



VITERBO UNIVERSITY

SERVICE SATURDAYS: ANTI-RACISM PROJECT

Before beginning, find an empty notebook to capture ideas, data, and stories that resonate or challenge you. Use this journal to write your reflections and craft your ongoing individual/organizational anti-racist plans.

WEEK 1: INTRO	WEEK 2: WHITE PRIVILEGE	WEEK 3: MASS INCARCERATION	WEEK 4: RACE IN SYSTEMS	WEEK 5: DR. KING	WEEK 6: NEXT STEPS
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LISTEN

[POD SAVE AMERICA: Justice for George Floyd](#)

[Seeing White Podcast: Made in America](#)

[Decarcerated: Abolition is Not Just About How We Dismantle](#)

[1619 from the New York Times](#)

[CODE SWITCH: The Power of MLK Jr.'s Anger](#)

[POD SAVE THE PEOPLE: Keep the Fight](#)

LEARN

[Between the World and Me by Ta-Nehisi Coates](#)

["White Privilege: Unpacking the Invisible Knapsack" by Peggy McIntosh](#)

[13th \(documentary on Netflix and YouTube\)](#)

[Race, Power and Policy: Dismantling Structural Racism](#)

[Letter from a Birmingham Jail by Martin Luther King, Jr.](#)

[Just Mercy, film based on true story of Civil Rights Attorney in 1987](#)

ACT

[Sign a petition to support justice from victims of police brutality.](#)

[Start a conversation with a family member or friend about white privilege.](#)

[Contact your local, state, and national politicians to advocate for change.](#)

[Donate to an organization or individual to directly support victims of violence](#)

[Support Black Owned Businesses in Your Community](#)

[Develop an anti-racist plan to continue your learning, action, and reflection.](#)

JOURNAL

What implicit biases am I carrying? What has influenced me?

Why is it challenging for white people to think or talk about privilege?

In what areas of my life have I noticed racism? Why or why not?

How does racism show up in the "color-blind" systems of America?

How do we create justice? What has changed since MLK's time?

What long-term role can I play in advocating for racial justice?

"If you are neutral in situations of injustice, you have chosen the side of the oppressor." – Desmond Tutu

[Click here](#) to submit a reflection to capture and share your experiences with this Anti-Racism Project. We'll randomly select 2 entries on the 19th of each month to win a gift card. For a collection of resources to continue learning, reflecting, and taking action; visit www.viterbo.edu/servicesaturdays.