



VITERBO
UNIVERSITY

SERVICE SATURDAYS: ANTI-RACISM PROJECT

Before beginning, find an empty notebook to capture ideas, data, and stories that resonate or challenge you. Use this journal to write your reflections and craft your ongoing individual/organizational anti-racist plans.

WEEK 1: INTRO

WEEK 2: WHITE PRIVILEGE

WEEK 3: MASS INCARCERATION

WEEK 4: RACE IN SYSTEMS

WEEK 5: DR. KING

WEEK 6: NEXT STEPS

LISTEN

[POD SAVE AMERICA:
Justice for George
Floyd](#)

[Seeing White Podcast:
Made in America](#)

[Decarcerated:
Abolition is Not Just
About How We
Dismantle](#)

[1619 from the New
York Times](#)

[CODE SWITCH: The
Power of MLK Jr.'s
Anger](#)

[POD SAVE THE
PEOPLE: Keep the
Fight](#)

LEARN

[Between the World
and Me by Ta-Nehisi
Coates](#)

["White Privilege:
Unpacking the
Invisible Knapsack" by
Peggy McIntosh](#)

[13th \(documentary on
Netflix and YouTube\)](#)

[Race, Power and
Policy: Dismantling
Structural Racism](#)

[Letter from a
Birmingham Jail by
Martin Luther King, Jr.](#)

[Just Mercy, film based
on true story of Civil
Rights Attorney in
1987](#)

ACT

[Sign a petition to
support justice from
victims of police
brutality.](#)

[Start a conversation
with a family member
or friend about white
privilege.](#)

[Contact your local,
state, and national
politicians to
advocate for change.](#)

[Donate to an
organization or
individual to directly
support victims of
violence](#)

[Support Black Owned
Businesses in Your
Community](#)

[Develop an anti-racist
plan to continue your
learning, action, and
reflection.](#)

JOURNAL

What implicit biases
am I carrying? What
has influenced me?

Why is it challenging
for white people to
think or talk about
privilege?

In what areas of my
life have I noticed
racism? Why or why
not?

How does racism
show up in the "color-
blind" systems of
America?

How do we create
justice? What has
changed since MLK's
time?

What long-term role
can I play in
advocating for racial
justice?

"If you are neutral in situations of injustice, you have chosen the side of the oppressor." – Desmond Tutu

[Click here](#) to submit a reflection to capture and share your experiences with this Anti-Racism Project. We'll randomly select 2 entries on the 19th of each month to win a gift card. For a collection of resources to continue learning, reflecting, and taking action; visit www.viterbo.edu/servicesaturdays.