Franciscan Skemp Mayo Health System

Psychiatric Halfway House Case Overview Siena Hall Brooke Murdock Viterbo University , La Crosse WI



Case Overview

Demographics:

- •18 years old
- Caucasian Male
- Complex history with child welfare and mental health systems
- Siena Hall resident since
 June of 2010
- Under Chapter 51
 commitment until 10-13-11

Diagnoses:

- Depression
- PTSD
- Bipolar
- ADHD

Referral Source:

- Jackson County Juvenile System
- Placed in treatment foster care since age 15

Presenting Challenge:

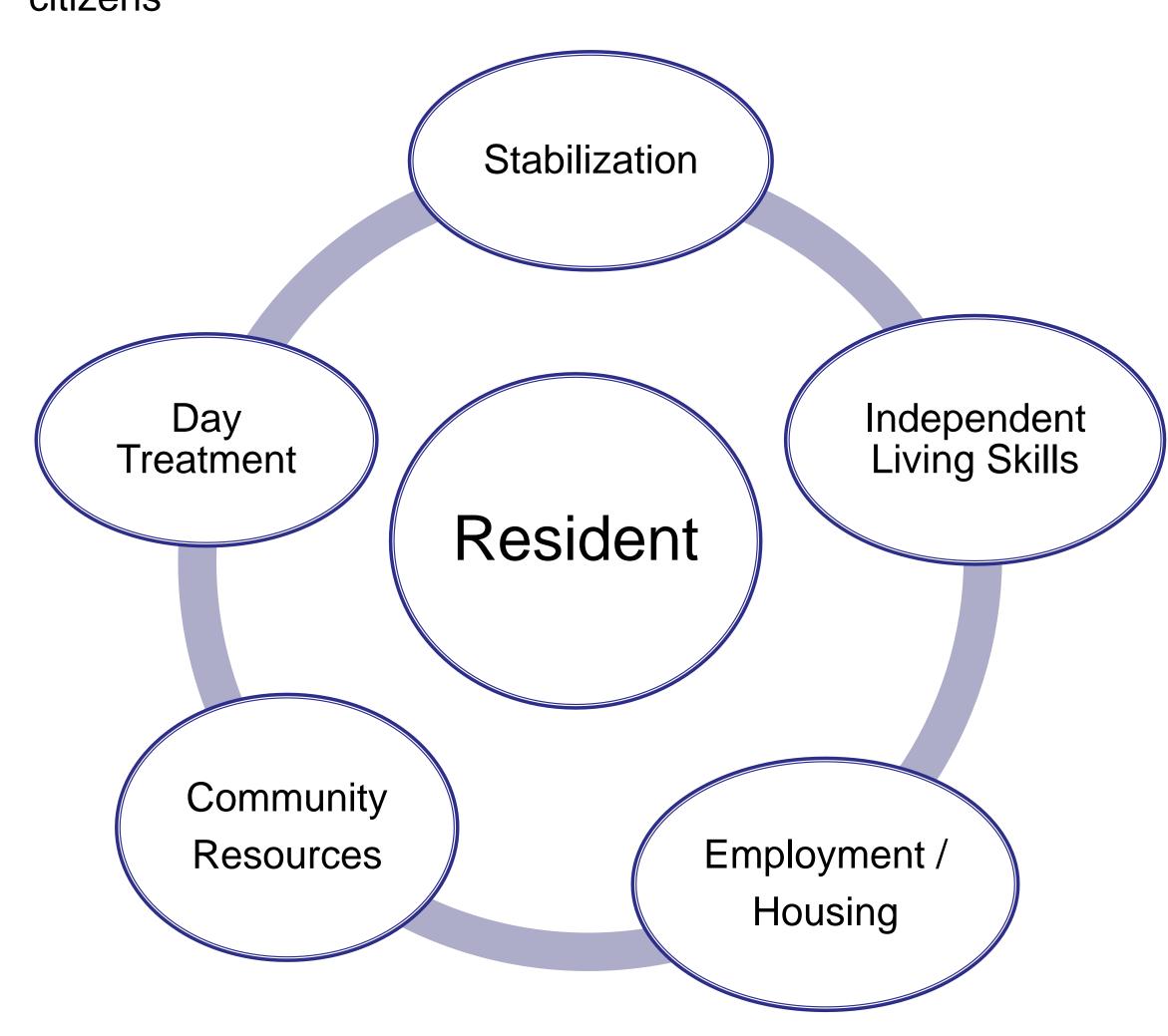
- Financial stability
- Independent Living Skills
- Employment
- Self Determination
- Identity

Ethical Issues:

Self Determination Vs.
 Fostering Dependence

Agency Overview

- 20 bed psychiatric halfway house
- Private organization
- Support and Structure
- Individual treatment plans to meet specific needs
- Connection to community resources
- Productive responsible citizens
- Maintain physical and mental health
- Promotes independent living skills
- Structured environment
- Peer support, socialization
- Medication supervision
- Day treatment programs





Treatment Plan

Task/Goal	Description/Outcome
Turn in Checks/ Debit Cards	Willingly turned over checks/debit cards to prevent further spending and control finances
Organize Debt Create Payment Plan	Contact agencies, set up payments, and organize finances to get whole picture of debt
Close Checking Account	Prevent further spending, develop payment plan to pay back bank account
Financial Counseling Money Management Class	Future prevention and development of skills
One on One Meetings	Gain confidence, motivation, increase self-esteem, practice, and develop skills in job searching and money handling
Community Resources	Use Job Center, Support Groups (LGBT Center), gain valuable resources/information, and attend community events (Career Fair)
Job Search	Weekly searching via paper, internet, job center, stopping in places. Helps to gain confidence, build skills, and increase community awareness
Day Treatment	Goal Group, Support Group, and Independent Living Skills Group with Community Orientation

Literature Review

Organizational Barriers:

- Lack of adolescent services
- Major differences in children and adult services
- Treatment setbacks for adolescents who transfer from child services to adult services

Theories for Practice:

- Adolescents struggle to find self-identity
- Marcia's Theory on Ego
 Identity
- Exploration and Experimentation
- Erikson's Life Span Theory
- "Identity vs. Role Diffusion"

Policies:

- Chapter 51
 - Protection from harm to self or others
 - Court-ordered treatment
 - Wisconsin standard based on a person's "need for treatment"
- Siena Hall House Rules
- Level System

Special Population/Social

Specia

- Work Practice:Deinstitutionalization/
- Community-Based Services
- Multidisciplinary Teams
- Case Management
- Assertive Community
 Treatment

Assessments and Interventions:

- Importance of resident satisfaction
- BASIS-24
- Taken during intake and discharge
- Self report about service satisfaction, symptoms, and problems
- Behavioral Health Assessment Tool
- Individualized treatment plans

Evaluations:

- Task Attainment Scale
 - Client achievements
 - Individualized
 - Measured by client

Intervention/Services

- One on One meetings
- Feedback
- Motivation
- StructureDay Treatment
 - Support
 - Skill Development
 - Motivation
- Community Resources
 - LGBT Resource Center
 - Financial Counseling
- Job Center
- Coulee Council on Addictions
- Community Events
 - Career Fair
 - Health Fair

- Budget/Debt RepaymentMonthly bills

 - Reasonability
 - Credit for wrong actions
 - Consequences
 - Restrictions
 - Spending limits
- Job Searching
- Independence
- Reasonability
- Community Orientation
- Money management
- Time management