



# VITERBO UNIVERSITY

## PSYCHOLOGY

### Department Newsletter

2021

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## DEPARTMENT CHAIR'S WELCOME

The year has certainly been uniquely challenging. As many universities did, Viterbo abruptly shifted to virtual learning last spring. It was an extraordinary feat for faculty and students to switch to a different mode of teaching and learning mid-course! This year, most psychology courses are at least partly in-person, with a few fully online. It has been a tremendous amount of work for faculty, staff, and students to deliver enriching educational experiences while ensuring everyone's safety.

As our nation's past and present systemic racism have been laid bare through the pandemic and the murders of George Floyd, Breonna Taylor, Ahmaud Arbery, and too many other Black persons before them, the psychology faculty have been more thoroughly evaluating biases and omissions in our personal views, curriculum, and psychology and counseling fields. The Psychology Department supports diversity, inclusion, equity, and social justice in the teaching, science, and practice of psychology (including but not limited to gender, race and ethnicity, sexual orientation, disability, and SES). We strive to provide an inclusive educational environment and training that prepares students to be sensitive advocates for persons of all backgrounds and needs.

I am proud of the Viterbo community for our capacity to adapt in the face of unanticipated change, support and strive to understand others, and reflect on how we might actively improve our society. Read on to hear more about the current happenings in the Psychology Department.

Sincerely,  
Liza Ware, Department Chair

## ADJUNCT FACULTY & ALUMNI SPOTLIGHT



**Angela (Angie) Mensink, MS, LPCC, IMH-E®**

Angela Mensink is an alumna of Viterbo's Psychology B.S. program (2012) and Master's in Mental Health Counseling program (2014). She is also an adjunct faculty member for both programs and a doctoral student in Viterbo's Counselor Education and Supervision program.

**How long have you been teaching at Viterbo and what courses do you teach?** I have been an adjunct instructor at Viterbo since 2017 for psychology and 2019 for counseling program. I have taught General Psychology, Lifespan Development Psychology, and Interviewing and the Helping Relationship at the undergraduate level. I also have taught Trauma and Crisis, Lifespan Counseling, and Techniques in Child and Adolescent Counseling.

**What sparked your interest in teaching?** Some of my best experiences in a classroom have been with my in-

structors at Viterbo. Teaching is a way for me to give back to students and share my love and knowledge for psychology and counseling. It has become a passion and reason for my continued doctoral education.

**What do you enjoy most about teaching at Viterbo?** The energy and passion of the students! I also enjoy working alongside many knowledgeable faculty and staff members. Faculty are caring towards their students and want them to succeed. This is a value that I revere as a teacher.

**Describe your current position as a professional counselor.** I am a contracted Licensed Professional Clinical Counselor (LPCC) at Woods Psychological Services, LLC. I provide mental health evaluations and psychotherapy to children, adolescents, adults, and families. I specialize in infant and early childhood mental health. I also provide clinical supervision to counselors-in-training and mental health consultation to childcare centers and in-home settings.

**What do you like most about your current position?** They allow for a great deal of variety! I am able to clinically assess and treat patients, teach college students,

## ADJUNCT FACULTY & ALUMNI SPOTLIGHT (cont'd.)

and help promote the growth of future counselors. I especially enjoy working with children and observing their resilience and ability to overcome developmental challenges.

**Describe your path from Viterbo to your current position. What steps and career moves got you where you are today?**

Prior to graduating with my psychology degree, I applied to Viterbo's Master's in counseling program. This was an essential first step towards becoming a counselor. Both programs at Viterbo prepared me for clinical work and supported my passion for research. Prior to graduating with my Master's, I secured a position at a community mental health center as an outpatient therapist. This was vital to my training and growth as a counselor. I worked alongside Bachelor's and Master's level professionals serving the mental health needs of children and their families. Now, I do the same in private practice but with more flexibility to complete my Ed.D degree.

**What was the most beneficial thing you did as a student at Viterbo to prepare you for post-graduation?**

I knew I would go on for at least one additional degree that would involve research. My undergraduate research experiences and psychology courses helped to prepare me in this area. I also had a work-study position for the psychology department. It allowed me to work alongside faculty in the field and develop skills to prepare me for my future career and education. Most importantly, I could pick their brains about their occupational interests and career tracks. I learned so much! I also must mention the interviewing labs. Viterbo was one of the first to use these in their undergraduate programs, and it was one reason I wanted to attend Viterbo.

