

NOVEMBER 2022

San Damiano Chapel

NEWSLETTER

From the Heart of Viterbo November 2022

Fr. Conrad, OFM

All Saints and All Souls begin this month of remembrance. Our tradition at San Damiano has been to display an altar on which you are invited to place pictures of your deceased family and friends and/or inscribe their names in the Book of the Living. Prayers and music like the In Paradiso fill us with emotion and memory – as well as help us reflect on the brevity of life and the importance of good Christian living.

Veterans Day is celebrated on the 11th and it coincides with the feast of Saint Martin of Tours, the patron of military chaplains. When I taught Navy chaplains, my first class was always about Martin's life and his charity. The legend has it that, while riding his horse doing military patrols, Martin saw a man freezing from the cold, so he took off his cloak, split it in two, gave half to the man and...later that night in a dream, the "man" appeared with his piece of cloak and revealed that He was the Christ. Martin's half was later kept and venerated and thus, the word for cloak is capella later to become capellan which means chaplain. He has long since been the model for military chaplains to come.

The tradition of Martin was/is still big in Europe where it is a sort of Thanksgiving Day. The fare is not centered on turkey but on goose. So when the pilgrims came to America, they brought this tradition with them – and continued the tradition of sharing the legend of Saint Martin: give not only of your surplus, but of your very sustenance.

All these commemorations frame the month of November yet even though the days get hectic with the holiday craze, we still focus on the Scriptures which highlight what we said above: the brevity of life and the end times. The Sunday of Christ the King will assert the supreme authority of Christ over humans and their institutions..and beyond it we will see Advent dawning with its perspective of the LORD's Coming in glory.

Let us pray for peace in Ukraine. Let us continue to have compassion for La Crosse's homeless. Let us give thanks for our Mother Earth and take comfort that we rest on the memories of the Saints and those who have gone before us...and let us imitate the charity of Martin who saw the face of Christ in an act of charity!

Pax et Bonum!

Chapel Schedule and Mass Opportunities:

Sunday Mass:

11am and 6pm
(San Damiano Chapel)

Monday:

Daily Mass at 11am
(St. Rose Convent)

Table of Plenty at 5pm
(Campus Ministry)

Tuesday:

Daily Mass at 11
(St. Rose Convent)

Prayer Service at 7pm
(San Damiano Chapel)

Wednesday:

Daily Mass at 11
(St. Rose Convent)

Student Mass at 6pm
(San Damiano Chapel)

Thursday:

Daily Mass at 11am
(St. Rose Convent)

Friday:

Daily Mass at 11am
(St. Rose Convent)

Contact Information:

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**A Place of Grace Benefit Concert
with Prarie Smoke**

A Place of Grace is a Catholic Worker House located at 919 Hood St. in La Crosse founded on the principles of Dorothy Day. While the meals served and the food pantry are a major part of the mission, so is hospitality to the guests who come into the house.

The benefit concert will be Sunday, November 20, 2 pm at the San Daminano Chapel. Introduction will be by Tom Thibodeau and music presented by Prairie Smoke. There is no charge but non-perishables and monetary contributions will be gladly accepted.

Prayer and Worship Opportunities

November 1 at 7 p.m. – PRAISE & WORSHIP

November 8 at 7 p.m. – TAIZE PRAYER

November 15 at 7 p.m. – PRAISE AND WORSHIP

November 22 at 7 p.m. – TAIZE PRAYER

Students and Community Members are welcome to join us. Taize Prayer offers scripture, song and meditation. Praise and Worship features Contemporary Worship Music, prayer and time for reflection.

All Saints Day - November 1

Holy Day of Obligation

Masses at Noon and 5:15

All Souls Day Mass - November 2

6:00 PM

November Remembrance

All are welcome to bring photos of Loved Ones who have passed to display on our table of Remembrance.

Photos will be displayed November 1 through Thanksgiving Day.



CELEBRATIONS AND THE SAINTS

Many of us growing up remember we had certain foods on certain holidays. Just think about it. But did you celebrate a holy day or a Saint day with a certain recipe?

The Europeans can help us here.

St Martin Day (called Martinmas in Europe) is, as mentioned above, celebrated with roast goose.

It is also celebrated with bonfires, parades and other desserts.

I remember my mother saying in Polish that Saint Martin may come “riding his white horse” – meaning you may see the season’s first snowflakes on his feastday ... thus the tradition of “Marcinki” translated as St Martin’s Horseshoes – a kind of sweet roll.

Like other recipes, it is reprinted from Cooking for Christ and if you check the internet, you can find other versions which are much more elaborate.

