

Exploring

MAJOR @ VITERBO UNIVERSITY



11/10

Overview

What's in a name? Everything. It makes a lot of difference to call yourself "exploring" rather than "undecided." Think of yourself as engaged in exploration, not as stranded on some deserted island. Students who are "exploring" are going places. They are engaged in the active process of finding something—it just so happens that they don't know what it is yet. An "undecided" student is one who is passive; an "exploring" student is one who has an open mind and is on the lookout. The major of exploring is for someone capable of making a decision, but who hasn't collected all the necessary information about themselves and their options.

If you're undecided about your choice of major, you're not alone. National research has shown that up to 80 percent of students entering college admit that they're not certain what they really want to major in, even if they've initially declared a major. In addition, up to 50 percent of all college students change their majors at least once before graduation, and some change several times. So you can see that being undecided about a major actually puts you in the majority.

Why Viterbo?

Viterbo's exploring major program is designed to help you think about the decision-making process and to help you get the information that you'll need to choose a major that's right for you. In addition to being assigned an academic advisor who is aware of the needs of exploring majors, you'll take a two-credit class (UNST 110) designed to help you discover your interests, abilities, and values.

Career Options

Students who begin their college career "exploring" end up in a variety of different majors. Students often think that choosing a major is the same thing as choosing a career. Although these two choices are related, choosing one doesn't automatically mean you've chosen the other. Students graduating from any one major could be employed in many different jobs; likewise, people who are employed in any one job could have graduated with many different majors. Choosing a major doesn't limit you to just one career and choosing a career doesn't limit you to just one major.

Viterbo places an emphasis on the development of general, transferable skills (e.g., writing, speaking, critical thinking, computer literacy, problem solving, team building) that employers want and that graduates will need in order to adjust to rapidly changing careers.

For More Information

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Features of the Curriculum

In addition to one-on-one advising, students will be able to access the following resources as part of UNST 110 Career Planning:

- Strengths Quest
- Strong Interest Inventory
- Myers Briggs Type Indicator
- Kuder Career Search
- ACT's Discover
- Career library

Other Majors at Viterbo University

- Accounting
- Art, Studio
- Art, Education (secondary)
- Arts Administration
- Biochemistry
- Biology
- Biology Education (secondary)
- Biopsychology
- Broad Field Social Studies
- Broad Field Social Studies Education (secondary)
- Business Education (secondary)
- Chemistry
- Chemistry Education (secondary)
- Clinical Laboratory Science
- Communication Studies: Organizational Communication
- Communication Studies: Visual Communication
- Computer Information Systems
- Criminal Justice
- Digital Media: Visual Communication
- Elementary Education
- English Education (secondary)
- English, Literature Emphasis
- English, Writing Emphasis
- Graphic Design: Visual Communication
- History
- Human Resources: Organizational Communication
- Liberal Studies
- Management
- Marketing
- Mathematical Physics
- Mathematics
- Math Education (secondary)
- Ministry
- Music Education (secondary)
- Music Performance
- Music Theatre
- Natural Science
- Natural Science Education (secondary)
- Nursing
- Nutrition and Dietetics
- Philosophy
- Pre-professional, Chiropractic
- Pre-professional, Dentistry
- Pre-professional, Engineering
- Pre-professional, Law
- Pre-professional, Medicine
- Pre-professional, Optometry
- Pre-professional, Pharmacy
- Pre-professional, Physical Therapy
- Pre-professional, Podiatry
- Pre-professional, Veterinary
- Psychology
- Public Relations: Organizational Communication
- Religious Studies and Philosophy
- Social Work
- Sociology
- Spanish
- Spanish Education (secondary)
- Sport Management and Leadership
- Sport Science and Leadership
- Technology Education (secondary)
- Theatre
- Theatre Education (secondary)

