

DESTINATION: VITERBO

ORIENTATION NEWSLETTER
EST. 1890

July 14th, 2023

Vol. 133, Iss. 1



Vic is excited and ready to welcome you all on campus!



Chloe Gardner (she/they) is a **Senior Nursing** major from Iowa. She wants you to know that she loved her summer job working at Gundersen and snuggling with her dog Lincoln!

Contact: cgardn73568@viterbo.edu



Ella Sans Crainte (she/her) is a **Junior Nursing and Spanish** major. She wants you to know that she loves to travel and recently returned from studying abroad in Spain!

Contact: esansc75846@viterbo.edu



Tammy Gilkes (she/her) is our new **First & Second-Year Experience Coordinator!** She will be creating programs and systems to help our students add meaningful experiences to their Viterbo career.

Contact: tlglkes@viterbo.edu



Colin Burns-Gilbert (he/him) is our **Director of Orientation and Engagement.** His office is 108 Marian Hall and is always willing to help students find their niche at Viterbo and through service!

Contact: cgburnsgilbert@viterbo.edu

CONTENT

- Welcome!
- Meet Our People
- STAR 2023 Photos
- Viterbo Apps
- La Crosse Queen Registration
- Advice and Resources
- Vector Module Updates

Important Dates:

Aug 24: Move-In Day

Aug 24-27: V-Hawk Orientation Days

Aug 28: First Day of Classes

Aug 31: Welcome Back Bash

[Click here](#) for more!

MEET ORIENTATION & ENGAGEMENT

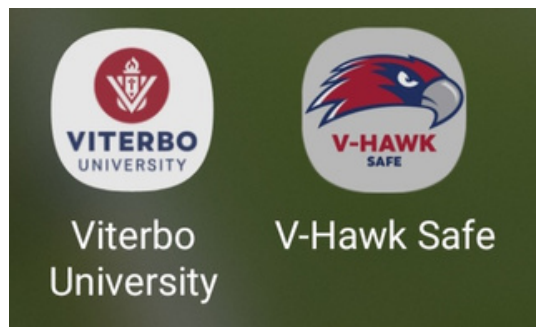
Remember STAR 2023?

Do you remember your photo?--->



[Click here](#) to view more photos from STAR 2023. Bonus points if you make it a profile pic on socials!

Viterbo Apps



A few things to note:

- **Viterbo University App** will be used to engage Orientation Groups in August before arrival. We'll also use it regularly for attendance and engagement during Orientation and throughout the year! It is designed to be your one-stop shop for involvement, class/event scheduling, and so much more!
- **V-Hawk Safe** is a new powerful tool to help you have piece of mind - whether you need an out from a bad date, want to advocate through **Viterbo Speaks Up**, or want a friend to know where you're walking; this app can help in many ways!

Advice To Contemplate

- **22 Tips for First-Year College Students**
- **10 Tips for Transfer Students on a New Campus**

While we don't agree with everything in these articles, they are great tools to spark thoughts before your Viterbo journey!

What Should I Do Now?

- Log into your Viterbo email using your [VU credentials](#).
- Reach out to [Accessibility Services](#) and/or [Counseling](#) to transfer care/be proactive with support.
- Start the [common read book](#)!

La Crosse Queen Sunset Boat Cruise Registration



Friday, September 1st - 7p-9:30p

- Please [CLICK HERE](#) to read more information and register. Space is limited to 149 people!
- The first person to reply to this email with their favorite snack may find it in their room on Move In Day!

Counseling Services

It was great to meet many of you at STAR Registration!

Please feel free to reach out with questions (jsmcknight@viterbo.edu) or schedule a telehealth session (for those residing in Wisconsin) prior to arriving on campus - **SCHEDULE A SESSION**. Starting 8/7 you can use the same link to schedule your first in-person session for the fall.

We're looking forward to working with you!

Sincerely,

Justin McKnight LPC, NCC, ACS
Director of Counseling Services



Vector Personal Development - Coming to your Email soon!



All new, domestic students are required to complete Vector courses on alcohol, drugs, and sexual violence before moving to campus. Be sure to check your Viterbo email for instructions to complete these important (and required) online training modules. Failure to complete may result in a hold being placed on your university account and prevent class registration. Instructions will be sent to your email in the next week or so!

