



VITERBO UNIVERSITY

PSYCHOLOGY

Department Newsletter

2018 — 2019

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DEPARTMENT CHAIR'S WELCOME

Greetings from the Viterbo University Psychology Department! The year has been filled with accomplishments by psychology students and faculty. Some highlights are below.

- **Psi Chi Chapter:** We were approved to form a Viterbo chapter of Psi Chi, the International Honor Society in Psychology. Current students and alumni are eligible to join and receive member benefits. The installation ceremony will be held this spring.
- **Psychology Events:** The Psych Club and Psychology Department hosted several events, including: a Psychology Alumni Panel for students to learn about career and graduate school paths; an Adverse Childhood Experiences (ACES) training led by psychology and Master's in Mental Health Counseling alumna Angela Mensink; and movie and mindfulness nights for students to socialize and unwind.
- **4+2 Program:** Many psychology students are taking advantage of our 4+2 program with the Mental Health Counseling program to get a head start on their graduate studies.
- **Alumni Successes:** We continue to have a strong placement rate (94%) of graduates in employment or graduate programs, including Master's and Doctoral programs. In this year's newsletter, we are excited to add an "Alumni Updates" section to showcase our alumni's personal and professional accomplishments.

Read on to learn about the great things going on in the Psychology Department!

Sincerely,
Liza Ware

FACULTY SPOTLIGHT



David Bauer, Ph.D.
Associate Professor
Interview by: Megan Baker

1. What area of psychology do you specialize in?

His background is primarily in behavioral neuroscience/biopsychology

2. What were some of your favorite/most important classes in college?

He took a lot of Biology and Chemistry courses in college because he was originally pre-med and then switched to a Clinical Psychology focus. His favorite courses included Physiological Psychology, which would be the equivalent to the Brain and Behavior course at Viterbo, and Neuroscience.

3. What classes do you teach at Viterbo?

His primary courses include: General Psychology, Research Methods, Brain and Behavior, Psychopharmacology, Behavioral Neuroscience, and Psychological Testing.

4. Why did you choose to teach at Viterbo? How long have you been teaching here?

This is his eleventh year at Viterbo. His undergraduate experience was at Hope College which is a small, private, liberal arts school. He really enjoyed that type of atmosphere and was looking for something similar. When he got an offer to work on continuing to build and develop the Biopsychology major here, he decided to take the leap.

5. Tell me a bit about one of your recent research projects.

He is beginning a research project on moral judgement development. It is designed to track students at Viterbo to see how their moral reasoning changes over time, with the expectation that it should increase. He is interested in how specific Viterbo experiences might promote that development.

His primary research focus is photobiomodulation, which involves exposing organisms and tissues to specific wavelengths of light that interact with cytochrome c oxidase, an enzyme in the mitochondrial electron transport train. His experiments typically use fruit flies or other model organisms. He exposes them to a toxin, such as cyanide or paraquat, along with a 670 nanometer light treatment. He measures how the treatment affects the organism's lifespan.

FACULTY SPOTLIGHT CONTINUED

6. What is the best advice you've ever been given?

Pursue your passion. Find what you're interested in, and pursue that further. Find courses that align with those interests. Keep your eyes open for experiences you may not have expected.

7. What are some hobbies of yours?

He enjoys outdoor activities, gardening, hunting, landscaping, videogames and gaming. He's big on board games and card games.

8. What is a fond memory of your time at Viterbo?

He enjoys developing interdisciplinary relationships and being able to co-teach courses, for example, with his friends and colleagues in philosophy or biology. The relationships built over-time have been his favorite "memories."



Liza Ware, Ph.D.
Associate Professor
Interviewed by: Megan Baker

1. What area of psychology do you specialize in?

Her specialty areas are cognitive and developmental psychology. Her degree is in cognitive psychology, with a focus on development. She studies how children learn about the world.

2. What were some of your favorite/most important classes in college?

She always had a desire to work with children in some capacity. The college she attended did not have an education program so she gravitated towards psychology. One class that really sparked her interest was Biopsychology, because she was fascinated with how the brain connects to behavior. Surprisingly, she didn't do well in her Cognitive Psychology class, but that was what she ended up studying in graduate school. She gives that as a lesson to students, that even if you're not doing well in a class, you may find out that you like it.

