Group Development For Conditional Release
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Organization

- The Conditional Release Program provides case management to individuals declared not guilty by reason of mental illness (NGI).

Program goals:
- Support individuals living in the community by providing services
- Protection of the public

Overview

- The case study was the development of a support and educational group for individuals on conditional release.
- Group members have unique challenges including stigma, medications, finances, and maintaining personal relationships.

Literature Review

- Many theories inform group practice including systems, learning, social exchange and field theory (Toseland & Rivas 2005).
- Organizational issues included:
- Logistical (where and when to offer group)
- Time requirements
- Content (Garrity, 2011)
- Group development must be conscious of culture, norms, mores, values and historical factors to be an effective group (Rapin & Keel, 2007).

Intervention

Interviewed Key Informants and surveyed clients

Results of Survey

Survey results indicated the group should focus on education, socialization, and mutual support.

Discussion

Progress was measured with Goal Attainment Scale

Results

Focus Group Results

Staff indicated group proposal was effective and appropriate for LSS.

- Areas for improvement included:
  - Clients understanding not a 1:1 with case manager (not clear?)
  - Hold group later in the day to reduce number of people in office

LSS Mission Statement:

Motivated by the compassion of Christ, we help people improve the quality of their lives.