But as for that snow...well, I am not in hurry to see the “white horse” just yet.

SAINT MARTIN’S HORSESHOES or MARCINKI

1 cup of butter
4 tablespoons of sugar
2 cups all purpose flour
1 cup ground unblanched almonds
1 teaspoon almond extract

Yield: 3 dozen

Cream butter and sugar.

Add the other ingredients and mix thoroughly blended.

With fingers, shape into horseshoes about 3 inches long and 1 inch thick. Place on greased cookie sheet and bake at 300 degrees for about 35 minutes.

Cool. Roll in confectioners sugar



Liturgy and Music Corner

-Polly



Children's Choir for Christmas Mass:
If your child would like to participate,
please let me know at
PNPappadopoulos@viterbo.edu!
I'd love to welcome all ages!

*St. Francis Choir is always accepting new singers and musicians!
Community members of all abilities are especially invited
to participate in our Advent and Christmas Liturgies.*

**As we continue the tradition of our November Altar of
Remembrance, this year we will introduce a new
Franciscan setting of the
In Paradisum - Song of Farewell.**

**The Cross of Love was composed by Rufino Zaragoza,
OFM.**



**You can hear it at
<https://www.youtube.com/watch?v=38zg7WC4Un4>.**



Thanksgiving Day Mass

10:00 am

Bread will be blessed at mass for you
to share at your Thanksgiving Meal.

A Thanksgiving Day Prayer

**Lord, we thank you
for the goodness of our people
and for the spirit of justice
that fills this nation.**

**We thank you for the beauty and fullness of the
land and the challenge of the cities.**

**We thank you for our work and our rest,
for one another, and for our homes.**

**We thank you, Lord:
accept our thanksgiving on this day.**

**We pray and give thanks through Jesus Christ
our Lord.**

Amen.



Advent Taize Prayer

Join us this Advent for a reflective time of prayer to prepare our hearts for Advent and Christmas.

Taizé Prayer is the style of Christian worship developed by the ecumenical Taizé community in France, which includes repetitive singing of simple tunes, interspersed with readings, prayers, and periods of meditation.

All are welcome to join us on Tuesday evenings this Advent at 7:00 p.m. in the Chapel.

November 29

December 6

December 13

December 20

Campus Ministry Corner by Emilio Alvarez

Greetings and Happy November from Campus Ministry and all those in the Sr. Thea Bowman Center! Many things have occurred since the beginning of the school year, but as the seasons begin to change and the days becoming longer, I encourage you all to take an intentional moment to seek the silence and solitude for a bit of contemplation. It was once shared with me that God's preferred love language is silence. And while silence for humans can mean a wide variety of things based on the circumstances of the moment, God's silence is never ambiguous. In the silence we will find His extravagant and unconditional love for each one of us. If you are one that needs practical options on where to find this moment of contemplation, consider finding it in during our Wednesday night Eucharistic Adoration or Mass. What about a Taize Prayer Service? How about stopping by the FSPA Prayer Garden or Chapel to submit a prayer intention, or maybe to spend some time at our Altar of Remembrance during the month of November to remember those who have gone before us. The options are endless!



This past October we complete a number of incredible events which encompassed our St. Francis Week celebrations to the inauguration celebrations of President Rick Trietley. Thank you to all of those who participated and joined us for those celebrations throughout the month of October. I leave you all with the following announcements and opportunities that are available to our San Damiano Community and the students at Viterbo University!

Peace and All Good!
Emilio

A graphic for the 'Table of Plenty' event. On the left is a golden crucifix with a figure of Christ. In the center, the text 'Table of Plenty' is written in large, bold, black letters. Below it, in smaller black text, it says 'MONDAYS AT 5 P.M. SR. THEA BOWMAN CENTER'. On the right side, there is a collection of various fresh and dried food items, including leafy greens, avocados, blueberries, almonds, and other nuts and seeds, arranged on a light-colored surface.

Weekly Campus Ministry Events:

Monday 5 p.m. - Table of Plenty (TOP), Sr. Thea Bowman Center.

Tuesday 8 a.m. - Coffee with Clare (Women's Student Bible Study), Sr. Thea Bowman Center.