3. What classes do you teach at Viterbo?

She teaches the developmental psychology classes, including: Lifespan Development, Child and Adolescent Development, and Adult Development and Aging. She also teaches Research Methods and Learning and Cognition.

4. Why did you choose to teach at Viterbo? How long have you been teaching here?

This is her tenth year at Viterbo. She knew she wanted to be at a small, liberal arts school, which was one of the things that attracted her to Viterbo. When she interviewed here, she really liked the sense of community as well as the mission and location. She hadn't heard of Viterbo before coming here, but fell in love with it when she did.

5. Tell me a bit about one of your recent research projects.

Her most recent research project looks at what children learn about nature and ecosystems as a result of being immersed in a natural setting. Specifically, she is studying children attending a local farm camp in the summer where they get to interact with nature and learn about the relationships between people, plants, and animals in the farm ecosystem. She is looking at how the farm camp experience and other prior experiences with nature, help children learn about ecological relationships. Ultimately, the motivation for this research is to identify what sort of experiences might help children develop eco-friendly practices and sustainable lifestyle choices.

6. What is the best advice you've ever been given?

She was raised with the attitude that "you can do anything that you want to as long as you try and go for it." She thinks that is something that she has carried over into her life—when she sees a challenge, she tries to find a way to surmount it.

7. What are some hobbies of yours?

She enjoys the outdoors; hiking is one of her favorite hobbies. She also enjoys cooking, swimming, reading, and watching movies. Right now, she most enjoys spending time with her young daughter.

8. What is a fond memory of your time at Viterbo?

Her favorite time of the academic year is when her research methods students present their research projects at Viterbo's Scholars' Days event in April. She stated: "It's amazing to see them get to that point and be so proud of the hard work they did all semester and put themselves into a professional setting. They really enjoy it so it's one of those moments when you really feel all of your hard work is paying off."

"Keep your eyes open for experiences you may not have expected."

FEATURED ALUMNI SPOTLIGHT



Michael Boticki
Psychology Major
Class of 1991
 Interviewed by: Liza Ware

1. Describe your current position

Director of Education in Counseling and Psychology at The Prairie School, a private school in Racine, WI, for early childhood through 12th grade. My position involves supporting students, families, and staff in their social and emotional growth, development and through struggles.

2. What do you like most about your current position?

Much like my days at Viterbo, The Prairie School acts as a community. I love when students, families and educators work together. When people work in unison in the genuine best interest of a child, great things can happen.

3. Can you describe your path from Viterbo to your current position? What steps and career moves got you where you are today?

I earned my Master's Degree in Counseling (St. Mary's University of Minnesota), and my PhD in Counseling and Educational Psychology (Marquette University). My specializations include nonprofit management, working with people who have experienced trauma, and increasing mental health awareness. The largest career move I have made is being willing to address my own challenges and develop self-awareness prior to committing myself to the field. I thank my Viterbo mentor and support (Dr.

Mort Morehouse and Lesley Stugelmeyer) for modeling this during my college years.

4. What was the most beneficial thing you did as a student at Viterbo to prepare you for post-graduation?

The mini-internships and volunteer time that was built into the program was essential to my professional growth. The opportunity to process these experiences with peers and educators in a safe environment allowed me to better understand the field, while building skills, direction and self-confidence.

5. What was the most valuable lesson you learned while at Viterbo?

The most valuable lesson I learned at Viterbo was how to work and be productive with ideas different from my own. To hear varying opinions, perspectives and viewpoints can be very healthy, and is the essence of critical thinking.

6. What is your favorite memory from your time at Viterbo?

My years as the V-Hawk basketball manager are priceless. In addition, winning the Courtyard Carnival Air Band contest in 1990 (I believe). We were KISS! (Rey Eduvas was Ace Frehley, Pat Froiland was Gene Simmons, Chad Childress was Peter Criss, and I was Paul Stanley.)

7. What advice can you give current or prospective Viterbo psychology students?

Always try to find a balance. Work ethic is very important, as is your ability to explore your passions both inside and outside of the field.

"To hear varying opinions, perspectives and viewpoints can be very healthy, and is the essence of critical thinking."



Michael Boticki and fellow classmates as KISS in the Courtyard Carnival Air Band Contest, 1990.

