Psychiatric Halfway House Case Overview

Siena Hall
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Case Overview
Demographics:
- 18 years old
- Caucasian Male
- Complex history with child welfare and mental health systems
- Siena Hall resident since June 2010
- Under Chapter 51 commitment until 10-13-11

Diagnoses:
- Depression
- PTSD
- Bipolar
- ADHD

Referral Source:
- Jackson County Juvenile System
- Placed in treatment foster care since age 15

Presenting Challenge:
- Financial stability
- Independent Living Skills
- Employment
- Self Determination
- Identity

Ethical Issues:
- Self Determination Vs. Fostering Dependence

Agency Overview
- 20 bed psychiatric halfway house
- Private organization
- Support and Structure
- Individual treatment plans to meet specific needs
- Connection to community resources
- Productive responsible citizens

- Maintain physical and mental health
- Promotes independent living skills
- Structured environment
- Peer support, socialization
- Medication supervision
- Day treatment programs

Treatment Plan

<table>
<thead>
<tr>
<th>Task/Goal</th>
<th>Description/Outcome</th>
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<tr>
<td>Turn in Checks/Debit Cards</td>
<td>Willingly turned over checks/debit cards to prevent further spending and control finances</td>
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<tr>
<td>Organize Debt Create Payment Plan</td>
<td>Contact agencies, set up payments, and organize finances to get whole picture of debt</td>
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<tr>
<td>Close Checking Account</td>
<td>Prevent further spending, develop payment plan to pay back bank account</td>
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<td>Financial Counseling Money Management Class</td>
<td>Future prevention and development of skills</td>
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<td>One on One Meetings</td>
<td>Gain confidence, motivation, increase self-esteem, practice, and develop skills in job searching and money handling</td>
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<td>Community Resources</td>
<td>Use Job Center, Support Groups (LGBT Center), gain valuable resources/information, and attend community events (Career Fair)</td>
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<tr>
<td>Job Search</td>
<td>Weekly searching via paper, internet, job center, stopping in places. Helps to gain confidence, build skills, and increase community awareness</td>
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<td>Day Treatment</td>
<td>Goal Group, Support Group, and Independent Living Skills Group with Community Orientation</td>
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Organizational Barriers:
- Lack of adolescent services
- Major differences in children and adult services
- Treatment setbacks for adolescents who transfer from child services to adult services

Theories for Practice:
- Adolescents struggle to find self-identity
- Marcia’s Theory on Ego Identity
- Exploration and Experimentation
- Erikson's Life Span Theory
- "Identity vs. Role Diffusion"

Policies:
- Chapter 51
- Protection from harm to self or others
- Court-ordered treatment
- Wisconsin standard based on a person's "need for treatment"
- Siena Hall House Rules
- Level System

Intervention/Services
- One on One meetings
- Feedback
- Motivation
- Structure
- Day Treatment
- Support
- Skill Development
- Motivation
- Community Resources
- LGBT Resource Center
- Financial Counseling
- Job Center
- Coulee Council on Addictions
- Community Events
- Career Fair
- Health Fair

Literature Review
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Assessments and Interventions:
- Importance of resident satisfaction
- BASIS-24
- Taken during intake and discharge
- Self report about service satisfaction/symptoms, and problems
- Behavioral Health Assessment Tool
- Individualized treatment plans

Evaluations:
- Task Attainment Scale
- Client achievements
- Individualized
- Measured by client

Special Population/Social Work Practice:
- Deinstitutionalization/Community-Based Services
- Multidisciplinary Teams
- Case Management
- Assertive Community Treatment

Evaluation/Services:
- Budget/Debt Repayment
- Monthly bills
- Reasonability
- Credit for wrong actions
- Consequences
- Restrictions
- Spending limits
- Job Searching
- Independence
- Reasonability
- Community Orientation
- Money management
- Time management