



## Course Information

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**The Counseling Profession and Ethics – COUN 510-01**

**Number of Credits: 3**

### Dates & Times

Weekend 1: 3/4/2022 Friday 05:00PM - 10:00PM;

3/5/2022 Saturday 08:00AM - 05:00PM

Weekend 2: 3/18/2022 Friday 05:00PM - 10:00PM;

3/19/2022 Saturday 08:00AM - 05:00PM

Weekend 3: 4/01/2022 Friday 05:00PM - 10:00PM;

4/02/2022 Saturday 08:00AM - 05:00PM

## Instructor Information

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Name:

Room:

Email:

Phone:

Office Hours: By appointment, please contact me via email or text to schedule an appointment.

## Course Description

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This introductory course equips the entry-level counselor with an introduction to the profession of counseling and its history. It will explore the professional roles, organizations, training, and credentialing standards of the profession as well as the ethical, legal and professional issues facing counselors today and in the future. This course will also stimulate students' self-awareness of personal values, and multicultural issues concerning ethical decision-making.

## Methods of Instruction

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This course will contain lectures, large and small group discussions, presentation, individual evaluation reviews, and experiential activities.

## Required and Recommended Course Materials

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Watson, J. C., & Schmit, M. K. (2019). *Introduction to Clinical Mental Health Counseling: Contemporary Issues*. Los Angeles, CA: Sage Publication, Inc.

American Counseling Association. (2014). *American Counseling Association code of ethics*. Retrieved from <http://www.counseling.org/resources/aca-code-of-ethics.pdf>

## Program Mission

The mission of the Viterbo University Master of Science in Mental Health Counseling graduate program is to prepare professional counselors to provide treatment for individuals experiencing a continuum of mental health issues. The program educates counselors, who will integrate the values of contemplation, integrity, hospitality, stewardship, and service into their personal and professional lives.

## Course Student Learning Outcomes

The curriculum is designed to enhance a student’s professional identity and clinical mental health counseling skills as the Student Learning Outcomes are aligned with those standards and explicated through specific assignments.

As a result of successfully completing this course, the student will:

1. Students will construct a philosophy of counseling based on the history and future trends of the profession,
2. Understand the professional roles and responsibilities of a clinical mental health counselor including interagency cooperation
3. Recognize and apply the ACA Code of Ethics and will generate appropriate ethical responses within the framework of American Counseling Association Ethical Guidelines.
4. Students will prioritize and respond to all aspects of social and cultural diversity, optimizing human development with clients.
5. Gain an understanding of counseling professional organizations, licensing requirements and professional development needs of a clinical mental health counselor.
6. Reflect upon self-care strategies appropriate to the role of a clinical mental health counselor.

### COUN 510 Standards/Assignment Alignment Chart

The curriculum is also designed to enhance a student’s professional identity and counseling knowledge and skills. The Student Learning Outcomes for this course are aligned with CACREP standards and the WI Substance Abuse Counseling specialty (MPSW 1.09) as explicated through specific assignments as noted below.

Student Learning Outcomes	Standards	Assignments
1. Students will construct a philosophy of counseling based on the history and future trends of the profession,	<b>2.F.1.a.</b> history and philosophy of the counseling profession and its specialty areas  <b>5.C.1.a.</b> history and development of clinical mental health counseling	<b>Class discussion &amp; Readings</b>  <b>Class discussion &amp; Readings</b>
2. Understand the professional roles and responsibilities of a clinical mental health counselor including interagency cooperation and advocacy	<b>2.F.1.b.</b> the multiple professional roles and functions of counselors across specialty areas, and their relationships with human service and integrated behavioral health care systems, including interagency and interorganizational collaboration and consultation	<b>Class discussion, reflections, Mental Health Profile Project</b>

