

Viterbo University Dietetic Internship



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New this Year...

- ▶ 3 distinct tracks
- ▶ All tracks can be completed from anywhere within the USA
- ▶ Interested in a Masters track? Avoid the match and apply directly to the program up until March 1, 2022

Financial Aid

- ▶ Can be applied to the entire internship
- ▶ Student loans may also be used



R.D. Exam Review

- ▶ EatRightPrep and Inman Review
- ▶ Work at your own pace online
- ▶ Access October to June
- ▶ Practice exams provided
- ▶ Must complete at least one practice exam prior to graduation



Track Options



	Track 1: Dietetic Internship Only	Track 2: Dietetic Internship + Non-Thesis Masters (clinical focus)	Track 3: Dietetic Internship + Thesis Masters
Location	La Crosse, WI or anywhere within the US or it's territories (note that one week in La Crosse is required: July 11 - 15, 2022 and on-campus housing will be provided for this week at no cost to you)	La Crosse, WI or anywhere within the US or it's territories (note that one week in La Crosse is required: July 11 - 15, 2022 and on-campus housing will be provided for this week at no cost to you)	Must be outside of La Crosse, WI but can be anywhere within the US and it's territories
Clinical Hours	1400	1400	1024
Total Credits	30	48	39
Total Tuition	\$18,300	\$29,280	\$23,790





Track 1

Dietetic Internship Alone

Track 1

- ▶ Dietetic internship
- ▶ 30 credits total over 10 months
- ▶ Site placement anywhere!
- ▶ 1400 clinical hours



Internship Cost – Track 1

DICAS online application fee	\$ 20-\$ 45
Computer matching fee	\$ 50
Activity fee	\$ 95/semester
Technology fee	\$ 250/ semester
Internship tuition \$610/credit	\$ 18,300
Phase I Summer Session - 6 credits (July 11 - Aug. 19, 2022) *note only July 11-15 is on campus, the remainder of phase 1 will be online	\$ 3,660
Phase II Fall Semester - 12 credits (Aug. 29-Dec. 16, 2022)	\$ 7,320
Phase III Spring Semester - 12 credits (Jan. 16, 2023-May 12, 2023)	\$ 7,320
Liability insurance	\$ 24
RD exam review session	\$125
Academy student membership (optional)	\$ 35
Housing costs (\$500/month average)	varies
Resource material (books, lab coat, calculator, etc.)	\$ 200
Car transportation to and from clinical sites per semester	\$ 300

Phase I (Boot Camp)

4 weeks – one week on campus

Lectures

EHRGo

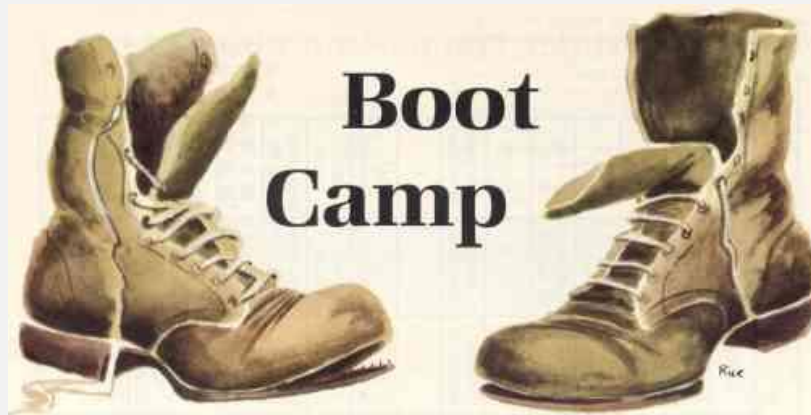
Simulation lab

Community

Orientation to facilities

Tours

Health screenings



Boot Camp Highlights

- ▶ Organic Tour
- ▶ Public Policy Day
- ▶ EHRGo





Phase II (Fall Semester) and Phase III (Spring Semester)

- ▶ Intern class split into 2 groups
- ▶ Community or MNT/Food Service

MNT/Food Service Rotations

- ▶ 32 hours/week MNT
- ▶ 8 hours/week Food Service
- ▶ Facilitated by Dr. Morgan-Bathke
- ▶ Online discussions and monthly meetings



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MNT/Food Service Sites

- ▶ Veterans Hospitals – Tomah and Madison
- ▶ Mayo Clinic Health System – La Crosse, Austin, Albert Lea
- ▶ Gundersen Healthcare System – La Crosse and Onalaska
- ▶ Winona Health
- ▶ Gundersen Tri-County
- ▶ Vernon Memorial
- ▶ Trempealeau County Healthcare Center – mental health care facility
- ▶ Federal Medical Center – Rochester, MN



Community Nutrition Rotations



- ▶ Facilitated by Jamie Weber
- ▶ 2: 8-week rotations



Community Nutrition Final Rotation Sites

- ▶ WIC
- ▶ Ho-Chunk Nation
- ▶ Festival Foods
- ▶ U of MN and UW-Madison athletics
- ▶ Corporate Wellness
- ▶ Eating disorders



The background features a central white area containing text. To the left, there is a blue and white perspective of a tunnel or road leading towards a bright light. To the right, there are overlapping geometric shapes in shades of red and dark blue.

