTR 545)
- ▶ Research Advisor
- ▶ University Involvement
 - ▶ Foods Lab Coordinator (work study supervisor)
 - ▶ COOL - Committee of Online Learning and Best Practices
 - ▶ Employee Wellness



Who is Tiffany Lein?

► Teaching philosophy:

- Fostering collaborative learning among peers, cohorts, and professionals alike.
- Cultivating experiential based learning.
- Advancing servant leadership.



ABOUT THE NUTRITION TRACKS WITHIN OUR PROGRAMS.....

	Track 1: Dietetic Internship Only	Track 2: Dietetic Internship + Non-Thesis Masters (clinical focus)	Track 3: Dietetic Internship + Thesis Masters	4+1 Program	DE Program
DESCRIPTION	These students have graduated with a bachelor's in nutrition & dietetics from an accredited program. They already have a master's degree, but need supervised practice (SP) hours. They can complete SP hours in La Crosse, WI or anywhere within the US or its territories.	These students have graduated with a bachelor's in nutrition & dietetics from an accredited program. They will complete both a master's degree and supervised practice (SP) hours. They can complete SP hours in La Crosse, WI or anywhere within the US or its territories.	These students have graduated with a bachelor's in nutrition & dietetics from an accredited program. They will complete both a master's degree and supervised practice (SP) hours. SP hours <u>MUST</u> be outside of La Crosse, WI but can be anywhere within the US and its territories.	This program is for students who start at Viterbo their first year, or transfer. They will complete a bachelor's, master's and SP hours in 5 years (including 1 summer). SP for NUTR481 (Foodservice) will take place in La Crosse, but NUTR670 (Community) and NUTR671(MNT) can be completed in La Crosse, WI or anywhere within the US and its territories.	This program is for students who have a bachelor's degree in something other than nutrition & dietetics, but want to be a RDN. <u>MUST</u> complete science prerequisites and receive a minimum grade of a "C" to apply for program. They will take select nutrition course remotely and complete SP for NUTR681 (Foodservice), NUTR670 (Community), and NUTR671(MNT) can be completed in La Crosse, WI, but will likely be completed outside of La Crosse, anywhere within the US and its territories.
CLINICAL HOURS	1400	1400	1024	1152	1152
TOTAL CREDITS	30 CREDITS TOTAL	48 CREDITS TOTAL	39 CREDITS TOTAL	158 CREDITS TOTAL (121 UG credits; 28 GR credits + 9 graduate credits at the UG level)	62 CREDITS TOTAL

Track 1: Dietetic Internship Only

▶ **DESCRIPTION**

- ▶ These students have graduated with a bachelor's in nutrition & dietetics from an accredited program. They already have a master's degree, but need supervised practice (SP) hours. They can complete SP hours in La Crosse, WI or anywhere within the US or its territories.

▶ **CLINICAL HOURS**

- ▶ 1400

▶ **TOTAL CREDITS**

- ▶ 30 CREDITS TOTAL



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Track 2: Dietetic Internship + Non-Thesis Masters (clinical focus)

▶ **DESCRIPTION**

- ▶ Have graduated with a bachelor's in nutrition & dietetics from an accredited program. They will complete both a master's degree and supervised practice (SP) hours. They can complete SP hours in La Crosse, WI or anywhere within the US or its territories.

▶ **CLINICAL HOURS**

- ▶ 1400

▶ **TOTAL CREDITS**

- ▶ 48 CREDITS TOTAL



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Track 3: Dietetic Internship + Thesis Masters

▶ **DESCRIPTION**

- ▶ Have graduated with a bachelor's in nutrition & dietetics from an accredited program. They will complete both a master's degree and supervised practice (SP) hours. SP hours MUST be outside of La Crosse, WI but can be anywhere within the US and its territories.

▶ **CLINICAL HOURS**

- ▶ 1024

▶ **TOTAL CREDITS**

- ▶ 39 CREDITS TOTAL



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4+1 Program

▶ **DESCRIPTION**

- ▶ Will complete a bachelor's, master's and SP hours in 5 years (including 1 summer). SP for NUTR481 (Foodservice) will take place in La Crosse, but NUTR670 (Community) and NUTR671 (MNT) can be completed in La Crosse, WI or anywhere within the US and its territories.

▶ **CLINICAL HOURS**

- ▶ 1152

▶ **TOTAL CREDITS**

- ▶ 158 CREDITS TOTAL

(121 UG credits; 28 GR credits + 9 graduate credits at the UG level)



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Direct Entry (DE) Program

► DESCRIPTION

- This program is for students who have a bachelor's degree in something other than nutrition & dietetics, but want to be a RDN. MUST complete science prerequisites and receive a minimum grade of a "C" to apply for program. They will take select nutrition course remotely and complete SP for NUTR681 (Foodservice), NUTR670 (Community), and NUTR671 (MNT) can be completed in La Crosse, WI, but will likely be completed outside of La Crosse, anywhere within the US and its territories.