RECENT ALUMNI SPOTLIGHT



Erin Burns
(Mulcahy)

Education

- Ed.D., Governor's State University, Counselor Education and Supervision (starting Fall 2020)
- M.A. in progress, Lewis University, Clinical Mental Health Counseling, Adult (anticipated May, 2019)
- B.A., Viterbo University, 2016. Major: Psychology; Minor: Spanish

Current Employment

- Graduate Assistant, Psychology Department, Lewis University
- Counseling Intern, Taking Control Counseling
- Behavioral Health Associate, Alexian Brothers Behavioral Health Hospital
- APA, Video Participant Coordinator

Activities at Viterbo

- Internships: Will County Crisis Line (IL); 50-hr. training for Sexual Assault and Domestic Violence Advocacy (Guardian Angel, IL); Stein Counseling (WI)
- Research: *Marital Attitudes and Relationship Satisfaction in College Students and Faculty*, Faculty mentor: David Bauer. Presented at 2016 Wisconsin Counseling Association conference.

Favorite thing about Viterbo

Viterbo is without a doubt my second home. One of my favorite things about Viterbo is the close-knit community. After graduating, I still feel as though I have developed meaningful relationships that will last a lifetime, not only with my peers, but with my former professors. The environment at Viterbo is what drove my choice of graduate schools.

Favorite thing about Viterbo Psychology

Viterbo's psychology department felt more like a close group of friends and mentors rather than peers and educators. Each faculty member took the time to get to know me, not only as a student, but as a human being. They truly cared about my success and well-being. The faculty demonstrated how passionate they are about the field of mental health every day. I felt challenged to grow as a person and a professional under their guidance. They exceeded my expectations in helping me through the grad school application process. Even after almost three years of being away from Viterbo, I still feel just as comfortable reaching out to former peers and professors. I feel this is rare at most universities. The psychology department helped me to make connections beyond my education that I will continue to rely on personally and professionally throughout my career.



Hunter Nelson

Education

- B.S., Viterbo University, 2018. Major: Psychology

Current Employment

- Data Coordinator, AkitaBox, Madison, WI, a facility management software company. Hunter works in the Implementation Department, helping to gather information and implement it into the software for clients. His psychology background helps him to use and interpret data and spreadsheets, and communicate professionally with clients.

Activities at Viterbo

- Research: *The Effect of Priming on Reaction Times in Athletes and Non-Athletes* for the Psych 330: Research Methods II course.
- Research: *Preferred Coaching Styles Amongst Viterbo Student-Athletes*, with student co-researcher, Sienna Fraser. Faculty mentor: Stephanie Thorson-Olesen. Presentation at 2018 Wisconsin Counseling Association conference, and received the award for best poster!

Favorite thing about Viterbo

My favorite thing about Viterbo was how closely I was able to work with professors and get to know them. It helped me do better in classes but also gain long-lasting relationships with them as well. Having a close relationship with the professors was great and I truly miss it. It also helped me to understand their disciplines and how they fit into the world. They know things beyond the curriculum and that is always helpful.

Favorite thing about Viterbo Psychology

My favorite thing about the psychology program was how close we ended up getting. We would all have the same classes with the same professors so it helped to reach out when we needed help with things. Everyone was so helpful, students and professors alike, so it felt as if we were kind of a family. I also liked how we got realistic practice. The papers we typed, the interviews we simulated, and the presentations we gave were similar to what we would need in the real field. For example, I presented at a graduate convention and interacted directly with professionals in the field, which was very valuable.

“The psychology department helped me to make connections beyond my education that I will continue to rely on personally and professionally throughout my career.”

CURRENT STUDENT SPOTLIGHT



Lexi Bird

Year in School: Senior
Major: Psychology
Minors: Ethics and Family Studies

1. What is your favorite thing about being a student at Viterbo? My favorite thing is the small campus. I like having small classes because I'm not afraid to talk. It is easy to be involved; you can just show up at a club meeting. I also like being able to know everybody in my major.

2. Why did you choose Psychology as your major? I knew I wanted to work with kids. They offered a psychology class my senior year, which they've never done before because I have such a small high school, and I loved it. I liked how you could know so much about so many people just by following one theory or something like that, which I thought was kind of crazy.

3. What area of psychology do you find most interesting? I like child development because I like kids and I like to see how they grow and things like that.

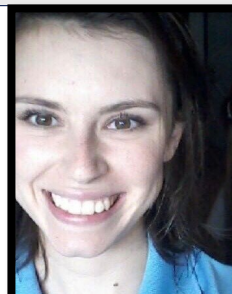
4. What has been your favorite psychology class at Viterbo so far? Positive Psychology because that was very different from a lot of the other ones I've taken because we focused more on positive things and activities you can do. Research Methods II was the most stressful class I've ever taken but I realized that I do kind of like research.

