

<u>Service</u>	<u>Fee</u>	<u>Comments</u>
Body Composition	\$3	Calipers
Fitness Assessment	\$20	Includes printed report of assessment results.
Program Design	\$20	Include demo of program skills.
Assessment & Design Pkg	\$35	Include demo of program skills.
Individual Personal Training		
3 Session Pkg	\$70	\$23.33 per session, includes fitness assesment
5 Session Pkg	\$100	\$20 per session, includes fitness assesment
10 Session Pkg	\$175	\$17.50 per session, includes fitness assesment
Partner/Group Training		Maximum of 3 individuals; cost listed is per individual
3 Session Pkg	\$50	
5 Session Pkg	\$75	

*Fees do *not* apply to students.

**Package fees are to be charged to all other member: Viterbo employees, retirees, alumni members, plus one members, and affiliate members.

***There will be a form made available for trainers to sign members up for packages.

Fees are effective August 27, 2012