7 RIVERS
UNDERGRADUATE RESEARCH SYMPOSIUM
November 9, 2018

EVENT SCHEDULE

9–10:10 a.m.  Registration – Fine Arts Center Atrium and Main Theatre Lobby
• Light breakfast and refreshments will be provided.
• Research and creative works posters may be set up at this time.

10:10–11:20 a.m.  Welcome and Keynote Address – Fine Arts Center Main Theatre
• Keynote address by Amit Sood, M.D., professor of medicine at Mayo Clinic and director of the Mind-Body Medicine Initiative. He is also the creator of the Mayo Clinic Healthy Living Resilient Mind Program and has authored multiple books including *Immerse: A 52-Week Course in Resilient Living*, and *Mindfulness Redesigned for the Twenty-first Century*. Sood received the 2010 Distinguished Service Award, the 2010 Innovator of the Year Award, the 2013 Outstanding Physician Scientist Award, and the 2016 Faculty of the Year Award from Mayo Clinic.

11:20 a.m.–noon  Break and Distribution of Sack Lunches – Fine Arts Center Main Theatre Lobby
Lunch is provided for registered participants only
• Seating is available in the Fine Arts Center Main Theatre Lobby, Reinhart Center Board Room, and School of Nursing first floor foyer.
• Research and creative works posters will also be available for viewing in the Reinhart Center Board Room, Fine Arts Center Main Theatre Lobby, and the School of Nursing first floor foyer during this time.

noon–2 p.m.  Oral Presentations – Reinhart Center and School of Nursing
• Presentations consist of a 10–12-minute talk followed by 2–3 minutes for questions. There will be a 5-minute break between presentations.
• The Symposium Quick Reference, Alphabetical Listing of Presenters, and Abstract Book will be available at [www.viterbo.edu/sevenrivers](http://www.viterbo.edu/sevenrivers) beginning Nov. 2.

2–4 p.m.  Poster Sessions – Reinhart Center Board Room, Fine Arts Center Main Theatre Lobby, and School of Nursing
• Research and creative works posters will be staffers by student researcher(s).
• Odd-numbered posters will be staffed for the first hour and even-numbered posters will be staffed for the second hour.

4–4:30 p.m.  Awards Reception and Closing – Fine Arts Center Main Theatre Lobby
• Join us for cake, punch, and some relaxed time for socializing.
• We will be presenting awards for best oral presentations and the People’s Choice poster awards.