► CLINICAL HOURS

- 1152

► TOTAL CREDITS

- 62 CREDITS TOTAL



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ABOUT OUR DIETETICS PROGRAMS!

[Graduate Programs in Nutrition and Dietetics | Viterbo University](#)

[About the Master of Science in Community Medical Dietetics \(MSCMD\) |
Viterbo University](#)

[Nutrition and Dietetics Department | Viterbo University](#)



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Foodservice SP (NUTR-481/681/582/583/593)

- ▶ 8 hours/week
 - ▶ Will log 120+ hours in foodservice throughout the semester
- ▶ Sites Include:
 - ▶ Hospitals
 - ▶ Schools
 - ▶ NUTR481 will be placed in La Crosse & surrounding areas; NUTR681/582/583/593 have the option to complete SP hours outside of the La Crosse area



Community Capstone (NUTR-670/582/583/592)

- ▶ 32-40 hours/week
 - ▶ Will log 500 hours throughout the semester



- ▶ Sites Include:
 - ▶ WIC clinics
 - ▶ Universities (Performance Nutrition)
 - ▶ Worksite Wellness
 - ▶ County Health Departments
 - ▶ Supermarket RDN's
(Regional/Corporate Dietitians)



MNT Capstone (NUTR-671/582/583/593)

- ▶ 32-40 hours/week
 - ▶ Will log 500+ hours throughout the semester
- ▶ Sites Include:
 - ▶ Hospitals
 - ▶ Clinics
 - ▶ Long-term care




PRECEPTOR BEST PRACTICES.....

Mail x Strea x Nutri x Nutri x NUT x CELS x Inbo x Skill x 2022 x Laun x Advi x

https://www.viterbo.edu/nutrition-and-dietetics/nutrition-and-dietetics-department

APPLY VISIT ATHLETICS MYVU LIBRARY GIVE

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About Academics Admissions and Aid Life on Campus

Home > Academics > Nutrition and Dietetics

Nutrition and Dietetics Department

About the Master of Science in Community Medical Dietetics (MSCMD) Program

The Viterbo University coordinated program provides didactic and supervised practice experiences aligned with the Accreditation Council for Education in Nutrition and Dietetics 2017 Accreditation Standards. It prepares entry level registered dietitian nutritionists for faithful service and ethical leadership.

[Mission and Philosophy | Viterbo University](#)

Growing health care demands mean opportunities for Registered Dietitians (RD) to promote health through nutrition. Dietitians assess nutritional needs, apply management skills in control and prevention of illness and utilize communication and education skills to help individuals and groups live healthy lives.

To become a registered dietitian, one must earn a master's degree from an accredited university and perform 1,200 hours of supervised practice. Viterbo University is one of only 61 programs in the U.S. to offer coordinated programs that meet both requirements during your undergraduate studies, so no additional internship is required.

With a nutrition and dietetics degree from Viterbo University, graduates are eligible to take the Commission on Dietetics examination to become registered dietitian nutritionists. Program graduates are ready for rewarding careers in a variety of roles in food service management, healthcare, and community nutrition.

A master's degree will be required by the Commission on Dietetic Registration (CDR) in order to become a Registered Dietitian Nutritionist (RDN) after January 1, 2024.

Find Out More

- [Nutrition and Dietetics Department](#)
- [Mission and Philosophy](#)
- [Goals and Outcomes](#)
- [Student Projects](#)
- [Lori C. Lewis Scholarship Application](#)
- [Information for Preceptors](#)
- [Faculty](#)
- [Admission to the Professional Phase of the Dietetics Program](#)
- [Accreditations](#)

Related Resources

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Information for Preceptors

- [Preceptors Guide 2020](#)
- [Online Preceptor Training Course](#)
- [Preceptor CPE Document](#)
- [MNT & Community Capstone and Food Service Professional Evaluation](#)

How can I become a preceptor and help to eliminate the internship shortage?