	<p><b>2.F.1.c.</b> counselors' roles and responsibilities as members of interdisciplinary community outreach and emergency management response teams</p> <p><b>2.F.1.d.</b> the role and process of the professional counselor advocating on behalf of the profession</p> <p><b>5.C.2.a.</b> roles and settings of clinical mental health counselors</p>	<p><b>Reading questions, Chapter Presentation</b></p> <p><b>Reflection</b></p> <p><b>Class discussion, reflections, Mental Health Profile Project</b></p>
3. Recognize and apply the ACA Code of Ethics and will generate appropriate ethical responses within the framework of American Counseling Association Ethical Guidelines.	<p><b>2.F.1.i.</b> ethical standards of professional counseling organizations and credentialing bodies, and applications of ethical and legal considerations in professional counseling</p> <p><b>5.C.2.i.</b> legislation and government policy relevant to clinical mental health counseling</p>	<p><b>Class Discussion -Ethical Dilemma Paper</b></p> <p><b>Class Discussion</b></p>
4. Students will prioritize and respond to all aspects of social and cultural diversity, optimizing human development with clients	<p><b>2.F.1.e.</b> the role and process of the professional counselor advocating on behalf of the profession</p> <p><b>2.F.2.a.</b> multicultural and pluralistic characteristics within and among diverse groups nationally and internationally</p>	<p><b>- Mental Health Profile Project -Reading Questions</b></p> <p><b>- Mental Health Profile Project -Reading Questions</b></p>
5. Gain an understanding of counseling professional organizations, licensing requirements and professional development needs of a clinical mental health counselor.	<p><b>2.F.1.f.</b> professional counseling organizations, including membership benefits, activities, services to members, and current issues</p> <p><b>2.F.1.g.</b> professional counseling credentialing, including certification, licensure, and accreditation practices and standards, and the effects of public policy on these issues</p> <p><b>2.F.1.h.</b> current labor market information relevant to opportunities for practice within the counseling profession</p>	<p><b>-Class Discussion -Reflection</b></p> <p><b>-Class Discussion -Reflection</b></p> <p><b>Mental Health Profile Project -Chapter Pres.</b></p>
6. Reflect upon self-care strategies appropriate to the role of a clinical mental health counselor	<p><b>2.F.1.k.</b> strategies for personal and professional self-evaluation and implications for practice</p> <p><b>2.F.1.l</b></p>	<p><b>Class Discussion</b></p>

	self-care strategies appropriate to the counselor role	<b>Class Discussion</b>
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COUN 510: Substance Abuse Disorders Counseling  
**EDUCATIONAL REQUIREMENT FOR STATE OF WI**

<b>SAC Education</b>	<b>510</b>
1. <i>Assessment</i>	
2. <i>Counseling</i>	
3. <i>Case Management</i>	
4. <i>Education</i>	
5. <i>Professional Responsibility</i>	10
6. <i>Electives within the performance domains listed above</i>	
<b>Total</b>	<b>10</b>

## Evaluation Method

Students will be evaluated on the quality and professionalism expected of counseling professionals. Prompt attendance, reflective preparation, peer collaboration, and synthetic thinking are aspects of professional leadership and expected of students throughout the course. Individual grades will be influenced by the level of respect, personal responsibility, risk-taking, and tolerance for the ambiguity associated with the counseling process as demonstrated by students. Furthermore:

- Students will be assessed based on knowledge obtained through the text and class discussions.
- Students will be assessed on skill development by demonstrating competence in the knowledge and attitudes, foundational for mental health counseling. Skill competency assessment will be based on, written reports, assignments, class discussions, and other course activities.

### Grading Criteria:

Type of Evaluation	Reflections	Mental Health Agency/Counselor Profile	Chapter Presentations	Reading Questions	Ethical Dilemma Paper
Points	45	30	35	90	50

### COURSE TOTAL: 250 Points

A = 95–100%	AB = 89–94%
B = 84–88%	BC = 79–83%
C = 74–78%	CD = 69–73%
D = 64–68%	F = <64%

**Instructor Late Work Policy:** Work turned in late may be penalized up to 50%.

## Policies & Resources

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### **Attendance Policy:**

Viterbo University challenges students to be learners who assume responsibility for being part of a community of scholars. Student presence and participation in the classroom is an important component of this challenge. Each student is encouraged to develop a professional work ethic that reflects responsibility, initiative, and teamwork. In light of the above, students are expected to attend all classes. Students who are absent from class miss opportunities to contribute to the learning environment of the classroom and to learn from their colleagues. Each program has specific attendance policies. The MSMHC program views class attendance as an individual student responsibility. Students are expected to attend class and to complete all assignments. Graduate students are expected to attend all classes required by the MSMHC program. Absences beyond one three hour class per course will lower your grade a half letter for each absence.

