



Group Development For Conditional Release

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Organization 1

• The Conditional Release Program provides case management to **individuals** declared not guilty by reason of mental illness (NGI).

Program goals:

- Support individuals living in the community by providing services
- Protection of the public

Overview 2

• The **case study was the development of a support and educational group for individuals** on conditional release.

• **Group members** have unique challenges including stigma, medications, finances, **and maintaining** personal relationships.

Literature Review 3

• Many theories inform group practice including systems, learning, social exchange and field theory (Toseland & Rivas 2005).

- **Organizational issues included:**
- **Logistical (where and when to offer group)**

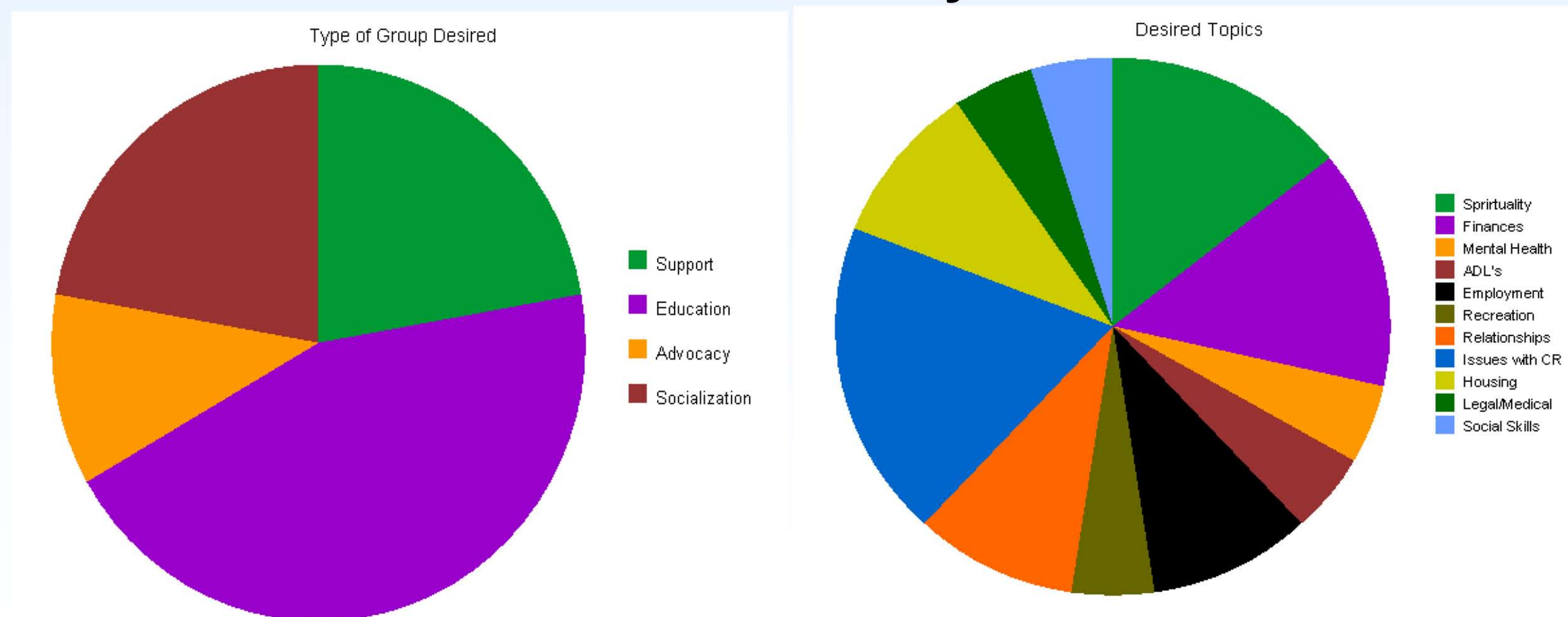
- Time requirements
- Content (Garrity, 2011)

• Group development must be conscious of culture, norms, mores, values and historical factors to be an effective group (Rapin & Keel, 2007).

Intervention 4

Interviewed Key Informants and surveyed clients

Results of Survey



LSS Mission Statement:

Motivated by the compassion of Christ, we help people improve the quality of their lives.

Discussion 5

Survey results indicated the group should focus on education, socialization, and mutual support.

Results 6

Progress was measured with Goal Attainment Scale

SCALE LEVELS	GATHER INFO/KEY INFORMANT	SURVEY RESULTS	RECRUIT GROUP MEMBERS	DRAFT PROPOSAL	PROPOSAL APPROVAL	LOCATE SPEAKERS	FINAL PREP	EVALUATE DEVELOPMENT
5. Most favorable outcome	Valuable info gathered on time, semester long resource	100% returned	All available clients willing and appropriate to participate	Group proposal drafted before April 11	Proposal approved, valuable feedback received and incorporated	More than 4 guest speakers eager to help	More than 1 pilot group scheduled before end of semester	Evals identify more strengths than weaknesses in group development
4. More than expected outcome	Valuable information gathered on time	50% returned	75% of clients willing and appropriate to participate	Group proposal drafted before April 18	Proposal approved, some feedback	2 or more speakers identified	Pilot group scheduled before end of semester	Evals show equal amount of strengths and weaknesses
3. Expected outcome	Valuable information gathered	25% returned	50% of clients willing and appropriate to participate	Group proposal drafted before April 21	Proposal approved	1 guest speaker identified	Group is scheduled, all tasks complete	Evals provide constructive feedback for next opportunity
2. Less than expected outcome	Little useful information gathered	15% returned	25% of clients willing and appropriate to participate	Group proposal drafted after April 21	Proposal approved, little to no valuable feedback	Difficulty finding a guest speaker, speaker not ideal to group	Group is scheduled after end of semester	Evals show more weaknesses than strengths
1. Most unfavorable outcome	Unable to meet	0% returned	Less than 20% clients willing and appropriate to participate	Group proposal not drafted	Proposal not approved	No speakers identified	Pilot group never happens	Evals are starkly negative

Focus Group Results

Staff indicated group proposal was effective and appropriate for LSS.

- Areas for improvement included:

-Clients understanding not a 1:1 with case manager (**not clear?**)

-Hold group later in the day to reduce number of people in office