APPLICATION TO COORDINATED PROGRAM

Nutrition & Dietetics Department, Viterbo University

A. I am applying to begin the coordinated program for the fall semester of the ***next*** academic year, which begins August 29, 2022. I understand that I must satisfy the program admission requirements stated in the college catalog, which includes completion of all nutrition courses with a minimum grade of a “B”, and a Viterbo University cumulative grade point average through the second semester of the third year of 3.0 on a four point scale. My current cumulative grade point average (***available on VitNet Degree Audit*** ) is . The grades I earned in the following classes are:

Normal Nutrition (Nutr 340)

Advanced Nutrition (Nutr 341)

Principles of Quantity Food Production (NUTR 351)

Foodservice Management (NUTR 352)

Developmental Nutrition (NUTR 370)

Nutrition in Health Promotion (NUTR 372)

Lifespan Nutrition II (NUTR 374) \_\_\_\_\_\_\_\_\_\_\_

Nutrition Field Practicum (NUTR481) \_\_\_\_\_\_\_\_\_\_\_\_

**Attach a copy of your degree audit (which includes spring 2022 final grades) to this application**

1. Occasionally, exceptions are made for students who are unable to complete courses prior to entering the coordinated program. Please list any such courses you would need to take your fourth and fifth years and the semester (include summers) you plan to complete these requirements.

First/Second/Third Years Semester I plan to take these

Courses Needed (include semester and year)

1. The faculty of the Nutrition & Dietetics Department is interested in helping you meet any individual goals you have. Enclose a 1-2 page **letter** with this form that discusses your professional goals at this time. As part of this letter you may discuss areas of dietetics that interest you (sports nutrition, working with the elderly, etc.). You may also list any areas in which you feel you could either benefit from additional help or areas in which you would like enrichment. (Examples: writing for the public, speaking before a large group, individual counseling, research, applying math principles, etc.)
2. Include your plans or goals during the professional phase of the program. What have been your biggest personal or academic challenges or obstacles? What are your strengths? How will both your strengths and challenges affect your plans during the professional phase?
3. Are you interested in any one area of dietetics? What has sparked your interest and what experiences in this area would you like to continue?
4. **The application packet needs to be emailed to program administrative assistant (TBD) at [bmhundt@viterbo.edu](mailto:bmhundt@viterbo.edu) and Coordinated Program Director, Jamie Weber** [**jaweber@viterbo.edu**](mailto:jaweber@viterbo.edu) **by 4:00 pm on May 20, 2022**.

Written notification from the Coordinated Program Director of your acceptance or non-acceptance into the program will be emailed out no later than **May 28, 2022.**

Signature Date

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Printed Name

**RDN Interview**

**Viterbo University Nutrition & Dietetics Department**

**Directions to the student**: Gaining insight into the dietetics field is an important step in understanding the knowledge, skills, and attitudes that will make you a successful registered dietitian nutritionist (RDN). You will have an opportunity to explore many areas in dietetics throughout the next two years of supervised practice experiences. This interview with a registered dietitian help orientate you to the profession!

Find a dietitian in your **home community**, or ask one of the dietetics faculty members for a suggestion. At home, you can call dietitians at the local health department, clinic, hospital dietary department, or nursing home, or an RDN who is self-employed or works at a health club. Try to call an RDN who works in an area you might have an interest. **Make an appointment for a 30-minute interview by contacting this individual at least two weeks ahead of your desired date.** Be sure to explain that the purpose of the interview is to give you some insight into this individual’s career in preparation for your last two years in Viterbo’s Coordinated Program.

Arrive at the interview on time, dressed professionally (this means no jeans!). Even if the interview is taking place remotely, dress professionally. Ask the RDN the interview questions on the attached form, but don’t feel that you need to limit yourself to these. You may use the form to take notes about what you learn during the interview. Be sure to have the RDN sign the form, if able, indicating that he/she has discussed these questions with you. It is also advisable to send the RDN a thank you note following the interview. This is a professional courtesy that will be remembered. Networking and building relationships with other professionals is a great way to get started in your career.

**After the interview, write a summary reflection paper regarding this individual’s job duties, specialized area of knowledge, and their ideas for what makes one successful in the field, as well as, your reactions to that information.** The reflection paper should be a **minimum of one page, and no more than two pages**. The summary reflection paper is part of the application to the professional phase of the Coordinated Program. Staple your paper to the RDN Interview form, which has the dietitian’s and your signature. Make sure your name appears on the upper left of the summary reflection paper.

# RDN Interview form

1. Name of person interviewed: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Signature of person interviewed:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date of interview: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Job title: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Place of employment: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Length of time in this position: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. What is this RDN’s specialized field of knowledge? What is an example of a typical way in which he/she uses this knowledge on a daily basis?
2. What are some of the most important job duties this RDN performs on a daily basis? (you may also obtain a job description from the RDN.)
3. According to this RDN, what are the most important skills he/she uses on a daily basis? What is an example of how these skills are typically used?
4. According to this RDN, what are the greatest rewards of his/her job? What are the greatest challenges?

Faculty/Student discussion regarding this interview has been completed.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Student Printed Name

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Student Signature/Date

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Faculty Signature/Date