**What is your favorite memory from your time at Viterbo?**

In my work-study role, I worked with Dr. Debra Murray, who was the chair of the psychology department at that time. One afternoon, I had been working for several hours transcribing qualitative research, which is very tedious

and tiring work. Dr. Murray recognized my fatigue and suggested to me, "Let's go fly a kite!" I thought this was a metaphor for another project she had in mind. However, she opened a closet in the psych area which was home to three kites. So, we ventured off for a 15-minute break to fly a kite in the courtyard and talk about our research in the spring sunshine. Dr. Murray has been an important mentor for my personal and professional development ever since!

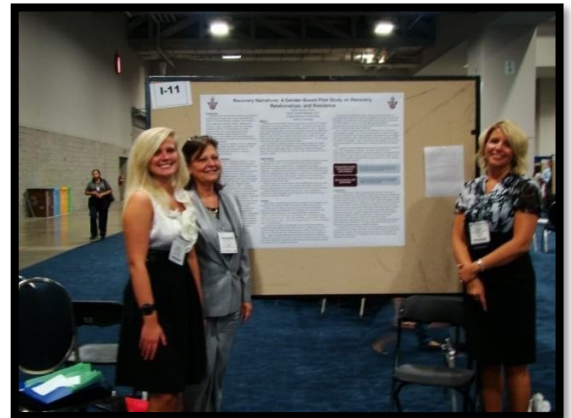
**What is something that you do for fun (e.g. hobbies, interests beyond teaching)?**

I enjoy puzzles, traveling, cooking/baking, and exercising. Since COVID-19 began, I have gotten into running on trails and roads (something I haven't done since high school). Another hobby of mine is conducting research!

**What advice can you give current or prospective Viterbo psychology students?**

Viterbo offers an excellent variety of courses and employs faculty with a range of interests and expertise that can further help you to explore what you want to accomplish during your undergraduate career and beyond! Say "Yes" to all opportunities for internship and research experiences as well. Undergraduate studies are for exploration!

*"Say "yes" to all opportunities for internship and research experiences..."*



Mensink presenting research as an undergraduate with Dr. Debra Murray and Val Kokott-Rebhahn ('96)



Mensink with Phillip Zimbardo

## Stephanie Thorson-Olesen

I enjoyed collaborating with students and publishing two research studies this past year. One was on combating racial injustice and the other examined gratitude and marriage satisfaction. In addition, I published two children's books. "See What We Can See", through Amazon and "Remember That I Will Love You Forever" with Barnes and Noble. I also became a Nationally certified Youth Mental Health First Aid trainer and completed a 16-week intensive program through UW-Madison to earn the Professional Certificate in Online Education.

## Michael Parker

In the past year I have expanded my research program on the psychology of conspiracy theories. I have worked with students and a collaborator at another institution to delve deeper into explanations for conspiratorial beliefs, the motivations underlying acceptance of conspiracies, and am currently writing a manuscript for publication. In the next phase of this research program, we will be designing experiments to determine the role of situational threats that lead to conspiratorial beliefs. I am also working on finalizing a series of 4 experiments on the motivational antecedents of perfectionism that I have been working on with a former student. We hope to write a paper for publication in 2021.

## David Saunders-Scott

I recently conducted research exploring the possible influences of the microbiota on health—example, using an animal model to identify healthy gut bacteria that have the potential to improve mental health and well-being. My research entitled *Gut Bacteria Associated with Reduced Anxiety* was accepted for a poster presentation at the 2020 *Association for Psychological Science Conference*, which was cancelled due to the pandemic. I am currently interested in scholarship that will promote racial and social justice and equity. *The Minnesota Post* and *La Crosse Tribune* recently published two op-eds I wrote on the topic of justice and equity. During the summer of 2020, I co-chaired Viterbo's Combatting Racism and Injustice working group, and I am currently the co-chair of Viterbo's Social Justice and Equity Committee.



## Liza Ware

During my spring 2020 sabbatical, I conducted data coding and analysis for my project on children's learning about ecological relationships at a farm camp. Some sabbatical plans were delayed due to the pandemic, but I will submit the research this year for publication. I also revised the Child and Adolescent Psychology course to focus on more current topics in the field, such as the development of prejudice, gender identity, and racial-ethnic identity. With the assistance of Bill and Stephanie, I am also developing an applied psychology and personal growth course to be offered this summer to high schoolers at the Boys and Girls Club of La Crosse to help introduce them to the college experience.

