



D. What are my strengths?

E. In what areas do I need to improve?

**Step 2** is to determine your personal goals for service learning. When determining your goals, review the information about yourself above. Then list your goals here (eg help the environment, assist the elderly, provide food for needy, serve the church). The number of goals is not important, and these goals can change.

**Step 3** is to engage in activities throughout the rest of your college years that will help you meet these (or any new) service learning goals. When you engage in an activity you would like to use to help fulfill this requirement, fill out one of the enclosed forms. Additional forms are available in the Nutrition & Dietetics Department office, BNC 104 . Each time you come to register, bring these forms with you and be prepared to discuss them with your advisor. You are responsible for keeping these forms. At the end of your senior year, you will need to complete a portfolio project that will include an evaluation of your service learning. Therefore, you will need these forms! They are your responsibility.

Question 3. How will I know that I have completed this requirement?

Answer: You will need to engage in some service learning activities each semester and discuss these with your advisor each time you register. Once the portfolio project has been completed as part of Nutrition 476, you will receive credit for the service learning required for graduation