

Sample Four-year Plan for Nursing

Note: The four-year plan is for example purposes only. Students should refer to the catalog in effect upon their entry to Viterbo for more specifics on requirements of the core curriculum, major, and degree. Some courses have certain semester rotations that may or may not be reflected below. Your advisor will assist you with actual registration planning to accommodate these rotations. For complete information, see the current undergraduate catalog.

Fall Semester – First Year		Spring Semester – First Year	
ENGL 103/104/105 – CCF Written Communication ¹	3–4	ENGL 104/105/195 – CCF Written Communication	3–4
VUSM FVT – Franciscan Values and Traditions	3	BIOL 114 – Anatomy and Physiology II ¹	4
<i>CCWOT (Recommend Theological Inquiry)</i>	3	BIOL 114L – Anatomy and Physiology II Lab ¹	0
BIOL 104 – Anatomy and Physiology I ¹	4	<i>CHEM 106 – Chemistry for Health Sciences¹ (CCWOT Natural Science)</i>	4
BIOL 104L – Anatomy and Physiology I Lab ¹	0	<i>SOCL 125 – Introduction to Sociology²</i>	3
<i>PSYC 171 – General Psychology² (CCWOT Social Sciences)</i>	3		
TOTAL CREDITS	16–17	TOTAL CREDITS	14–15
Fall Semester – Second Year		Spring Semester – Second Year	
BIOL 296 – Microbiology for Health Professions	4	CCF Written Communication II	3
BIOL 296L – Microbiology for Health Professions Lab	0	VUSM LDW – Living in a Diverse World	3
<i>MATH 130 – Intro. Stats. (CCF Quantitative Literacy)</i>	3	NURS 221 – Gerontology Nursing	3
NURS 230 – Health Assessment	3	NURS 221L – Gerontology Nursing Lab	0
NURS 230L – Health Assessment Lab	0	<i>NURS 240 – Prof. Comm. (CCF Oral Communication)</i>	3
NURS 290 – Professional Nursing Concepts	3	NURS 349 – Pharmacology	3
NURS 342 – Pathophysiology	3		
TOTAL CREDITS	16	TOTAL CREDITS	15
Fall Semester – Third Year		Spring Semester – Third Year	
<i>CCWOT (Recommend Historical Analysis)</i>	3	VUSM SCG – Serving the Common Good	3
<i>PSYC 220 – Lifespan Psychology²</i>	3	<i>CCWOT (Recommend Philosophical Inquiry)</i>	3
<i>NURS 323 – Family Care Nursing Concepts</i>	3	<i>NURS 365 – Nursing Research</i>	2
<i>NURS 324 – Family Care Nursing Clinical</i>	3	<i>NURS 372 – Adult Health Nursing Concepts</i>	4
<i>NURS 324L – Family Care Nursing Lab</i>	0	<i>NURS 382 – Adult Health Nursing Clinical Applications</i>	4
<i>NUTR 280 – Nutritional Foundations for Nursing</i>	3	<i>NURS 382L – Adult Health Nursing Lab</i>	0
TOTAL CREDITS	15	TOTAL CREDITS	16
Fall Semester – Fourth Year		Spring Semester – Fourth Year	
<i>CCWOT (Recommend Integrating Faith and Practice)</i>	3	VUSM TEL – The Ethical Life ³	3
<i>CCWOT (Recommend Literary Analysis)</i>	3	<i>CCWOT (Recommend Artistic Engagement)³</i>	3
<i>NURS 422 – Advanced Adult Concepts and Clinical</i>	4	<i>NURS 452 – Public Health Nurs. Concepts and Clinical</i>	4
<i>NURS 432 – Psych. Nursing Concepts and Clinical</i>	4	NURS 482 – Professional Nursing Clinical Capstone	4
<i>NURS 465 – Leadership in Prof. Nursing Practice</i>	3	NURS 483 – NCLEX Prep (optional)	1
TOTAL CREDITS	17	TOTAL CREDITS	15

NOTES:

Italics – can be taken in either semester.

¹REQUIRED: Prerequisite coursework for professional nursing sequence application.

Due by May 15/Dec. 1 application deadline – nursing math test in the Academic Resource Center.

Requirements due first week of sophomore coursework:

- Current certification as nursing assistant (CNA)
- CPR certification (American Heart Association – CPR for Healthcare Provider)
- Completed physical exam

²PSYC 220 Lifespan Psychology may be moved up to spring of the sophomore year if space allows.

³ Consider moving one of the core curriculum courses in the final semester up to an earlier semester, or taking a co-counting VUSM course, to lighten the load the final semester. Students taking their clinical capstone find it more challenging to fit in two core curriculum courses that semester.