## David Bauer

Over the past year I have transitioned from laboratory research using model organisms towards projects that take advantage of maintained data repositories. I am currently working with psychology, neuroscience, and biology majors using different repositories to investigate questions about mitochondria and longevity across species, mental health concerns after traumatic brain injuries, and parental characteristics contributing to the development of offspring substance use disorders. Additionally, I continue to explore moral judgment development in Viterbo students. I started teaching courses in the doctoral program this year and I've learned a great deal about recording video lectures and conducting classes online.

## Bill Bakalars

I continue to plug away improving counselor skills in both the Substance Abuse Counseling minor as well as the Master's in Mental Health Counseling programs. Most prominent is aligning counseling competencies with the licensing expectations for licensed substance abuse counselors (SAC) and licensed professional counselors (LPC). I have done some training in Acceptance and Commitment Therapy (ACT) and am anxious to meld this in to some of the courses I am teaching. I continue my outpatient practice with Mayo Outpatient Behavioral Health about 20 hours per week as well as some consultation duties with Inclusa, a state wide mental health management organization.



# RECENT ALUMNI SPOTLIGHT



## Sydney Eckert

### Education

- B.S., Psychology, Minor, Substance Abuse Counseling, Viterbo University, 2016
- M.S., Psychological Sciences, Seattle Pacific University, 2019
- Ph.D., Clinical Psychology, Seattle Pacific University, Anticipated Graduation 2023

### Current Employment

- Therapy provider: Swedish Multiple Sclerosis Center, The Seattle Clinic, and self-owned Sydney Rose Counseling, LLC. Focus on dialectical behavior therapy for various ages/disorders.
- Psychology practicum: Good Samaritan Regional Rehabilitation Hospital. Short-term/solution focused therapy, intakes, neuropsychological testing for dementia, stroke, chronic illness, other disabilities.
- Graduate teaching/research assistant: Seattle Pacific University. Current research focus: risk and protective factors in first responders.

### What I enjoy most about my current position/program:

The most rewarding work I do is trauma work for people with complex presentations (i.e., multiple or chronic diagnoses, suicidality). It is hard and life changing. I have witnessed astonishing transformations where people have moved from living lives constrained by trauma and fear to choosing more effective coping skills, thriving at work, engaging in meaningful relationships, and inspiring others to address mental health concerns. They encourage me to be courageous in my life too.

### Activities at Viterbo

- Internships: Family and Children's Center's Hope Academy & Level 5 Treatment Facility, Bluff Country Family Resources
- Research: Research Assistant to Dr. Thorson-Olesen. Burnout in caregivers for elderly; gratitude and marriage satisfaction. Has led to 3 co-authored publications.
- Extracurriculars: Psychology Club officer; Honors student; Athletics (Soccer, NAIA scholar athlete and youth camp coordinator), Volunteer (Franciscan Sisters of Perpetual Adoration)

**Reflection on your time at Viterbo:** Viterbo provided me the opportunity to engage with meaningful internships, engaging coursework (health psych, biopsych, & motivational interviewing being some of my favorites!), and enjoyable research opportunities. I also have to give a shout out to all of the psychology faculty – you don't realize what they do for you and put up with until you start teaching yourself! Thank you for your support and guidance.



## Xavier Smart

### Education

- B.S., Psychology, Viterbo University, 2016
- M.S., Professional Counseling. Clinical Mental Health Counseling concentration, Mount Mary University, 2020

### Current Employment

Community Healer & Counselor: HIR Wellness Institute, Milwaukee, WI, a non-profit, serving Indigenous/ Native American and underserved communities. We provide an interdisciplinary and social justice caring approach for victims of sexual assault, domestic violence, human trafficking, and Missing and Murdered Indigenous People. I provide individual and group therapy, and community resources, such as social support and mental health education.

### What I enjoy most about my current position/program:

I am encouraged and supported to embrace my healing journey. This allows me to find the courage to speak my truth, and embrace and utilize the gifts that were given to me so that I can be at my best when serving the community. I love that I provide services in a typical setting, but also bring healing and mental health support to the community, whether through Facebook Live events that I am a part of or being at community events. My role at HIR also includes mentoring interns. We encourage and challenge them to lean into their voices and gifts as helping professionals, and teach them how we can work together across our different helping disciplines, to provide holistic and well-rounded treatment options to individuals we work with.