5. Have you completed an internship and/or research project? If so, can you tell me a little bit about it? I did my internship at Partners in Excellence (autism therapy center). I worked with the oldest group there and it was all boys and I would work with them on compromising, maintaining peace, interacting, and aggressive behaviors. For research, I completed a Summer Undergraduate Research Fellowship (SURF) with Dr. Ware and an Advanced Research project. I studied how journaling about nature affects kids' empathy, perspective-taking, and connectedness to nature.

6. What are your plans after you graduate? I want to study School Psychology for sure and I am applying to Ph.D. programs.

Ashley Kast

Year in School: Senior
Major: Psychology and Philosophy



1. What is your favorite thing about being a student at Viterbo? The small class sizes. You get to know your instructors and they get to know you on a first name basis. I learn better in a small environment and the intimate atmosphere drew me to Viterbo.

2. Why did you choose Psychology as your major? I love psychology. Since I was little, my dad has talked to me about Carl Jung and Sigmund Freud so it's been a part of my whole life. As I got older, I realized that I could use it and do something with it, not just think it's cool. Then I was really excited to go into it.

3. What area of psychology do you find most interesting? Counseling, mental health, and learning about different mental disorders. The fact that psychology is never stuck on one topic and is always expanding into different fields keeps my attention.

4. What has been your favorite psychology class at Viterbo so far? I really like Theories of Counseling. That's my favorite because I want to be a counselor and so it was finding which lane I want to go down and what fits best for my type or style of counseling. It wasn't what I thought it was going to be and I learned a lot from that class like: don't have a certain picture in mind of what your life is going to be like or what you are going to be like because it's going to be completely different. Be open. It was just really fun. I liked the recordings, too.

5. Have you completed an internship and/or research project? If so, can you tell me a little bit about it? I did SURF and Advanced Research projects with Dr. Parker on ostracism and its effects on different aspects of personality. We examined how self-affirmation ("write 3 most important things in your life") affected reactions to ostracism in a video "cyberball" game and found that it led to lower levels of anger. We are also looking at antecedents of ostracism and what predisposes people to it.

6. What are your plans after you graduate? I'm applying to Master's programs in mental health counseling. I don't have a specific area of interest; I just want to help people. I know it's kind of cheesy but it's what I want to do.

"I learn better in a smaller environment and that is what really drew me to Viterbo; the kind of the intimate atmosphere that it has."

Psychology Alumni Updates

We have gathered alumni personal and professional updates from our annual Psychology Department survey. We invite you to share an update below. (E.g., completion of degree, new position or promotion, births and marriages, etc.)
 Congratulations to all alumni on their accomplishments!

Class of 1979

Linda Gleason

Master's degree in 1987. Been in present job as Director of Student Services at Marquette University School of Dentistry since 1997.

Class of 1988

Anne Pitsch Santiago

Promoted to Associate Professor with tenure in 2017; Department of Political Science, University of Portland

Larry Winter

10 years as Director of Human Resources for Chippewa County. Married Paula Winter in February, 2015. 3 Step-daughters (23, 22, 18) and one dog (Matti).

Class of 1995

Melissa Hellwig

Opened The Therapy Place of La Crosse in April, 2015. AASECT certified sex therapist.

Class of 1998

Anthony Shay

Edited/Author'd text: "Assistive Technology Service Delivery A Practical Guide for Disability and Employment Professionals." Publication date: 2019

Class of 1999

Ben Ekelund

Currently the Director of the Center for Health and Justice at TASC (Treatment Alternatives for Safe Communities).

Class of 2000

Karen Cook (LaMotte)

Married in October, 2004. Two children - Caleb 8/08, Carlie 12/11. Working in Adult Basic Education (ABE) in Rochester, MN with ESL adults.

Class of 2002

Mary Cline

Completed Master's in Counselor Education. Certified Addictions counselor in Illinois.

Class of 2004

Elisabeth Vogt (Bruzek)

Completed PhD in Clinical Psychology from Marquette University. Started postdoctoral fellowship at the Medical College of Wisconsin in Pediatric Neuropsychology. Our son, Ethan was born on 9/24/18, joining big sister, Fiona (age 2).