On occasion, students may contact you to see if you are willing to precept them. If so, ask for the name of the program and information about the program's expectations. Whether you are a new or well-established preceptor, you should go through preceptor training provided by the program to make sure that you can fulfill the specific requirements of the program such as:

- Teaching and modeling knowledge, skills, professional values, and behaviors needed for students to successfully complete practitioner competencies
- Instilling the need in interns or students for patient advocacy, lifelong learning, evidence-based practice and giving back to the profession
- Supervising the practice abilities of the intern or student on a regular basis
- Evaluating the intern or student, providing feedback for improvement and documenting her/his progress
- Providing feedback to the program on the effectiveness of the education experience for continuous quality improvement
- Notifying the program if you become unable to precept interns or students
- Demonstrating no bias or conflict of interest in the education of interns or students
- Upholding the [Academy of Nutrition and Dietetics' Code of Ethics](#)

Find Out More

[Nutrition and Dietetics Department](#)

[Mission and Philosophy](#)

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[Admission to the Professional Phase of the Dietetics Program](#)

Related Resources

[Master of Science in Community Medical Dietetics \(MSCMD\)](#)

Waiting for www.youtube.com...



Benefits of Precepting

- ▶ Help with projects you may be short on time for!
 - ▶ Updating handouts/materials
 - ▶ Creating new education materials
 - ▶ Ensuring food safety (checking food temperatures, refrigerator temperatures, etc.)
- ▶ Bring new ideas to your place of work
- ▶ CEU's
- ▶ Help train new RDs to the field – giving back to our profession



BEST PRACTICES FOR PRECEPTORS?

Organization and Clarity

- ▶ Students indicate that effective teachers:
 - ▶ Present materials in a clear and organized manner.
 - ▶ State objectives.
 - ▶ Summarize main points.



BEST PRACTICES FOR PRECEPTORS? (cont.)

- ▶ **Enthusiastic**
- ▶ **Professional practice:** accessible, approachable, give specific, constructive feedback
- ▶ **Model professional characteristics:** self-evaluate, showing respect for the students/co-workers, commitment to life-long learning



Before You Start... Preceptor Hints

Provide a clear orientation prior to reporting to site

1. Have student review modules
2. Reading materials
3. What is the dress code? Do they need a lab coat?
4. Should they pack their lunch? Is there a cafeteria?
5. Provide an outline of the 1st day & typical day
6. Parking- Do they need a parking pass?
7. Where & when should the student/intern report?
8. If a larger facility, a map may be helpful.



Additional Teaching Hints

1. While onsite

1. Recommend morning/end of day meeting
2. Continuously evaluate & provide feedback (daily, weekly)
3. Clearly defined due dates

2. While working remotely

1. Set scheduled meeting via Zoom (Every morning, 2x/week minimally)
2. Clear expectations (put in writing)
3. Clearly defined due dates



First day at site

1. Establish ground rules/define expectations (student & preceptor)
2. Tour of facility (in-person or recorded)
3. Meet additional staff members, as appropriate
4. Explain the work norms & describe daily schedule
5. Check-in process with student- daily, weekly?



A Teaching Model for Preceptors:

A useful teaching model for preceptors to use is Pichert's DR FIRM model. It is a framework that identifies how the preceptor and student can effectively interact in the skills for the teaching/learning process. DR FIRM is an acronym for:

D: Demonstration, presentations and problem solving

R: Rehearsal of content

F: Feedback and correction

I: Independent practice

R: Review

M: Motivate to persevere



Attendance Policy

- ▶ Expectations for SP....Begins on page 17
- ▶ Attendance policy.... page 20

[2021-2022 student handbook 9.12.213802.pdf](#)
[\(viterbo.edu\)](#)



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HOW DO I GET CEU'S FOR PRECEPTING?

- ▶ You can earn 3 CEU's per semester.
- ▶ The link to the preceptor self-reflection can be found on our website.
- ▶ Program Director will email you the form that can be filed in your continuing education folder at the end of the semester.



2022 Standards



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Additions to 2022 Standards

- ▶ **Domain 5:** Leadership & Career Management: Skills, strengths, knowledge and experience relevant to leadership potential and professional growth for the nutrition and dietetics practitioner.



CRDN 5.1: Perform self-assessment that includes awareness in terms of learning and leadership styles and cultural orientation and develop goals for self-improvement.

CRDN 5.2: Identify and articulate one's skills, strengths, knowledge and experiences relevant to the position desired and career goals.

CRDN 5.3: Prepare a plan for professional development according to the Commission on Dietetic Registration guidelines.

CRDN 5.4: Advocate for opportunities in professional settings (such as asking for additional responsibility, practicing negotiating a salary or wage or asking for a promotion.)

CRDN 5.5: Demonstrate the ability to resolve conflict.

CRDN 5.6: Promote team involvement and recognize the skills of each member.

CRDN 5.7: Mentor others.

CRDN 5.8: Identify and articulate the value of precepting others.