Track 2

Dietetic Internship +Non-Thesis
Masters (clinical focus)

Track 2

- ▶ Dietetic internship plus Masters
- ▶ 48 credits total over 14 months
- ▶ Site placement anywhere!
- ▶ 1400 clinical hours



Internship Cost – Track 2

DICAS online application fee	\$ 20-\$ 45
Computer matching fee	\$ 50
Activity fee	\$ 95/semester
Technology fee	\$ 250/ semester
Internship tuition \$610/credit	\$ 29,280
Phase I Summer Session - One online elective course 3 credits (May 16-July 1, 2022) NUTR 567 6 credits (July 11-August 19, 2022) *note only July 11-15 is on campus, the remainder of phase 1 will be online	\$ 5,490
Phase II Fall Semester - 18 credits (Aug. 29-Dec. 16, 2022)	\$10,980
Phase III Spring Semester - 18 credits (Jan. 16, 2023-May 12, 2023)	\$10,980
Phase IV Summer Session - One online elective course 3 credits (May 15-June 30, 2023)	\$1,830
Liability insurance	\$ 24
RD exam review session	\$125
Academy student membership (optional)	\$ 35
Housing costs (\$500/month average)	varies
Resource material (books, lab coat, calculator, etc.)	\$ 200
Car transportation to and from clinical sites per semester	\$ 300

Phase I

- ▶ Online Masters Electives
 - ▶ Focus on your emphasis
 - ▶ Advanced Sports Nutrition
 - ▶ Nutrition and Inflammation
 - ▶ Systems Approach to Obesity Prevention
 - ▶ Mental Health Counseling
 - ▶ Health Care Management
- ▶ Bootcamp – one week on campus
 - ▶ EHRGo
 - ▶ MNT and Community Lectures
 - ▶ Introduction to Resources



Phase II – Community Rotation

- ▶ 16 week community rotation (2 sites, 8 weeks each)
- ▶ 40 hours a week
- ▶ Site options:
 - ▶ Eating disorders
 - ▶ WIC
 - ▶ Corporate wellness
 - ▶ Sports nutrition
 - ▶ Grocery store



Phase III – MNT/Food Service Rotation

- ▶ 16 week rotation (2 sites, 8 weeks each)
- ▶ 40 hours a week
- ▶ Site options:
 - ▶ Inpatient
 - ▶ Outpatient
 - ▶ LTC
 - ▶ Telehealth
 - ▶ Private practice



Phase IV – Finish MS Degree

- ▶ 3 credit Masters elective to finish degree
 - ▶ Nutrition and Cancer
 - ▶ Nutrigenomics
 - ▶ MNT III
 - ▶ Advanced Sports Nutrition



Track 3

Dietetic Internship + Thesis Masters



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Track 3

- ▶ Dietetic internship plus Masters with research thesis
- ▶ 39 credits total over 14 months
- ▶ Site placement anywhere!
- ▶ 1024 clinical hours



Internship Cost – Track 3

DICAS online application fee	\$20-45
Computer matching fee	\$50
Activity fee	\$95/semester
Technology fee	\$250/semester
Internship tuition \$610/credit x 39 credits	\$23,790
Phase I summer session - 9 credits (May 16-August 19, 2022)	\$5,490
Phase II fall semester - 15 credits (August 29-December 16, 2022)	\$9,150
Phase III spring semester - 12 credits (January 16-May 12, 2023)	\$7,320
Phase IV summer session - 3 credits (May 15-June 30, 2023)	\$1,830
Liability insurance	\$24
RD exam review session	\$125
Academy student membership	\$35
Housing costs (\$500/month average)	varies
Resource material (books, lab coat, calculator, etc.)	\$200
Car transportation to and from clinical sites per semester	\$300

Phase I

▶ Online Masters Electives

- ▶ Focus on your emphasis
- ▶ Advanced Sports Nutrition
- ▶ Nutrition and Inflammation
- ▶ Systems Approach to Obesity Prevention
- ▶ Mental Health Counseling
- ▶ Health Care Management

▶ Bootcamp – completely online

- ▶ EHRGo
- ▶ MNT and Community Lectures
- ▶ Introduction to Resources



Phase II – Community Rotation

- ▶ 16 week community rotation (2 sites, 8 weeks each)
- ▶ 32 hours a week
- ▶ Site options:
 - ▶ Eating disorders
 - ▶ WIC
 - ▶ Corporate wellness
 - ▶ Sports nutrition
 - ▶ Grocery store



Phase III – MNT/Food Service Rotation

- ▶ 16 week rotation (2 sites, 8 weeks each)
- ▶ 40 hours a week
- ▶ Site options:
 - ▶ Inpatient
 - ▶ Outpatient
 - ▶ LTC
 - ▶ Telehealth
 - ▶ Private practice



Phase IV – Finishing Up Masters

- ▶ 3 credit Masters elective to finish degree
 - ▶ Nutrition and Cancer
 - ▶ Nutrigenomics
 - ▶ MNT III
 - ▶ Advanced Sports Nutrition



Priority Placement for Masters Options

Track 2 and 3



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Priority Placement

- ▶ Skip the match!
- ▶ Apply to our Masters program by March 1 you will be notified prior to the match of acceptance and secure your spot in the dietetic internship
- ▶ Materials:
 - ▶ Transcripts
 - ▶ Personal statement
 - ▶ Letter of recommendation
- ▶ <https://www.viterbo.edu/graduate-student-admissions/graduate-nutrition-admission-requirements>
- ▶ Be sure to note which track you are applying for in your personal statement



Check Out Our Website!

- ▶ <https://www.viterbo.edu/dietetic-internship-program>
- ▶ Email Dr. Morgan-Bathke:
memorganbathke@viterbo.edu