Angela Barnes (Dunwald)

Daughter 12/2015, Son 20/2017. Married in 2012, live in Holmen. Grad school completed in 2009. LPC, inpatient therapist with adolescents.

Class of 2005

Shannen Mezera (Nargang)

Married in 2009. 3 children, Denver (2010), Emerson (2012), Rhett (2016)

Class of 2006

Molly Markunas (Burns)

Employed in the animal welfare field. Currently work at a small animal hospital in Madison, WI. In June of this year married husband, Adam Markunas. Living happily in Madison with our three dogs and bearded dragon.

Class of 2007

Kaleena Narwani (Marquez)

Celebrated 10th wedding anniversary on May 9, 2018 with Gordon Narwani (also a 2007 graduate).

Corey Kanz

Recently promoted as director of outpatient substance use services at Zumbro Valley Health Center. Received alcohol drug counselor license in April, 2018.

Class of 2008

Amanda Kistler

Married Andrew Krzebetke in La Crosse, WI on 10/20/2018.

Class of 2010

Shannon Cook (Ketcham)

Manager of Student Programs, Spokane Community College, Spokane, WA.

Class of 2012

Danielle Olson

Obtained SAC-IT this past summer. MSW student at UW-Milwaukee; May 2019 as projected graduation date. Emphasis on mental and behavioral health.

Alexis Guerrero

Received a Chevening Scholarship to study at the University of Edinburgh, Scotland. Masters in December, 2017. Had first child in June, 2018.

Angela Mensink | MSMHC, 2014

Started the Ed.D. in Counselor Education and Supervision program at Viterbo in January 2019. Four years at Hiawatha Valley Mental Health Center. Also an adjunct at Viterbo.

Class of 2013

Laura Hohlfeld (Modrich) | MSMHC, 2016

Completed LPC-IT hours. Recently received CSAC. Married June 23, 2018.

Chantell Phillips | MSMHC, 2016

Opened private practice, Insightful Therapeutics LLC. Married on June 16th, 2017.

Samantha Kinsman Henrickson

Married with two kids, living in Oklahoma. Captain in the Army Medical Service.

Tonia Hoyer (Smith)

Living in Minnesota. Licensed Graduate Social Worker and working at a local hospital as a Licensed Social Worker.

Psychology Alumni Updates, cont'd

We have gathered alumni personal and professional updates from our annual Psychology Department survey. We invite you to share an update below. (E.g., completion of degree, new position or promotion, births and marriages, etc.) Congratulations to all alumni on their accomplishments!

Mallory LaBelle (Severson)

Graduated Saint Mary's University, 2017. Married October 13, 2018 to Andrew LaBelle.

Class of 2014

Marissa DuCharme (Kerschner)

Started new position as Program Coordinator, Medical College of Wisconsin, in May 2018. Bought first house with husband in Franklin, WI in May 2018.

Nicole Sobkowiak

Earned Master's degree in Clinical Mental Health Counseling from Winona State University in May, 2018.

Jackie Jasken (Shuda)

Completed Masters Degree in Marriage and Family Therapy at Saint Mary's University. Currently working in private practice in Edina, MN.

Amanda Schield

Moved to East Wenatchee, WA in May 2017. Working at Children's Home Society of Washington.

Rachel Feehan

Masters in Mental Health Counseling from Viterbo anticipated May 2018. Middle School Counselor at Aquinas Catholic Schools. Daughter, Josephine (8/12/14).

Maddison Noel (Brown)

Married May 28, 2017.

Class of 2015

Naomi Meinertz

Completed M.S. in Human Development and Family Studies in Spring 2018. Once coursework is completed in Spring 2019, will be a doctoral candidate.

Bryan Stephey

Master's in Clinical Mental Health Counseling, Marshall University 2017. Married Meagan Jordan 11-10-2018.

Class of 2016

Erin Burns (Mulcahy)

Married in June, 2017. Currently in final year of Master's program for Clinical Mental Health Counseling.

Allison Purvis

Student teaching at Onalaska High School. Anticipating to be licensed as a secondary special education teacher with an emphasis in SLD in January.

Nicole Neuverth

Intern at the Wisconsin Resource Center. Expected to graduate with MSE in Clinical Mental Health Counseling in May.

