

# Family Studies

## MINOR @ VITERBO UNIVERSITY



The Family Studies minor is an interdisciplinary program which focuses on human development within the family context, the nature of family interactions and family issues, and family interactions within broader social institutions. The minor is beneficial to all students and supports work in a variety of fields including health care, social services, counseling, teaching, ministry, family law, and business.

### Program Goals

1. Students will demonstrate an understanding of the complexity of individual and family development across the life span in diverse contexts and changing environments.
2. Students will analyze processes, policies, and contextual factors that affect the delivery of human services to individuals and families.

**Requirements (15 credits total):** Eight credits must be unique to the minor. Courses must be in at least two different disciplines.

#### Choose one of the following:

PSYC 220	Lifespan Developmental Psychology (every semester)	3 credits
PSYC 310	Child and Adolescent Development (every fall)	3 credits
PSYC 320	Psychology of Adult Development and Aging (spring odd years)	3 credits
SOWK 331	Human Behavior in the Social Environment (every fall; junior social work majors only)	3 credits

#### Choose four additional courses from the following:

CRMJ 364	Juvenile Justice (every fall)	3 credits
NURS 301	Death and Dying (every semester)	3 credits
NURS 323	Family Care Nursing Concepts (every semester; junior nursing majors only)	3 credits
PHIL 244	Philosophy for Education and the Role of Philosophy for Children (as available)	3 credits
PSYC 110	Human Sexuality (spring even years)	3 credits
PSYC 421	Family Therapy (spring odd years)	3 credits
SOCL 345	Marriage and Family (spring odd years)	3 credits
SOWK 210	Introduction to Social Work (every semester)	3 credits
SOWK 328/VUSM 281	Understanding Mexicans Living and Working in the U.S. (as available)	3 credits
SOWK 333	Child Welfare (spring odd years)	3 credits
SOWK 334	Interdisciplinary Work with Today's Families (fall odd years)	3 credits
SOWK 341	Social Welfare Policy (every spring; requires instructor's signature)	3 credits
SOWK 360	Interpersonal Violence (fall even years)	3 credits

### For More Information [www.viterbo.edu/familystudies](http://www.viterbo.edu/familystudies)

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