Wednesday 5 p.m. - Eucharistic Adoration, San Damiano Chapel

Wednesday 6 p.m. - Community Evening Mass, San Damiano Chapel

Thursday 9 a.m. - 11 am Morning M.U.G., Sr. Thea Bowman Center



Franciscan Pilgrimage Opportunity for Secular Franciscans and the San Damiano Chapel Community

The Secular Franciscans of the Queen of Peace regional fraternities, along with Emilio Alvarez, OFS and Fr. Conrad Targonski, OFM, invite you on a Franciscan Pilgrimage to Assisi in June 2023. Our spiritual journey will be ten days, in which we will visit the beautiful land of Assisi, home of St. Francis and St. Clare.

This is an opportunity to visit the areas where the Founders of our Order frequented; and visiting them will deepen our relationship with God. Our journey will begin in Chicago as we depart for Rome on June 21st, arriving in Rome on the 22nd. On the 24th, we will leave for Assisi, with a visit to Greccio on the way. The pilgrimage will conclude on July 1st when we will board a plane back to Chicago.

Led by the Spirit, many people hunger for space and time for reflection and prayer. In our busy world, we need to take time for ourselves to be able to cope with the many demands of day to day living. Please consider joining us on this special journey for prayer, peace and joyful celebration!

Secular Franciscan Pilgrimage to Assisi and Rome June 21- July 1, 2023

Cost \$3,100.00 (Flight cost not included)



For more information, please contact Emilio Alvarez or Fr. Conrad for a trip brochure and registration information. Or, visit <https://www.franciscanpilgrimages.com> or by scanning the QR code.



Rite of Christian Initiation for Adults (RCIA)

Interested in the Catholic Church and learning more about it? Are you Catholic, but have not been confirmed? Are you interested in becoming Catholic? RCIA is a yearlong process for individuals looking to receive the sacraments of the Catholic Church. Participants meet regularly for sessions, attend retreat opportunities, and meet in large group and one-on-one meetings as they prepare themselves for the next steps in their faith journey. If you are interested in learning more about RCIA, please contact Emilio Alvarez, Director of Campus Ministry at ebalvarez@viterbo.edu.



Secular Franciscan Order (OFS)

Interested in the learning more about the 3rd Order Secular Franciscans? The emerging fraternity members of Tau-Shalom at San Damiano Chapel meet every 2nd Saturday (9 a. m.) and 4th Wednesday (6 p.m.) on the Viterbo Campus.

The Secular Franciscan Order was established by St. Francis of Assisi more than 800 years ago. Our purpose is to bring the Gospel to life where we live and where we work. We look for ways to embrace the Gospel in our lives and try to help others to do likewise.

For more information about the Secular Franciscans, visit:

<https://secularfranciscansusa.org/>

or contact Emilio Alvarez, ofs at ebalvarez@viterbo.edu

JOIN CAMPUS
MINISTRY IN
WATCHING:

THE CHOSEN VIDEO SERIES

COMMUNITY NIGHT

ALL ARE WELCOME!



Friday Evenings

November 4, 11, 18

December 2, 9

5:30-9PM

THEA BOWMAN CENTER

JOIN US FOR:

PRAYER 5:30PM
DINNER 6:00PM
VIDEO 7:00PM
FELLOWSHIP



Evening of Contemplation

WEDNESDAY NIGHTS AT SAN DAMIANO CHAPEL

- Eucharistic Adoration at 5 p.m.
- Celebration of the Holy Mass 6 p.m.
- Sacrament of Reconciliation available 5-6 p.m.



San Damiano Chapel Mass Ministry Sign up

You are an essential part of our San Damiano Chapel - Viterbo University community.

Our community members' willingness to serve in various roles is the key to our community's ability to thrive. If you are interested and willing to serve as a member of our Chapel Ministries Team, please follow the QR Code and link below to fill out a short sign up form. We will reach out to you to provide you with training and to answer any questions or concern you may have. Thank you for considering becoming an active member on our ministry team!

Opportunities Available:

- Chapel Hospitality Team
- Lector (Reading for Mass)
- Cantoring
- St. Francis Choir
- Eucharistic Minister of Holy Communion
- Sacristan
- Bible study/group leader

If you have any questions, please contact Emilio at ebalvarez@viterbo.edu or Polly at PNPappadopoulos@viterbo.edu. Scan the QR code if your phone or type the following link on your browser (https://viterbo.qualtrics.com/jfe/form/SV_eRQilzI50MvXelw)



Thank you to all who contributed through their prayers, generous contributions (food, supplies, funds, and time), and serving our neighbors at Houska Park. Our Sept. and Oct. meal dates were a huge success. Keep an eye out for more ways to get involved in the future!





Viterbo Universtiy

VETERANS DAY

celebration



11 am, Friday November 11

San Damiano Chapel

12pm, Reception Brophy Foyer