### **Academic Integrity Policy**

Maintaining a standard of academic honesty is a responsibility shared by the students, faculty and administration at Viterbo University. The faculty has the responsibility to create an atmosphere in which students may display their knowledge. This atmosphere includes sufficient safeguards to control dishonesty including an orderly testing room, restrictions on text messages, etc. Students have the responsibility to understand academic misconduct and to refrain from it.

**Credit Hour Course Expectations:** Regardless of format, all courses are required to meet the required credit hour standards by a combination of seat time and outside work. Outside work could include additional outside reading, group work, service projects, field work, clinical rotations, among other learning activities. Viterbo defines one credit hour as 750 minutes over 15 weeks. In addition, each credit of a course requires that students spend two hours of work outside of class per week. Minimum class and outside work time are calculated according to this formula:

$$(750 + 1800) * \text{the \# of credits of a course} = \text{the minimum number of minutes of seat time and outside work required.}$$

For example, a three-credit course requires a minimum of 7,650 total minutes.

### **Course Support Services:**

Learning assistance is available from the Academic Resource Center. Content tutoring is available for all students by signing up in the Center. Writing specialists are also available to assist students in any course. Students may schedule writing appointments by going to the ARC web page and clicking on the book now icon.

### **Disability Statement:**

The Academic Resource Center provides services to students who have indicated that they have a disability. Students who have a diagnosed disability and require legitimate accommodations must complete an Application for Accommodations Based on Disability-Related Need and should contact the Academic Resource Center at 796-3190.

### **Syllabus Statement on Sex Discrimination, Sexual Harassment, and Sexual Misconduct:**

Viterbo University seeks to ensure that campus community members learn and work in a hospitable and inclusive environment. To this end, Viterbo policy and Title IX prohibit sex discrimination, sexual

harassment, and sexual misconduct including, but not limited to sexual assault, sexual exploitation, dating violence, domestic violence, and stalking.

As a faculty member, I am required to report incidents of sexual misconduct and thus cannot guarantee confidentiality. I must provide our Title IX Coordinator with relevant details such as the names of those involved in the incident. Viterbo is legally obligated to respond to reports of sexual misconduct, and therefore we cannot guarantee the confidentiality of a report, unless made to a confidential resource. Although I have to report the situation, you will still have options about how your case will be handled, including whether or not you wish to pursue a formal complaint. Viterbo's goal is to make sure you are aware of the range of options available to you and that you have access to the resources you need.

Viterbo encourages anyone who has experienced sexual misconduct or relationship violence to get support and assistance from one of the confidential or non-confidential resources listed at this link: <http://www.viterbo.edu/sexual-misconduct/make-report-or-file-complaint>

For the complete Viterbo University Sex Discrimination, Sexual Harassment, and Sexual Misconduct Policy with resources, procedures, and flowchart, please visit this web site:

<http://www.viterbo.edu/sexual-misconduct/sexual-misconduct-policy-and-sanctions>

#### **Where to Get Help: Additional Policies and Resources for Students**

- Viterbo Speaks Up: Report crimes, worrisome behaviors, harassment, sexual violence or assault, hate/bias discrimination, or violations of the Viterbo University Code of Student Conduct
- Chosen First Name Policy
- Concerns or Complaints Regarding Instruction
- Moodle & Technology Guides
- Sex Discrimination, Sexual Harassment, and Sexual Misconduct Policy
- Student Disability Policies and Procedures
- Student Resources
- Technology Requirements and Technical Support

*Please review additional items noted in the Policies and Resources block in the Moodle course site.*

#### **Counseling Services:**

It is common for college students to struggle with stress or other emotional challenges, and you may feel a need or desire to seek professional help. If you would like to talk to someone, you are encouraged to contact Viterbo University's Counseling Services: <https://www.viterbo.edu/counseling-services>; 608-796-3825. For assistance after normal business hours, you can call the Great Rivers 24-hour helpline: dial 211 from a campus phone or 800-362-8255. For emergencies, dial 911 or campus security (3911 from campus phone or 608-796-3911).