### Activities at Viterbo

- Internship: Child Care Provider Intern, The Parenting Pace
- Research: (1) Viterbo Summer Undergraduate Research Fellowship. Mentor: Dr. Liza Ware. Nature experiences and knowledge about the natural world. (2) Co-authored with fellow student, Justice Lawson (Carson), The effects of implicit racial bias and motivation to control prejudice on racial belief.
- Extracurriculars: Breaking Barriers Diversity Club, Vice President; Psychology Club member, Campus Ministry; Summer Resident Assistant; Viterbo Track and Field team.

### Reflection on your time at Viterbo:

My favorite thing about being a psychology major at Viterbo was the unconditional love and support received from faculty. I absolutely loved the small class sizes! This invited the opportunity to truly work with and feel supported by faculty. Each professor motivates, supports, and challenges you in such different ways that allow overall growth. I felt supported, and I felt seen!

*“I felt supported, and I felt seen!”*

*“Viterbo provided me the opportunity to engage with meaningful internships, engaging coursework ... and enjoyable research opportunities.”*

# CURRENT STUDENT SPOTLIGHT



**Jared Elijah Wilson**  
**Year in School:** Senior  
**Major:** Psychology  
**Minor:** Substance Abuse Counseling

**Why I choose Psychology:** I am exceedingly curious, and, as controversial as this may be, no other science embodies curiosity like psychology. Other sciences are incredibly important to understanding the world around us, but psychology challenges us to understand ourselves. I think that's beautiful.

**Favorite thing about being a student at Viterbo:** I love the supportiveness of the campus. Some universities have a sink-or-swim culture with little to tie you to the community, while Viterbo fosters a culture of kindness and connectedness. I'm friends with professors, lunch staff, security guards, and students who care just as much. I wouldn't have that sense of community at many other places.

**Favorite psychology class:** Advanced Research has been the single best opportunity for me. I'm in my third semester of Advanced Research, and every time provides me with more experience, knowledge, and autonomy in my higher education experience. No other class provides the level of creative control and rewarding work.

**Internships/research projects completed:** I have completed two separate research projects on the Dunning-Kruger Effect and its mediating factors. I worked with Dr. Bauer to analyze differences in participants' perceived performance relative to their actual performance across variables such as level of education, political party, and social and economic values. This experience solidified my career choice and was fun even when it grew stressful.

**Post-graduation plans:** I hope to enter a graduate program for Industrial/Organizational Psychology. I've completed all of my applications, so now I'm anxiously awaiting the results. I hope to obtain my PhD, so I can enter into a career as an I/O psychologist and increase the quality of life for laborers at different organizations.

**Advice for Freshmen:** Don't be afraid to put yourself out there. It's easy enough to go to classes and continue a work-relax cycle every day, but I your time will be much more rewarding if you get to know your professors, spend time with different students, and join a club. You'll have a lot on your plate, but you won't remember staying in to re-read chapter 3 of your textbook years later. You will remember that time you joined a random club, made a dozen close friends, and learned something about yourself from it.



**Kaitlin Babcock**  
**Year in School:** Senior  
**Major:** Psychology  
**Minor:** Substance Abuse Counseling and Music

**Why I choose Psychology:** I knew I wanted to help people, I figured nursing would be the obvious major. In my first semester, however, I took my general psychology course and found myself wanting more information about every topic we learned about. I added a psychology minor, but that didn't feel like enough and I finally decided to switch. I was drawn to the material, constantly curious and wanted more. It was one of the best decisions I have made.

**Favorite thing about being a student at Viterbo:** I love the small, welcoming community. As soon as I stepped on campus, I felt like I was home. I love that the professors know us, and it's easy to make meaningful connections with them. I love walking through campus recognizing faces everywhere. The Catholic values at Viterbo have also helped me grow my personal faith and individual values. I feel like everyone on campus has my back and truly cares for me as an individual person rather than just another student.

**Favorite psychology class:** I really enjoyed my interviewing and helping relations course with Stephanie Thorson-Oleson. It was the class that really set my career path. I was unsure about what I wanted to do with my degree until I entered Stephanie's classroom and decided to take the counseling route.

**Internships/research projects completed:** I had an internship with Deb Murray, director of the Counseling Education program. I got to see the background details of the mental health counseling program and gain wisdom about the field. Because of COVID, I was unable to go with Deb into the community, but she still found some great training opportunities like compassion fatigue training.