Class of 2017

Justice Lawson (Carson)

Married to Tevin Lawson on July 7th, 2018

Hollyann Niemiec

Currently earning Masters in Mental Health Counseling at Viterbo and will graduate next December. Engaged to be married June 2019. Interning at UW-L Counseling and Testing Center

Class of 2018

Morgann McCarthy

Working for an incredible non profit with a very empathic vision that allows her to support students and their families.

Erika Jagatnarain

Went back to teaching and re-gained a lead preschool teacher position.

Jennifer Guzman

Started a new position at the county as a crisis responder



Alumni, do you have an update to share?

*Email Psychology Department Chair,
Liza Ware: eaware@viterbo.edu*

Psychology Alumni Panel:

Viterbo psychology graduates visited with current students to talk about graduate school and career preparation. [L to R: Jenna Hess, '13; Ben Pfiffner, '14, MSMHC '17; Kayla Rochester (Prew), '16, MSMHC '18]

Presentations, Publications, & Awards

Psychology students and faculty have been hard at work on a variety of fascinating research projects, internships, conference presentations, and scholarly publications. Congratulations to all on their accomplishments!

Summer Undergraduate Research Fellows

The students below were awarded fellowships to complete summer research with a psychology faculty mentor.

Student: Lexi Bird

Faculty mentor: Liza Ware

Research topic: The Role of Empathy in Strengthening Children's Connection with Nature

Student: Alli Dunne

Faculty mentor: Michael Parker

Research topic: When Perfect Isn't Good Enough: Motivational Antecedents of Perfectionism

Student: Ashley Kast

Faculty mentor: Michael Parker

Research topic: Ostracism and Personality

Research Methods II Research Projects

Psyc 330 students worked hard on their research projects last spring and presented their findings at Viterbo's annual Scholars' Days.

Brooklynn Rucinski & Nick Moder

The Effect of Contextual Framing on Attitudes Towards Abortion Decisions

Bailey Thur, Bronagh Kipp, Hunter Nelson

The Effect of Priming on Reaction Times in Athletes and Non-Athletes

Houa Yang, Megan Weiss, Kayla King, Lana Buchner
Does Mindfulness Influence Mood in College Students?:
The Effects of Gratitude Writing

Troy Harris, Morgan Spaeth, Rowdy Yates

The Use of Exercise and Humor to Reduce Test Anxiety

in College Students

Alli Dunne, Erika Jagatnarain, Lauren Timm, Courtney Weaver

How Priming Secure or Insecure Attachment Influences State Mindfulness

Advanced Research (Psyc 489) Projects

Student: Hunter Nelson

Faculty mentor: Stephanie Thorson-Olesen

Research topic: Preferred Coaching Styles from the Perception of Student-Athletes

Recent Student Internship Placements

Rowdy Yates – Onalaska High School

Bailey Thur – Partners in Excellence

Brooklynn Rucinski – Spence Elementary

Houa Yang – Viterbo Career Services

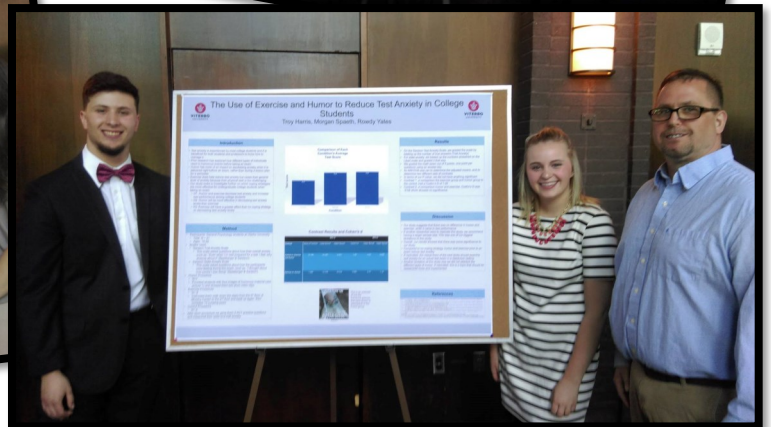
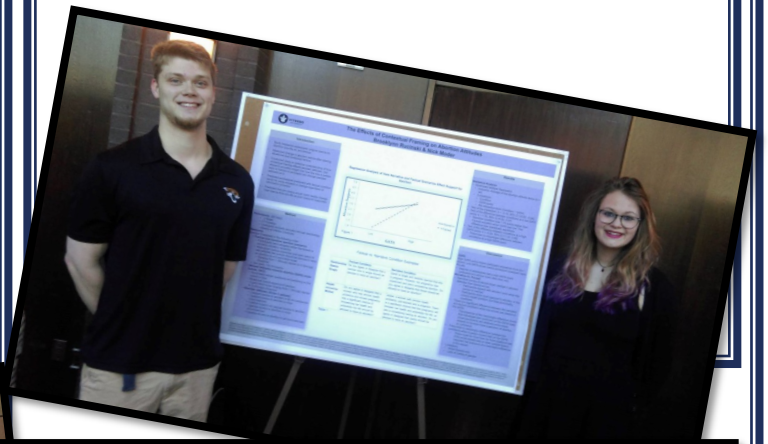
Mason Palmer – Boys & Girls Club