Changes to 2022 Standards

- ▶ **CRDN 2.11:** Show cultural humility in interactions with colleague, staff, clients, patients and the public.
- ▶ **CRDN 2.12:** Implement culturally sensitive strategies to address cultural biases and differences.
- ▶ **CRDN 3.5:** Explain the steps involved & observe the placement of nasogastric or nasoenteric feeding tubes; if available, assist in the process of placing nasogastric or nasoenteric feeding tubes.
- ▶ **CRDN 3.6:** Conduct a swallow screen and refer to the appropriate health care professional for full swallow evaluation when needed.



Implications for Rotations

- ▶ View a tube feed placement
- ▶ Assist with tube feed placement
- ▶ Observe swallow screen
- ▶ Share with students/interns the cultural trainings at the facility



rewarding careers in a variety of roles in food service management, healthcare, and community nutrition.

A master's degree will be required by the Commission on Dietetic Registration (CDR) in order to become a Registered Dietitian Nutritionist (RDN) after January 1, 2024.

The Community-Medical Dietetic Program at Viterbo University is currently granted continuing accreditation by the Accreditation Council for Education in Nutrition and Dietetics (ACEND), 120 South Riverside Plaza, Suite 2190, Chicago, IL 60606, 800-877-1600.

Interested in becoming a Registered Dietitian Nutritionist (RDN)?

Accelerated Coordinated Master's Dietetic (ACMD) Open Ho...

Watch later Share

OUR MASTERS PROGRAM, WHICH INCLUDES SUPERVISED PRACTICE HOURS, IS EXCLUSIVELY ONLINE!

0:00 / 26:38 Chapters

YouTube

This video will give you the background information on the steps you need to take- completing a bachelor's, master's, and supervised practice hours- before you can sit for the RDN national exam. Viterbo will prepare you for this career venture! No additional courses or internships required after completing the Accelerated Coordinated Master's Dietetic (ACMD) program!

Related Resources

- [Master of Science in Community Medical Dietetics \(MSCMD\)](#)
- [Master of Science in Nutrition Sciences \(MSNS\)](#)
- [Dietetic Internship Program](#)
- [Nutrition and Dietetics Student Handbooks](#)



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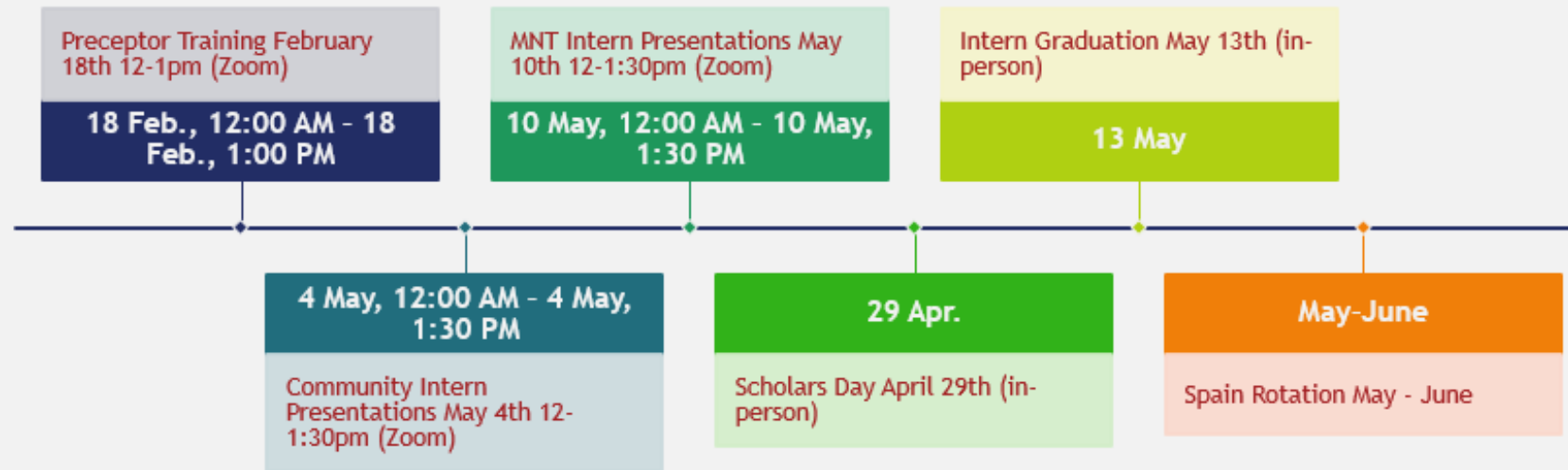


<https://viterbonutrition.sonialive.com/>



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Spring Happenings



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Questions???



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