**Post-graduation plans:** I plan to attend graduate school for Mental Health Counseling. I am waiting to hear back from my top choice and then I can take the next steps in starting my true adult life. I plan to get a job doing crisis counseling while I am in school. After my degree, I would love to work in a clinical setting or on a college campus doing counseling work.

**Advice for Freshmen:** Embrace your time here. Live in the moment and find ways to enjoy yourself. College goes by quickly and it can be easy to get wrapped up in what the future will look like, but you will never regret making memories, and you have to live in the moment to have memories to look back on. You may make mistakes, but it is all part of the journey.

*"I love the small, welcoming community. As soon as I stepped on campus, I felt like I was home."*

# Psychology Alumni Updates

Congratulations to all alumni on their accomplishments!

## Anne Pitsch Santiago - 1988

Chair, Department of Political Science and Global Affairs, University of Portland. Workshop leader for new teachers, American Political Science Association's Annual Conference, August 2020.

## Michelle Rooney - 1989

Continued employment as social worker with La Crosse County Human Services, but switched from Child Protection to Youth Justice in 2019. Husband, Joel, is a psychologist with human services and daughter, Lauren, is 10 years old and in fourth grade at Emerson Elementary.

## Valerie Kokott-Rebhahn - 1996

Opened own professional practice in 2020, The Center for Resilience and Healing, LLC, Independence, WI. Works with children, adolescents, adults, and families, focusing on trauma and chronic stress, anxiety, depression, grief, divorce/custody issues, and major life changes.

## Crystal Sobotta (Oslie) - 1999

Starting 15th year as a school counselor at Houston High School MN.

## Nicole Gilbertson - 2002

Provide telehealth services and supervision of other clinicians, Pine Rest Christian Mental Health Services. I enjoy gardening, raising backyard chickens, I learned fly fishing this past summer, and completed my first backpacking hike covering 40 miles of Centennial Trail in South Dakota.

## Vilmarie Fraguada Narloch - 2006

PsyD. Launched a new mental health non-profit, Sana Healing Collective, and received 501c3 status. More information is available at [www.sanahealingcollective.org](http://www.sanahealingcollective.org).

## Kaleena Narwani (Marquez) - 2007

Learning Specialist, Access Community Health Network. Completing second Master's in Human Computer Interaction, DePaul University.

## Shannon Ketcham - 2010

Manager of Student Programs, Spokane Community College, Spokane, WA.

## Courtney Dahlby (Zeimet) - 2011

MS, School Counseling, 2014. School Counselor, Winona Senior High, since 2014. Married in 2016.

## Ashley Bauer (Kirkeng) - 2011

Went back to school to become an registered nurse, Viterbo. Anticipated graduation, May 2022.

## Abby Heisserer (Olson) - 2013

MA, Counseling and Psychological Services, St. Mary's University of MN. LPCC, 2019. Outpatient therapist, Affinity Psychological Services.

## Erolyn Sebastian - 2013

Birth of a son in 2018. Applying for a Masters program (Fall 2021) in Taiwan.

## Chantell Phillips - 2013 & 2016

Counseling and clinical supervisor, Gundersen's Unity House for Women, La Crosse. Birth of baby boy last year.

## Nicole Neuverth - 2016

MSE, University of Wisconsin Oshkosh. Psychotherapist Waushara County

## Bekah Weigel - 2016

In 3rd year at UWM for their MSW program. Working as a CASA Case Manager in Monroe and Vernon Counties. Will be getting married in June.

## Alyssa Sherwood - 2016

MSW, 2019. School-Based Mental Health Therapist, Gundersen SJT, Hillsboro, in Hillsboro and Wonewoc-Center School Districts. Finishing supervised practice hours and will be eligible for LCSW test, and can then transition to full-time, Mental Health Provider position. Became a homeowner in October 2020 in Tomah, where I live with my 11-year-old dog, Scout.

## Allison Purvis - 2016

Purchased a home with boyfriend, Brian Bagge. Running a farm with sheep, cows, custom feed pigs, and puppies Lilly and Bailey.

## Maria Michels - 2017

MA, Clinical Psychology, 2020. In PsyD program, dissertation on gender bias in sports. Developed novel coping scale (MDH-CI) and presented research at 2020 APA conference.

## Hollyann Saucedo (Niemiec) - 2017

M.S., Mental Health Counseling, Viterbo, 2019. Outpatient and school-linked mental health therapist, Hiawatha Valley Mental Health Center, working with school-aged kids and adolescents.