Katlyn Becker – Salvation Army

Katie Blaha – Aging and Disability Resource Center

Bronagh Kipp – Partners in Excellence

Morgan Spaeth – Westby High School



Presentations, Publications, & Awards (Cont'd.)

Student Presentations & Publications

The Role of Empathy in Strengthening Children's Connection with Nature

- Lexi Bird; *Seven Rivers Undergraduate Research Symposium, Viterbo University*
 - Awarded best poster in the social sciences division!

When Perfect Isn't Good Enough: Motivational Antecedents of Perfectionism

- Alli Dunne; *Seven Rivers Undergraduate Research Symposium, Viterbo University*

Ostracism and Personality

- Ashley Kast; *Seven Rivers Undergraduate Research Symposium, Viterbo University*



Faculty Presentations & Publications

**indicates student co-author*

Traditional and psychological factors associated with academic success: Investigating best predictors of college retention

- **David Saunders-Scott**, Matthew Bersagel Braley, & Naomi Stennes-Spidahl (2018). *Motivation and Emotion*, 42, 459-465

Caring for aging populations: Examining compassion fatigue and satisfaction

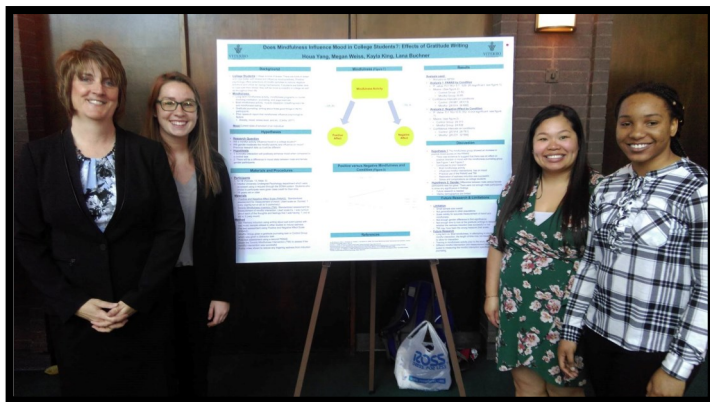
- **Stephanie J. Thorson-Olesen.**, *Naomi Meinertz, N., & *Sydney Eckert. (2018). *Journal of Adult Development*. doi:10.1007/s10804-018-9315-z

Advocacy in action

- **Stephanie J. Thorson-Olesen**, & Debra A. Murray (2018, November). Presentation at the *Wisconsin Counseling Association Annual Conference*, Madison, WI.

Faculty Awards and Recognition

- **Stephanie Thorson-Olesen:** "Teacher of the Year Award" at Viterbo's Spring 2018 Rose Awards
- **David Bauer:** "Alec Chiu Memorial Award" at Viterbo's Spring 2018 Rose Awards for his engagement in scholarly activity.
- **Bill Bakalars:** "Professional Counselor of the Year" from the Wisconsin Counseling Association.
- **David Bauer:** D.B. Reinhart Institute for Ethics and Leadership Fellowship to pursue research on "Moral Judgment and Development at Viterbo University"



DEPARTMENT EVENTS



Psych Club hosted a rock painting and mindfulness activity table at Viterbo's annual Franny Fest this fall.



Angela Mensink provided a training on "Examining the Effects of Childhood Trauma in the Study of Adverse Childhood Experiences (ACEs)". Mensink earned her B.S. in Psychology and M.S. in Mental Health Counseling at Viterbo. She is a Licensed Professional Clinical Counselor.



Congratulations to our May 2018 and December 2018 psychology graduates!



QUESTIONS? CONTACT:

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