## Stephanie Verilek - 2017

MSW, UW-Madison, 2020. Social Worker, La Crosse County Crisis Unit.

## Stacy Bracht - 2018

M.S., Human Resources and Industrial Relations, University of Minnesota, 2020. Employed at UnitedHealth Group, Human Capital Apprentice.

## Lana R.G. Buchner - 2018

M.S., Mental Health Counseling, Viterbo, 2020. Outpatient Therapist, Counseling Associates, La Crosse.

## Marisa Stefanski - 2019

In first year for MS, Occupational Therapy. Started fieldwork rotation at Froedtert Hospital, in-patient rehab.

## Brooklynn Rucinski - 2019

Behavior Specialist, Chileda, August 2020. Creates programs for staff to help kids function to the best of their abilities and work on life skills.

## Rowdy Yates - 2019

Finishing MS, Forensic and Legal Psychology, Marymount University. Completed internship, Naval Criminal Investigative Service (NCIS), Office of Forensic Support. Currently job interviewing at federal agencies.

## Sarah Murl - 2019

In first year of MS, Mental Health Counseling, Viterbo. WI AHEC scholar and treasurer, Chi Sigma Iota honors society. Mental Health Practitioner providing adult rehabilitation mental health services, Zumbro Valley Health Center, Rochester.

## Alli Dunne - 2020

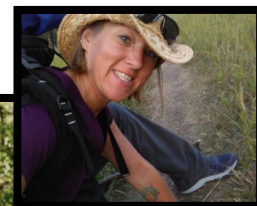
First year at University of Nebraska-Lincoln for PhD, Psychology. Studying changes in emotion regulation during COVID-19 and collaborating with political science department on threat and uncertainty project. Loving Lincoln and have taken up rock climbing and biking!

## Nicholas Moder - 2020

Sales representative, Suppz supplement store. Working towards nutrition certification.



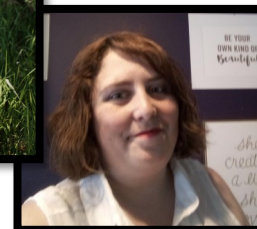
Allison Purvis's little farm family



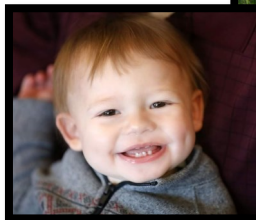
Nicole Gilbertson "hitting the trail"



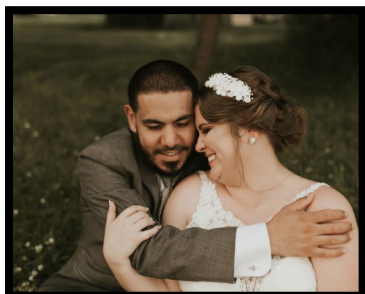
Bekah Weigel's engagement photo with fiancé, Dustin.



Shannon Ketcham



Chantell Phillips's son, Atlas



Hollyann Saucedo and husband Manny



Courtney Zeimet, husband Joel, Beckham (3), and Rowen (1)

**Alumni, do you have a memory or update to share?**  
**Email psychology department chair Liza Ware at: [eaware@viterbo.edu](mailto:eaware@viterbo.edu)**



# Presentations, Publications, & Awards PAGE 7

Psychology students and faculty have been hard at work on a variety of fascinating research projects, internships, conference presentations, and scholarly publications. Congratulations to all on their accomplishments!

## Research Methods II Research Projects

Psyc 330 students worked hard on their research projects last spring!

### **The Effect of Education on Counseling Attitudes**

- Sheridan Kaatz, Amy Brown, Kylie Westerberg, Alexandra Syvertson

### **Age and Emotion in Moral Judgement**

- Nicole Skroch, Kylee Laufenberg, Aaron Syvertson, Lindsay Weber

### **Traits Associated with Hireability in Management Positions**

- Anna Busteed, Victoria Collier, Stephanie Hayne, Asia Parkhurst

## Advanced Research (Psyc 489) Projects

**Student:** Allison Dunne

**Faculty mentor:** Michael Parker

**Research topic:** Reframing Perfectionism from a Motivational Perspective

**Student:** Allana Haas

**Faculty mentor:** David Saunders-Scott

**Research topic:** When the Justice System is Unjust: Exploring a Possible Route for Humanizing Disenfranchised Individuals

**Student:** Jared Elijah Wilson

**Faculty mentor:** David Bauer

**Research topic:** Inaccurate Self-Perceptions of Political Competence

## Recent Student Internship Placements

**Kylee Laufenberg** – Peli Preschool and Family Center

**Kaitlin Babcock** – Viterbo MSMHC program

**Anna Busteed** – Garrison Counseling, Inc.

**Christina Repa** – Viterbo Recreation Department

**Desiree Ryan** – Viterbo Recreation Department

**Alexandra Syvertson** – Viterbo MSMHC program

**Kylie Westerberg** – Innovative Services, Inc.

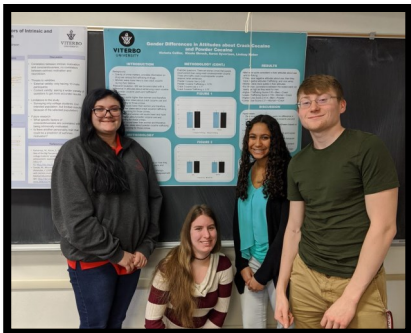
**Rachel Zeleznik** – Catholic Charities Immigration Services

**Aaron Syvertson** – Viterbo University (Title IX)

## Student Presentations & Publications:

### **The Dunning-Kruger Effect in Education and Politics**

- Jared Elijah Wilson (2020, November). Seven Rivers Undergraduate Research Symposium, Viterbo University.



## Faculty Presentations & Publications:

*\*indicates student co-author*

Bauer, D.J. (2020, October). *Moral judgment and the Dunning-Kruger effect*. Presentation at the annual Viterbo University Celebration of Faculty Scholarship, La Crosse, WI.

Parker, M.T. & Dunne, A.\* (2020, February). *Basic need thwarting as a motivational antecedent of perfectionism*. Poster presented at the 21st annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.

Saunders-Scott, D., Lawrence, C., & Parker, M.T. (2020, May). *Gut Bacteria Associated with Reduced Anxiety: Implications for Mental Health*. Poster accepted for presentation at Association for Psychological Science Convention, Chicago, IL. (Convention cancelled due to COVID-19)

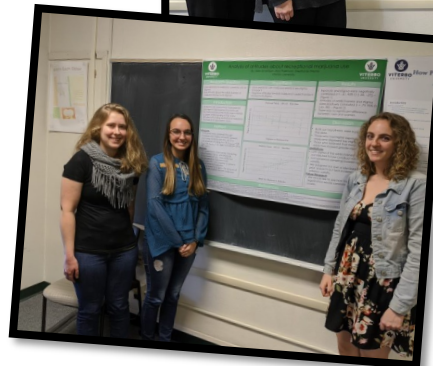
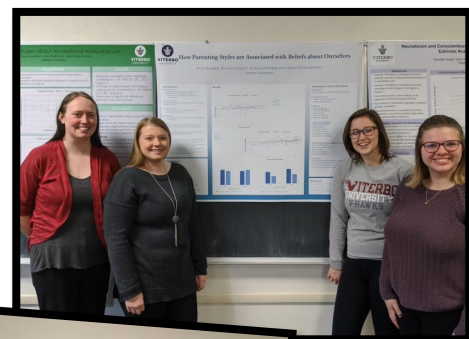
Thorson-Olesen, S.J., Eckert, S\*, Oefstedahl, J., & Murl, S.\* (2020). Dispositional gratitude and marriage satisfaction. *Journal of Health Science and Education*, 4(6), 1-6. doi:100.0000/JHSE.1000200

Thorson-Olesen, S.J., Lawson, J.\*, & Goins, K.\* (2020). Examining the counselor role in combating racial injustices: Including theoretical recommendations. *Wisconsin Counseling Journal*, 33, 70-78.

Thorson-Olesen, S.J., & Oefstedahl, J. (2020, March). *Integrative care considerations for moms struggling with opioid use*. Round Table at the VOICE Opioid Recovery Summit, La Crosse, WI.

## Faculty Awards and Recognition

**David Bauer** – Promoted to Professor



# DEPARTMENT EVENTS

We have missed celebrating graduations and other milestones in person this year, but we have still found ways to come together, cheer each other on, and support each other!



December 2020 Graduation "Zoom" Celebration



May 2020 Graduation "Zoom" Celebration



Psych Club Decorated our fifth floor Murphy Center bulletin boards!



Spring 2020 Coffee & Conversations

## QUESTIONS? CONTACT:

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